

October 19-25 3 Nephi 27- 4 Nephi

"THERE COULD NOT BE A HAPPIER PEOPLE"

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1. Church Name Scramble/Matching Activity – When Christ was with the people in the Americas, they asked Him what they should name the church. Read 3 Nephi 27:7 and have them listen carefully to who Jesus said His Church should be named after. Cut apart the pieces on page 3 below and lay them upside-down. Take turns trying to find a match. After all of the matches have been found, unscramble the words to show the name of the church (The Church of Jesus Christ of Latter-Day Saints). Spend a little time talking about what each of the words mean.
2. Friend Story - Read/discuss "[The Correct Name of the Church](#)" Friend article with explanations from the prophet.
3. Song – Watch the first 5 minutes of [this](#) singing time for "I Belong to the Church of Jesus Christ." For extra practice with little kids, watch minutes 6-8 of [this](#) one to practice singing and dancing to the song.
4. Story/Video – If we follow the teachings of Jesus Christ, will they make us happier or sadder? Tell them we're going to watch a video (or read a story if your kids do better that way) about people who were very happy. Have them pay super close attention to what helped these people be happy. What kinds of things did they do? Read/watch "[Chapter 48: Peace in America](#)" and then talk about some of the things these people did that helped them be happy.
5. Paper strips – The people in 4 Nephi had almost 200 years of happiness! They were able to have such happy lives because they did their best to live the gospel. They kept the commandments, didn't fight, and loved each other. Cut out the strips on page 4 below (made by Crystal from [theredcrystal.org](#)). Put them in a bowl, bag, or just upside-down in a pile. Take turns pulling one out and discussing specific things these people did to help them be happy and the blessings they received. If you have older kids, you can also have them find which verses the descriptions come from. You could also use the super cute simplified "Road to Happiness" pieces from [theredcrystal](#) found [here](#).
6. Happy Party – Have a surprise "happy party" with whatever treat your family likes (we might do hot chocolate and cupcakes/sugar cookies and decorate them with frosting smiley faces). Make it as fancy or simple as you want to. Some ideas: get smiley face balloons (I found a pack of 12 at the Dollar Tree or Amazon has some packs like [this](#) one), a bright-colored tablecloth, bright paper plates, or whatever else you think would be fun for the kids. [This](#) smiley face party set from Amazon would also be fun to use. Talk about how following the teachings of Christ helps us be happier. Remind them of the things people in 4 Nephi did to help them be happy, and emphasize that they didn't have contentions because of the love that they had in their hearts. The manual says, "To reduce contention in your home, perhaps family members could set a goal to be more loving to each other this week. After the week is over, review your progress together and discuss how showing greater love has affected your family." While eating your happy treats, discuss specific things we can do to have a loving and happy week in our home.



7. Smiley Faces – Print up the smiley faces on page 5 below. There are lots of ways these could be used, so do what you think will be best for your family. Some ideas:
- Brainstorm ways your family could be more loving this week, write them on the back of the smiley faces, and string them onto yarn to make a banner.
 - For younger kids, have them color in a smiley face for each way they can think of for what we can do to make our home a happy and loving place this week.
 - Take turns saying something someone in the family does that makes you happy and give them a smiley face as you share.
 - Give each family member some smiley faces. Have them look for secret acts they can do throughout the week to help make the home a happy place and leave a smiley face behind whenever they do something (make someone’s bed, do their chores, make them a treat, etc.).
 - Write notes on the back of the smiley faces telling family members why they make you happy.
 - Use them to make a “Random Acts of Kindness Wall” as described [here](#).

Additional Ideas:

- Support Articles and Activities from *The Ensign*
<https://www.churchofjesuschrist.org/study/ensign/2020/10/come-follow-me-book-of-mormon-support-articles-and-activities/3-nephi-27-4-nephi?lang=eng>
- More Great Ideas <https://www.theredcrystal.org/post/come-follow-me-2020-oct-19-25-3-nephi-27-4-nephi-free-lds-primary-lesson-helps-and-printable-s>
- **Idea from the family manual** 3 Nephi 27:30–31:
To help family members understand the joy the Savior described in these verses, you could play a game in which family members hide and another family member tries to find them. This could lead to a conversation about why it’s important to find every family member so that “none of them are lost.” How can we help our family members stay strong in the gospel or return if they have left?

Church Name Scramble/Matching Activity

Cut apart each of the pieces below and lay them upside-down. Take turns trying to find a match. After all of the matches have been found, unscramble the words to show the name of the church (The Church of Jesus Christ of Latter-Day Saints). Spend a little time talking about what each of the words mean.

THE Church

THE Church

of JESUS CHRIST

of JESUS CHRIST

of Latter-Day Saints

of Latter-Day Saints

The name the Savior has given to His Church tells us exactly who we are and what we believe.

The word **THE** indicates the unique position of the restored Church among the religions of the world.

The words **CHURCH OF JESUS CHRIST** declare that it is His Church. In the Book of Mormon, Jesus taught: "And how be it my church save it be called in my name? For if a church be called in Moses' name then it be Moses' church; or if it be called in the name of a man then it be the church of a man; but if it be called in my name then it is my church, if it so be that they are built upon my gospel." (3 Nephi 27:8)

OF LATTER-DAY explains that it is the same church that Jesus Christ established during His mortal ministry but restored in these latter days.

SAINTS means that its members follow Him and strive to do His will, keep His commandments, and prepare once again to live with Him and our Heavenly Father in the future. SAINT simply refers to those who seek to make their lives holy by covenanting to follow Christ.

(M. Russell Ballard *The Importance of a Name*)

"And they had all things common among them; therefore there were not rich and poor, bond and free, but they were all made free, and partakers of the Heavenly gift."

4 Nephi _____
fill in the blank

"...the people were all converted unto the Lord, upon all the face of the land, both Nephites and Lamanites..."

4 Nephi _____
fill in the blank

"...and there were no contentions and disputations among them, and every man did deal justly one with another."

4 Nephi _____
fill in the blank

"And there were great and marvelous works wrought by the disciples of Jesus, insomuch that they did heal the sick, and raise the dead, and cause the lame to walk, and the blind to receive their sight, and the deaf to hear."

4 Nephi _____
fill in the blank

"...and all manner of miracles did they work among the children of men; and in nothing did they work miracles save it were in the name of Jesus."

4 Nephi _____
fill in the blank

"...there was no contention in the land, because of the love of God which did dwell in the hearts of the people."

4 Nephi _____
fill in the blank

"And there were no envyings, nor strifes, nor tumults, nor whoredoms, nor lyings, nor murders, nor any manner of lasciviousness..."

4 Nephi _____
fill in the blank

"...surely there could not be a happier people among all the people who had been created by the hand of God."

4 Nephi _____
fill in the blank

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Come Follow Me- For Primary page 163

"Prepare strips of paper with phrases from 4 Nephi 1:2-3,5 and 15-17 that describe the blessings the people received. Put the papers in a container, and let each child pick one and read it. Encourage the children to find their phrase in these verses from 4 Nephi. What do we learn from these phrases?"

