March 14-20



"god Meant It Unto good"

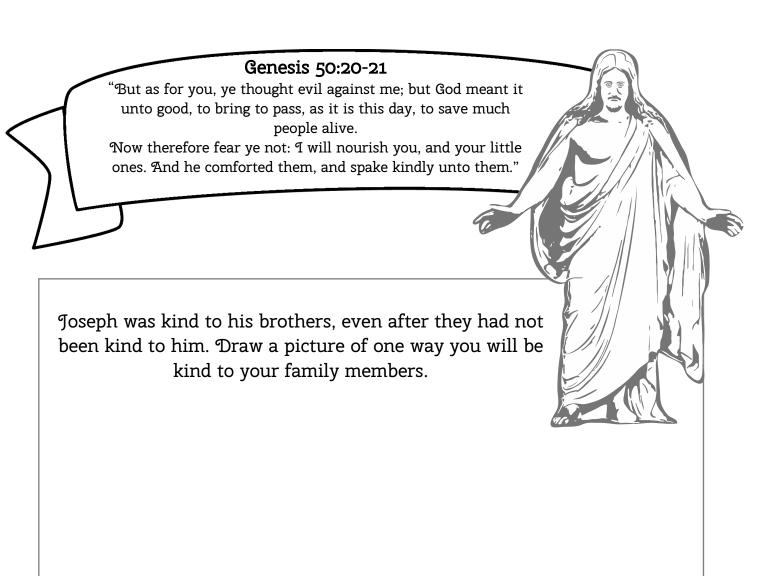
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- 1. <u>Joseph Story</u> Review what we learned about Joseph last week. Would you forgive your brothers if they treated you how Joseph's brothers treated him? Watch and discuss "<u>Joseph and the Famine</u>" video from the church. How did he treat his brothers?
- 2. Story Re-enactment From the manual: "Your family might enjoy acting out the story of Joseph reuniting with his brothers. Have fun with it—use costumes and props if you'd like. Encourage family members to try to understand the emotions and perspectives of the characters. You might focus especially on the feelings of Joseph toward his brothers and on how they might have felt when he forgave them. This could lead to a discussion about how forgiveness can bless your family."
- 3. <u>Video</u> Watch/discuss "<u>The Boy Who Got Stuck Being Angry</u>" from Latter Day Kids.
- 4. Forgiveness Headbands Follow instructions on page 3 below to role-play repenting and forgiving.
- 5. <u>Song</u> Sing/watch "<u>How Firm a Foundation</u>" and remind them of how Joseph relied on Christ throughout his whole life. He had faith in Him through his trails, and he continued having faith in Him when he reunited with his brothers. Remind them that when we have faith in Christ, we become more like Him. Testify of the help He can give us in our lives, and remind them of how much He loves all of us.
- 6. <u>Scripture Draw</u> Read and discuss <u>Genesis 50:15–21</u>. Then do the scripture draw on page 2 below.
- 7. <u>Treat (Hugs and Methods for Getting Along)</u> Eat Hugs/Kisses chocolates while talking about ways we can get along with each other better. Read "What's On Your Mind?" from this month's Friend magazine to help with the discussion (on page 4 below). Encourage everyone to focus on this throughout the week.

This "Joseph: King of Dreams" movie isn't 100% biblically accurate, but it goes along with this well. The one in this set on Amazon is on sale and also comes with "The Prince of Egypt," which can help discuss the story of Moses when we get to that story soon.

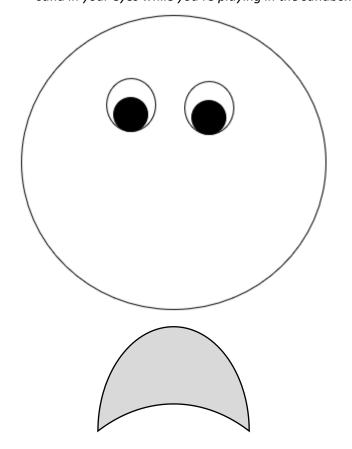
Additional Ideas.

More Great Free Ideas at www.theredcrystal.org
Old Testament Cartoon Videos from the Church Website



Forgiveness Headband Cut apart the strips, tape them together, and measure them to fit around the head to make a headband. Tape or glue the face onto the front of the headband. Use tape to put the smile/frown on the face. Make sure to put the tape on lightly so it can be flipped from a frown to a smile. You can also attach this with a brad if you just want to twist it for this activity. Have two people each wear a forgiveness headband. simple to upset the other person, and then they repent and the other person forgives. Have both

- Role-play scenarios where one person does something people put the mouth in the frown/smile position at different parts of the role-play to show how they would feel. Practice different ways to apologize.
- Talk about how forgiveness/repentance makes us happier.
- <u>Possible scenarios</u>: someone broke your favorite toy, your sister keeps breaking the rules to a board game you're playing, someone calls you a liar when you know you told the truth, a friend accidentally throws sand in your eyes while you're playing in the sandbox







Sometimes my siblings and I argue and fight. What can I do to get along with them better?
—Sad in Singapore

Dear Sad,

Getting along with siblings can be hard. But you can pray for help to be patient and kind. When you disagree, try these ideas and read the scripture verses for more help. If a sibling is hurting you, get help from an adult right away.

You can do it! The Friend

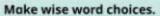
Take a break.

WHAT'S ON YOUR MIND?

Walk away and take some deep breaths. Count three things you can see, two things you can hear, and one thing you can feel.

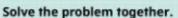
Matthew 5:9





"Try out" your words in your mind before you say them out loud. How would you feel if someone said those words to you?

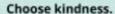
Proverbs 15:1



Share ideas to get along better. Decide what you can both do together.

Amos 3:3





Ask yourself, "What would Jesus do?" Think of ways you can show kindness, even if you feel upset. John 13:15

Illustrations by Hannah Li

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