

May 25-31 Mosiah 29-Alma 4

"THEY WERE STEADFAST AND IMMOVABLE"

- People of Nehor vs. People of God Sorting Activity – Hold up the picture of Nehor (on page 3 below). Explain that Nehor was a large, strong man who taught lies and was not nice to church members. Even though Nehor and the people who followed him weren't very nice, the people of God did their best to be good, kind people anyway. Cut out the squares on the page below and put them in a pile. Everyone take turns choosing one, reading and discussing it, and placing it by the picture of the people of Nehor or the people of God depending on which group it describes. Discuss each one as it's read and sorted.
 - *There is also another version with the letters "N" for Nehor and "G" for God written on the squares (on page 4 below). This is what I'm going to do with my young kids because they're obsessed with letters lately, and since they're so young, I think this will help keep their attention and help the activity go more smoothly. I'll just tell them to look for the letter in the top corner, put it next to the group it belongs to, and then we'll read and discuss it. Pictures for this designed by Crystal from www.theredcrystal.org. She makes some pretty great things. 😊*
 - Which group of people do we want to try to be like? Talk about ways we can be more like the people of God.
- As a Member of the Church, I Should Love and Serve Others – One important thing that these people of God did was to help others. Read Alma 1:30 and tell them to listen to what types of people members of the church helped. Explain that they helped anyone who needed help.
 - Service Wheel – This [service wheel](#) from *The Friend* could be a super fun tool to focus on service. Look at it together and talk about ways we can serve each of those people. *The Friend* suggests dropping a coin on the wheel each day, and then doing something to serve the person the coin lands on. It could be something simple like smiling and saying hello. If you don't want to print it, you could just look at it together, take turns sharing ideas of how to serve them, and decide on someone to serve each day.
- Kindness Begins with Me Song/Stuffed Animals – Sing "Kindness Begins with Me." [This video](#) on YouTube looks like a cute way to do this with young kids. It has them use stuffed animals as they sing.
 - After singing, keep the stuffed animals and sit in a circle. Take turns making up scenarios for the stuffed animals and have family members share/role-play how they would respond with kindness and love (Teddy fell and got hurt, Puppy said something mean to you, Teddy is sad, Puppy can't find his favorite toy, Teddy wakes up in the middle of the night and is scared, etc.).
- Kindness Story – Read "[The Right Reply](#)" or another story about kindness. [This link](#) has LOTS of stories about kindness from *The Friend*. Talk about specific ways we can serve and be kind to others.
- Apostle Testimony Montage Video – Show a picture of Jesus and explain that if we believe in (have testimonies of) Jesus, it should help us want to serve and love others like Jesus did and does. Watch this [Apostle Testimony Montage](#) video from the church's website.
 - Remind them that Heavenly Father and Jesus are the perfect examples of kindness, love, and service. Discuss how they can help us when we pray to them. Alma 2:23 says that when Alma and the Nephites felt "much fear," they prayed for help and were able to get it.
 - Talk about specific times we can pray for help and examples of when we've been helped in the past.
- Testimony – Alma knew that one way to help people was to share his testimony (Alma 4:19) The manual suggests, "Use this week's activity page to teach the children what a testimony is and what it includes. Encourage them to share their testimonies." If you don't want to print this page, you can just look at the pictures (on page 5 below) and discuss which ones could be part of a testimony. If you do print it, it could be fun to cut the squares apart, take turns choosing one out of a pile, and deciding together if that could be part of a testimony. Then take turns sharing testimonies of these things.

- [This link](#) also has a printable testimony glove and super cute testimony practice page you could use for this. We used them last year and the kids loved doing it.
7. Kool-Aid Slushies – The manual says, “*Pour some clean water into a clear glass, and explain that the water is like our testimonies because we can share it with others. Pour the glass of water into a small cup for each child, and tell the children that when we share our testimonies, we help others have stronger testimonies too.*” We’re going to do this, except with a treat instead of water. 😊
- Use [this recipe](#) to make icees in a blender and then share (blend 2 Cups Cold Water, 1 Cup Sugar, 1 Package of Red or Blue Kool-Aid, and 4 cups of ice in a blender and serve immediately).

Additional Ideas:

Kindness Begins with Me Cootie Catcher from *The Friend*:

<https://www.churchofjesuschrist.org/study/friend/2012/07/kindness-catcher?lang=eng>

More Great Ideas: www.theredcrystal.org

Book of Mormon Videos: <https://www.churchofjesuschrist.org/study/come-follow-me/individuals-and-families/book-of-mormon-videos?lang=eng>

People of Nehor vs. People of God Sorting Activity – Hold up the picture of Nehor. Explain that Nehor was a large, strong man who taught lies and was not nice to church members. Even though Nehor and the people who followed him weren't very nice, the people of God did their best to be good, kind people anyway. Cut out the squares on the page below and put them in a pile. Everyone take turns choosing one, reading and discussing it, and placing it by the picture of the people of Nehor or the people of God depending on which group it describes. Discuss each one as it's read and sorted. Which group of people do we want to try to be like?

Come Follow Me- For Families “Another way to approach your study of Alma 1 is to compare Nehor and his followers (vers 3-9, 16-20) with “the people of God” (verse 25-30)...How can you be more like the people of God? Do you notice any “priestcraft” in your own service?”

<p>They taught: The teachers and Priest should say things we want to hear and be popular.</p> <p>vrs.3</p>	<p>They kept the commandments even though it was very hard.</p> <p>vrs.25</p>
<p>They taught: They should get money for teaching the word of God, and not have to work.</p> <p>vrs.3</p>	<p>The unbelievers were very mean and unkind, but they were patient and trusted in God.</p> <p>vrs.25</p>
<p>They taught: It doesn't matter if you repent and try to be good, because, everybody is going to be saved.</p> <p>vrs.4</p>	<p>The teacher was no better than those hearing the word of God, and they were not prideful.</p> <p>vrs.26</p>
<p>Wore expensive clothes, and acted very prideful. They were unkind to those who belonged to the church.</p> <p>vrs.6&16-19</p>	<p>They “labored” and worked very hard and gave to the poor, needy and sick. They were clean, but didn't wear expensive clothes.</p> <p>vrs.26-27</p>



Attach the “People of Nehor” and the “People of God” on to different bowls/cups. Read each strip of paper and add have the child/children drop them into the correct cup/bowl.

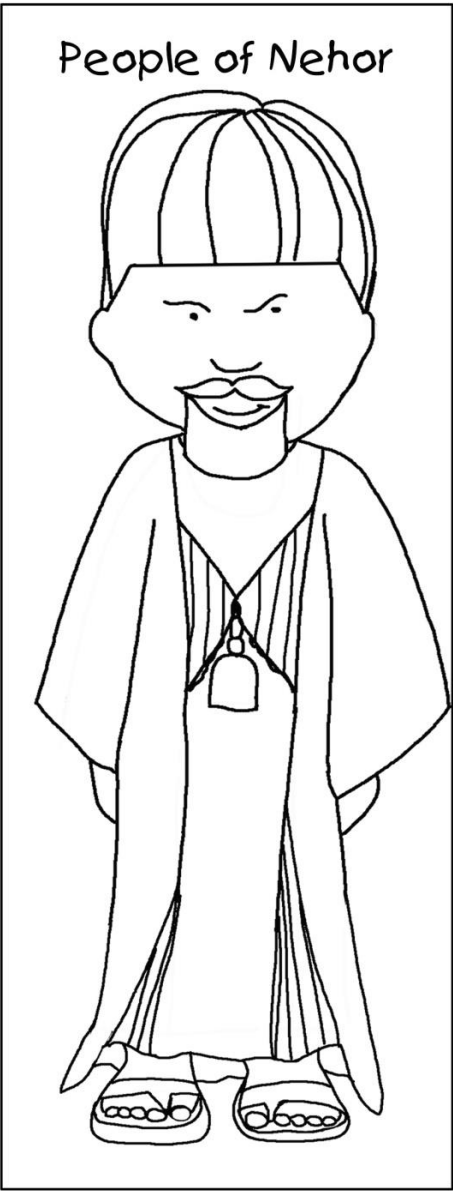


People of Nehor vs. People of God Sorting Activity (Letter “N” for Nehor and “G” for God Version)-

As each square is chosen from a pile, look in the top corner for an “N” or a “G.” If it’s an “N,” put it by the Nehor picture. If it’s a “G,” put it by the people of God picture. Read and discuss each one as they’re sorted. Which group of people do we want to try to be like?

Come Follow Me- For Families “Another way to approach your study of Alma 1 is to compare Nehor and his followers (vers 3-9, 16-20) with “the people of God” (verse 25-30)...How can you be more like the people of God? Do you notice any “priestcraft” in your own service?”

<p>N They taught: The teachers and Priest should say things we want to hear and be popular.</p> <p>vrs.3</p>	<p>G They kept the commandments even though it was very hard.</p> <p>vrs.25</p>
<p>N They taught: They should get money for teaching the word of God, and not have to work.</p> <p>vrs.3</p>	<p>G The unbelievers were very mean and unkind, but they were patient and trusted in God.</p> <p>vrs.25</p>
<p>N They taught: It doesn't matter if you repent and try to be good, because, everybody is going to be saved.</p> <p>vrs.4</p>	<p>G The teacher was no better than those hearing the word of God, and they were not prideful.</p> <p>vrs.26</p>
<p>N Wore expensive clothes, and acted very prideful. They were unkind to those who belonged to the church.</p> <p>vrs.6&16-19</p>	<p>G They “labored” and worked very hard and gave to the poor, needy and sick. They were clean, but didn't wear expensive clothes.</p> <p>vrs.26-27</p>

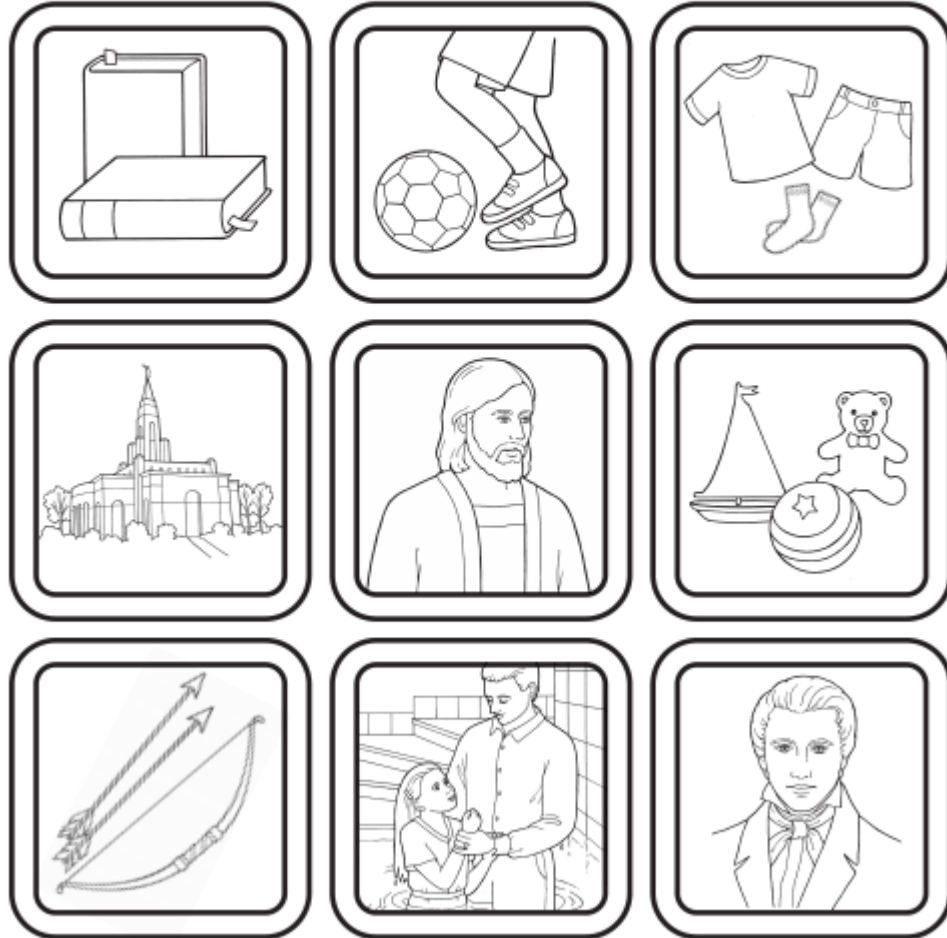


Attach the “People of Nehor” and the “People of God” on to different bowls/cups. Read each strip of paper and add have the child/children drop them into the correct cup/bowl.



I can bear testimony of the gospel of Jesus Christ (Alma 4:19).

Color the border around the pictures that are part of a testimony one color and the things that are not part of a testimony another color.



From the primary manual https://www.churchofjesuschrist.org/bc/content/shared/content/images/gospel-library/manual/PD60005075/PSD15157_000_wk21-2020.pdf