

March 30-April 12

"HE SHALL RISE... WITH HEALING IN HIS WINGS"

This week's lesson covers 2 weeks. Since the second week is General Conference, and then Easter is on April 12th, we're planning on doing this lesson for the first week, and then General Conference as well as our "[Easter Countdown Banner](#)" for the second week (the week before Easter). Also, since we most likely won't have actual church on Sunday for these weeks again, we're going to use more stuff directly from the primary manual than we usually do.

1. Book of Mormon Prophets Knew that Jesus Christ Would Come- Display pictures of the Savior being baptized, healing others, being crucified, and as a resurrected being (use this [activity page](#) from the Primary manual). Ask the children to tell you what is happening in each picture on the right side. Explain that many years before Jesus came to earth, God told prophets in the Book of Mormon that He would do these things. Read 1 Nephi 11:27; Mosiah 3:5; Mosiah 15:7; and Helaman 14:16-17, and help them match these scriptures with the corresponding pictures.
 - As they work on this week's activity page, talk about the prophets pictured and what they taught about Jesus Christ. Share some of the wonderful things Jesus has done for us. We might show/discuss the linked videos in the "Jesus Christ was Resurrected" step below while they color this sheet.
2. Jesus Christ was Resurrected – Review what we know about the death and Resurrection of Jesus.
 - Could show the following videos to go along with this:
 - [Jesus is Crucified](#)
 - [Jesus is Risen](#)
 - Ask if the people in Jerusalem were the only people Jesus visited after His resurrection. Teach that in addition to the people who saw the resurrected Savior in Jerusalem, thousands saw Him when He appeared in the Americas.
 - Map Picture: Show and discuss "Christ Comes to America" picture from the church's website (below or at [this link](#)). Read/summarize/discuss 3 Nephi 11:1-17 while looking at the picture.
 - Could also read "[Jesus Visits the Nephites](#)" from *The Friend* or show the following videos to go along with this:
 - "My Joy is Full" video of Christ's visit to people in Ancient America
<https://www.churchofjesuschrist.org/medialibrary/video/2010-06-08-my-joy-is-full?lang=eng>
 - [Jesus Christ Appears to the Nephites](#)
 - [Jesus Christ Blesses the Children](#) Imagine what it would have been like to feel His wounds or be one of the children He blessed.
3. Witnesses of Christ – Go to this [Special Witnesses of Christ](#) page and watch some of the modern testimonies of Christ. The family manual says, "It includes videos of each member of the First Presidency and Quorum of the Twelve Apostles bearing testimony of Jesus Christ. Your family could watch one or more of these videos and discuss what they teach us about what the Savior has done for us."
4. First Vision – Joseph Smith also saw Jesus and Heavenly Father many years after His resurrection. Spend some time reviewing the First Vision.
 - Show picture of First Vision (below) and ask what they remember. Discuss in as much depth as needed.
 - Watch this adorable video about it: <https://www.youtube.com/watch?v=LrMWSHN706Y>
5. Ourselves – We've talked about many other people who have seen Jesus and felt His power in their lives. What can we do to feel His power in our own lives, even if we don't see Him right now? Share testimonies of Jesus and talk about specific times and ways we've felt His power in our lives.
6. Jesus Has Risen Activity (Jesus Christ Cleanses and Perfects Us) Remind them that the Atonement of Jesus Christ cleanses us and perfects us, and because Christ rose from the dead, He is still alive and can still help us in our

lives. Print up the “Jesus Has Risen” page below (from twistynoodle.com). Depending on the age of your kids, you can use this sheet in different ways. My kids are too young to write, so we’re just going to take turns saying out loud either a reason why Christ is important to us now, a way He can cleanse or perfect us, or something basic, such as, “Jesus loves me!” As each person says something, they can color in one section of the bands coming out from Jesus. If you have older kids, you could have them write specific things on each of the bands (their testimonies of Christ, ways they’ve felt his cleansing and perfecting power in their lives, specific things they’re going to do to stay close to Christ, etc.), and then display it somewhere in the home to remind them.

7. The Easter Story Egg Hunt (activity from *The Friend*) – These are the directions from *The Friend*: “Use this activity to tell the story of when Jesus Christ was resurrected. Number 12 plastic eggs and put each slip of paper inside, along with the object that goes with it (optional). Then hide the eggs for a family Easter egg hunt! When all the eggs have been found, take turns opening them in order and read the paper inside to tell the Easter story.” We’ll probably just put the slips of paper and a treat in each egg. Full instructions and paper slips for eggs found [here](#). *If you don’t have a copy of The Friend/don’t want to print that much color, there is a super simple black-and-white version of just the text below on page 6 of this lesson plan.* 😊

Additional Ideas:

Super fun Easter Roll story and recipe from *The Friend*: <https://www.churchofjesuschrist.org/study/friend/2017/04/a-special-easter-treat?lang=eng>

Watch some of the Easter videos linked in this week’s “[Family Study Fun](#)” section of *The Ensign*

The First Easter Cutouts from *The Friend* that could be used to retell the story:

https://www.churchofjesuschrist.org/bc/content/shared/content/images/magazines/friend/2020/04/16795_000_38-39.pdf

Support Articles and Activities from *The Ensign*: <https://www.churchofjesuschrist.org/study/ensign/2020/04/come-follow-me-book-of-mormon-support-articles-and-activities/easter?lang=eng>

More Great Ideas: www.theredcrystal.org

Christ Comes to America



4 Jesus Christ appears to the people in America.

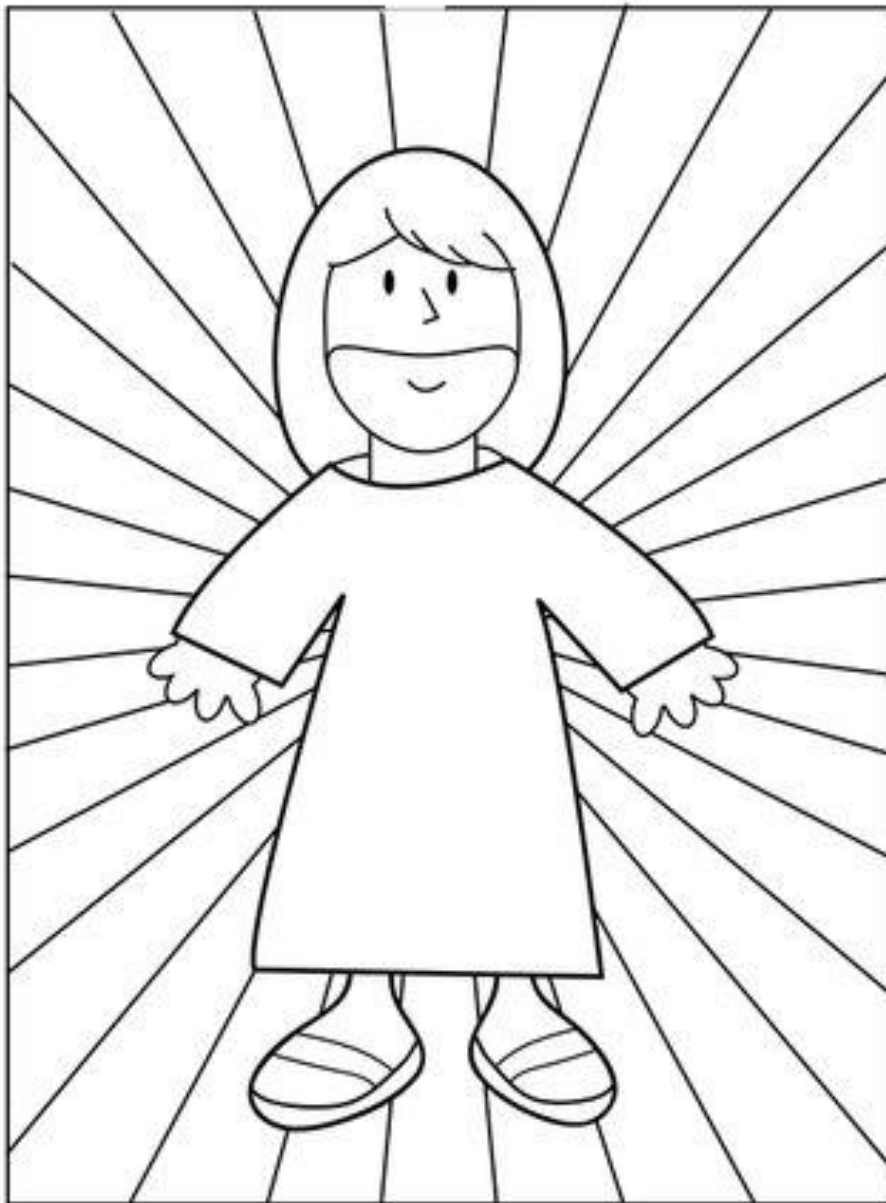


- 1 Jesus Christ is born.
- 2 Jesus Christ is killed.
- 3 Jesus Christ is resurrected.



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Jesus Has Risen!



Black and White Simple Version of Paper Slips for Egg Activity from *The Friend*:

1. In the Garden of Gethsemane, Jesus felt all our pains and sorrows. He prayed, "O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt" (Matthew 26:39).
2. Judas, one of the Apostles, betrayed Jesus. He asked the people who wanted to hurt Jesus, "What will ye give me, and I will deliver him unto you?" They gave him 30 pieces of silver, and Judas helped capture Jesus. (See Matthew 26:14-16.)
3. The chief priests took Jesus and tied Him up. "And when they had bound him, they led him away, and delivered him to Pontius Pilate the governor." (See Matthew 27:1-2.)
4. Pilate knew that Jesus hadn't done anything wrong. But the people didn't want to let Him go. Pilate chose not to save Jesus. He washed his hands and said, "I am innocent of the blood of this just person: see ye to it" (Matthew 27:24).
5. The people put a red robe around Jesus and a crown of thorns on His head. They made fun of Him and said, "Hail, King of the Jews!" (See Matthew 27:28-30.)
6. "And after that they had mocked him, they took the robe off from him, and put his own raiment on him, and led him away to crucify him" (Matthew 27:31). They put nails in His hands and in His feet.
7. "And they crucified him, and parted his garments, casting lots" (Matthew 27:35). The people "cast lots" (like rolling dice) to decide who could keep Jesus's clothes.
8. When Jesus died, the earth shook. The guards were afraid and said, "Truly this was the Son of God" (Matthew 27:54).
9. A good man named Joseph took Jesus's body. "He wrapped it in a clean linen cloth, and laid it in his own new tomb, which he had hewn out in the rock." (See Matthew 27:57-60.)
10. "And he rolled a great stone to the door of the sepulchre, and departed" (Matthew 27:60). Pilate told the guards to watch the tomb to make sure no one moved the stone.
11. Three days later, women brought spices to take care of Jesus's body. They saw that the stone had been moved from the tomb. An angel told them, "Fear not ye: for I know that ye seek Jesus, which was crucified" (Matthew 28:5).
12. The tomb was empty! The angel said, "He is not here: for he is risen" (Matthew 28:6). Jesus Christ was alive again! Because of Him, we will all be resurrected too!