

October 26-November 1 Mormon 1-6

"I WOULD THAT I COULD PERSUADE ALL...TO REPENT"

www.comefollowmekid.com

1. **Mormon** – Show the picture of young Mormon on page 2 below. While looking at it, read Mormon 1:1-3 out loud. Have them listen carefully to hear how old Mormon was when he was given a special thing to do, and then summarize what it was that he was asked to do. Tell them that from a young age, Mormon made lots of decisions that helped him follow Christ and be more like Him. We can also make our spirits really strong if we try to follow Christ when we're young.
2. **Paper Blowing Chaff Activity** – Read/discuss/summarize Mormon 5:16-18. This describes people around Nephi who didn't follow Christ and God. The manual suggests, *"To help your family visualize what it means to be 'driven about as chaff before the wind' (verse 16), tear a piece of paper into small pieces and let family members blow them around. Explain to them that chaff is a husk that comes off a seed, and it is light enough to be blown around. How is being 'without Christ and God in the world' (verse 16) like being chaff in the wind?"*
 - Have each person write their name on a small piece of paper and/or color one of the people outlines on page 3 below to look like themselves. Take turns letting each person hold their name/person firmly in their fingers/hands while saying a specific thing we can do to keep God and Christ in our lives. Everyone else will try to blow it out of the person's hands. Then have them NOT grip it firmly and just lay it on top of their palms to represent living without Christ and God. Everyone else will try again to blow the paper person away. Remind them that Satan wants to confuse us and blow us around wherever he wants to, and lots of times he'll try to take us to places that hurt our spirits and make us weaker. God and Christ love us lots and want to help us be safe and happy and keep our spirits strong.
 - On the back of their paper person, you could also have everyone write/draw one specific thing they'll do this week to stay anchored in Christ.
 - Was Mormon someone who was steady and strong in Christ or someone who was "driven as chaff before the wind"?
3. **Loving Others Around Us Role-Play** – As Mormon grew older, people around him became more wicked, but he was able to keep his faith really strong. Was Mormon mean to the people around him who were making wrong choices? (No). One thing that made Mormon so super was the love that he had for God and others around him. Read Mormon 3:12 and talk about how Mormon felt about the people around him, even though they were wicked.
 - Role- play how to respond with faith and love to different scenarios of people being different from us or making not-so-good choices (Your friend wants to steal candy from the store, A friend is saying mean things about another person, your neighbor doesn't believe in praying, someone you're playing with starts swearing, etc.).
 - [This sheet](#) from the manual could also be great to go along with this.
4. **Song** – Watch this video to learn the words to "Jesus Said Love Everyone." This [5-minute singing time video](#) also has songs about loving others. If your kids have longer attention spans than mine do, you can watch [this](#) fun 24-minute singing time video about loving others.
5. **Super Mormon Activity** – Our kids have been going through a phase where they think it's cool to mimic the bad guys in movies, so me and my husband thought it could be fun to show Mormon as a superhero type of figure and help portray more of a "cool" vibe onto righteous people. The manual says, *"Beginning in the first chapter of Mormon, you will notice major differences between Mormon and the people around him...Consider contrasting the qualities and desires of Mormon with those of his people...What do you learn that inspires you to live righteously in a wicked world?"* Follow directions on pages 4 and 5 below, and then summarize how Mormon

was able to stay Christ-like, even when others around him were wicked. How can we also be super like Mormon and stay close to Christ no matter what others around us might be doing?

6. Super Kid Activity- The manual suggests, “As you discuss Mormon’s qualities and experiences, point out qualities your children have that inspire you and others around them.” On the pow signs of your choice (on pages 8-11 below), family members write down specific spiritual qualities that they’ve noticed in other family members. Place the pow signs that describe each person around that person (or on a homemade cape using cheap pillow cases or butcher paper if you want to make it extra fun!) and take pictures of them. Help each family member see how super they are! Testify that we can be just as super as Mormon as we follow Jesus Christ.
- [This post](#) has printable masks, some pow signs with descriptions already written on them, and more ideas for how you could make this activity extra fun. 😊



7. Popcorn Treat – Make this [superhero popcorn](#). We'll probably use yellow colored chocolate instead of peeps though. 😊

Additional Ideas:

“Chapter 49: Mormon and His Teachings Video” <https://www.churchofjesuschrist.org/study/manual/book-of-mormon-stories/chapter-49-mormon-and-his-teachings?lang=eng>

More Great Ideas: www.theredcrystal.org



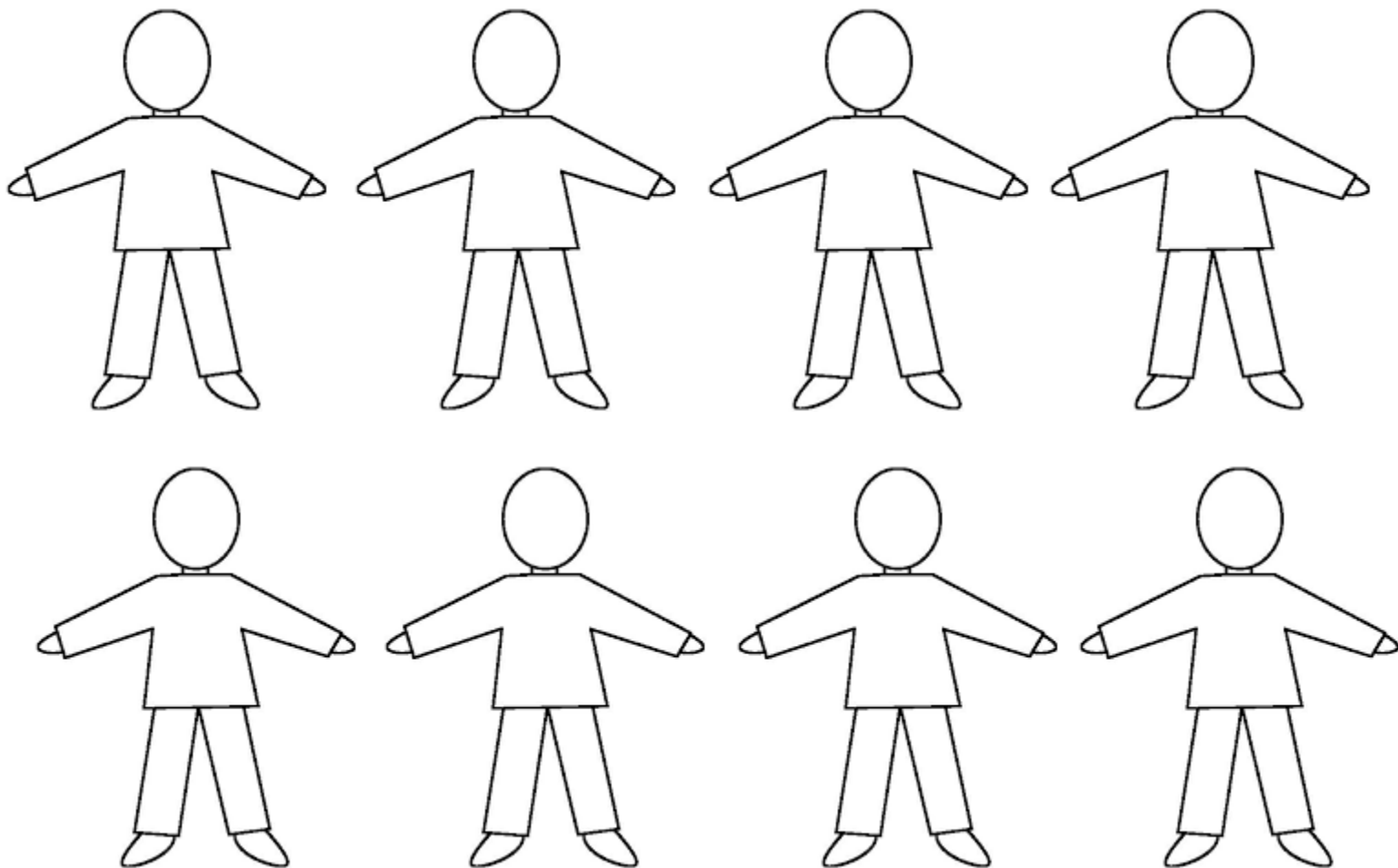
Mormon, Age 10, by Scott M. Snow

"DRIVEN AS CHAFF BEFORE THE WIND"

ACTIVITY

Read/discuss/summarize Mormon 5:16-18. This describes people around Nephi who didn't follow Christ and God. The manual suggests, *"To help your family visualize what it means to be 'driven about as chaff before the wind' (verse 16), tear a piece of paper into small pieces and let family members blow them around. Explain to them that chaff is a husk that comes off a seed, and it is light enough to be blown around. How is being 'without Christ and God in the world' (verse 16) like being chaff in the wind?"*

Have each person write their names and/or color one of the people outlines to look like themselves. Take turns letting each person hold their person firmly in their fingers/hands while saying a specific thing we can do to keep God and Christ in our lives. Everyone else will try to blow it out of the person's hands. Then have them NOT grip it firmly and just lay it on top of their palms to represent living without Christ and God. Everyone else will try again to blow the paper person away. Remind them that Satan wants to confuse us and blow us around wherever he wants to, and lots of times he'll try to take us to places that hurt our spirits and make us weaker. God and Christ love us lots and want to help us be safe and happy and keep our spirits strong.



SUPER MORMON ACTIVITY

Cut out the following pieces and place them in a bowl or bag. Some of them describe things Mormon did that helped make him so super! Others describe choices made by others around him. Take turns pulling one out of the bowl/bag. If that action is a super action, glue it onto the picture of Mormon. Discuss how we can also be super like Mormon and stay close to Christ no matter what others around us might be doing.

Prayed a lot
(Mormon 3:12)

Knew of the
goodness of Jesus
(Mormon 1:15)

Had the love of God
in him
(Mormon 3:12)

Believed in the gospel
of Jesus Christ
(Mormon 3:21)

Did what the Lord
commanded him to
do (Mormon 3:16)

Felt the Spirit
(Mormon 3:16)

Trustworthy
(Mormon 1:2c
footnote)

Loved others
(Mormon 3:12)

Did not come unto
Jesus
(Mormon 2:14)

Cursed God
(Mormon 2:14)

Did what Satan
wanted them to do
(Mormon 5:18)

Did not repent
(Mormon 2:8)

Willfully rebelled
against God
(Mormon 1:16)

Boasted in their own
strength
(Mormon 3:9)

Hurt others
(Mormon 2:8)

MORMON

a scripture hero



MORMON

a scripture hero



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I AM SUPER! ACTIVITY

Directions: On the pow signs of your choice, family members write down specific spiritual qualities that they've noticed in other family members. Place the pow signs that describe each person around that person (or on a homemade cape if you want to make it extra fun!) and take pictures of them. Help each family member see how super they are!

