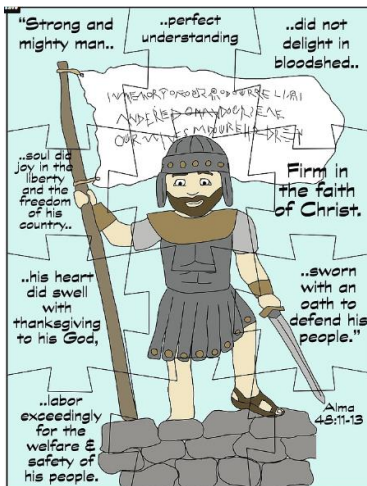


August 3-9 Alma 43-52

# "STAND FAST IN THE FAITH OF CHRIST"

[www.comefollowmekid.com](http://www.comefollowmekid.com)

1. Song – Ask what they think heaven will be like? Will we be happy when we're there? How will we feel? How will we treat others? Tell them that this song says there is a place on earth where we can feel the same way we'll feel when we're in heaven. Ask where they think it is. Sing "[Home Can be a Heaven on Earth](#)" and talk about what it means. What are some things we do in our home that help us feel the happy feelings we'll feel when we're in heaven?
2. Only the Home Can Compare with the Temple – Read the picture quote from Elder Gary E. Stevenson on page 3 below. Talk about how it feels when we visit the temple. If possible, it could be a good idea to drive around a temple or walk close to where one is and talk about how we feel when we're looking at the temple. How can we feel that sacred feeling more often while we're in our home? Discuss ways we can make our home more like a temple/heaven (not fighting with siblings, listening to each other, serving others, etc.). Remind them that our home is a very important place, especially with everything else going on in the world. When we think about Jesus often and remember Him in our home, it brings more peace and happiness to our home as well as life outside of the home.
3. Moroni – Explain that this week's scriptures talk about a guy name Moroni. Show the picture of him on page 4 below. He felt very strongly that it was important to protect families, faith, and freedom. [The 2013 Friend](#) magazine gives this description: "The Book of Mormon tells about a wicked man named Amalickiah. He wanted to destroy the Church and rule over the Nephites as their king. Captain Moroni was a strong and righteous leader of the Nephite armies. Captain Moroni wanted to remind the people how important it was to defend their families and their faith. He tore his coat and made it into a flag, or banner. On it he wrote these words: "In memory of our God, our religion, and freedom, and our peace, our wives, and our children." He called his banner "the title of liberty," and he fastened it on the end of a pole. Then he knelt and prayed that the people could stay free so they could still worship God and receive His blessings. (See Alma 46:3–18.)"
  - Read/Watch [Captain Moroni's Flag](#) video for young readers. There is also this [Captain Moroni and the Title of Liberty](#) video from the church's website.
4. Moroni's Attributes and Actions Puzzle – Read/discuss Alma 48:17. Moroni was a very mighty (strong) and good man! He was able to make sure the devil didn't have any power over him because he was a lot like Jesus. Do the Moroni puzzle found [here](#). Take turns putting puzzle pieces together while discussing what's written on each and how we can follow Moroni's example.



5. I Can Find Spiritual Protection in the Gospel – [This video](#) about fortifying our families (from Elder and Sister Stevenson) is great for parents/older kids. Read/discuss/summarize Alma 48:7-9; Alma 49:1-9; and Alma 50:1-6. Emphasize that these people knew they were going to be attacked, so they set up walls and other things to protect themselves, and they put on strong armor.
- Spiritual War: We might not have people coming at us with swords and weapons, but satan is attacking our spirits. Sometimes his attacks are big and obvious, and sometimes he tricks us by making us think what he's doing or telling us to do isn't that big of a deal. How can we keep our family's spirits strong and safe from any kind of attack from satan?
  - Fortification Activity – The manual suggests building a fort out of chairs and blankets. We're going to do this, but have everyone take turns using the pieces on page 5 below. If they choose a piece with something that will help protect them from satan, they can put up one fort piece of their choice (we'll use a combination of pillows, blankets, and chairs). You could also glue these onto a cardboard shield.
  - Scripture/Testify – Alma 44:4 says, "...Ye see that God will support, and keep, and preserve us, so long as we are faithful unto him, and unto our faith, and our religion; and never will the Lord suffer that we shall be destroyed except we should fall into transgression and deny our faith." Testify of ways God has helped us and will help and support us when we remain faithful.
6. Family Banner Project– (From The 2013 Friend) – "Use a piece of paper or fabric to make a banner that represents your family. Use markers or crayons to draw things that are important to your family. Add a quote or a saying that expresses how your family members feel about their faith in Jesus Christ and Heavenly Father or about the blessings of being a family." Since our kids are pretty young, ours will probably be a basic poster board that says "We believe in Christ" with whatever coloring they want to do. We might find some pictures of Christ from old magazines that we can put onto it as well, and maybe make some handprints on the poster as our signatures.
- If you're more crafty than I am and want to take this a step further, it could be fun to get a more permanent sign to do this with. I'm thinking you could use paint to write whatever quote you want to and then do each family's handprints next to it. Hobby Lobby has some blank wooden signs that could work for this like [these blank whitewashed wood frames](#). Some others that could work are [this one](#), [this one](#), [this one](#), or [this one](#). If you're EXTRA crafty, it could be fun to make [this hanging poster](#) (I know right now that this one's way above my abilities, but I also know that many people are lots more talented than I am at these sorts of things ).
7. Shield Cookies – Make these [shield cookies](#) (using fudge striped cookies, kisses, and white chocolate) while reviewing specific ways satan might try to attack us and specific things we can do to protect ourselves.

#### Additional Ideas:


More Great Ideas <https://www.theredcrystal.org/post/come-follow-me-2020-aug-3-9-free-lds-primary-lesson-helps-for-alma-43-52>

Support Articles and Activities from *The Ensign* <https://www.churchofjesuschrist.org/study/ensign/2020/08/come-follow-me-book-of-mormon-support-articles-and-activities/alma-43-52?lang=eng>

Captain Moroni Cutout Figures <https://www.churchofjesuschrist.org/study/friend/1992/08/captain-moroni?lang=eng>

Fun printable life-size armor <https://www.theredcrystal.org/post/come-follow-me-sept-30-oct-13-for-the-perfecting-of-the-saints>





Only the *home*  
can compare with the  
*temple* in sacredness.







# Fortification Activity

Set out a random pile of pillows, blankets, and a few chairs. Cut out the pieces below and put them all in a pile. Take turns choosing a piece and ask, "Is that something that would keep us safe from satan?" If the answer is yes, they can set up a fort piece of their choice.

Listen to the Holy Ghost.	Repent when you make a mistake.	Watch good things.	Treat people kindly.
Dress modestly.	Don't swear or use crude words.	Be honest.	Keep the Sabbath day holy.
Be honest.	Listen to good music.	Use the names of Heavenly Father and Jesus reverently.	Ignore what is being taught from the scriptures.
	Treat people rudely.	Lie about a mistake.	

Wording for positive cards from *The Friend*. You could also do this shield activity from the magazine:

[https://www.churchofjesuschrist.org/bc/content/shared/content/images/magazines/friend/2020/08/16799\\_000\\_02-03.pdf](https://www.churchofjesuschrist.org/bc/content/shared/content/images/magazines/friend/2020/08/16799_000_02-03.pdf)