

April 25- May 1 "My Presence Shall go with Thee"

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- <u>Review the Ten Commandments</u> Ask which commandments they remember. Focus on the first two
 commandments and talk about what they mean (Thou shalt have no other gods before me, Thou shalt not make
 unto thee any graven images). Remind them that those mean we should put God first in our lives. Discuss ways
 we can do that. Review the "<u>Moses on Mount Sinai</u>" video from the church and talk about how the Israelites
 turned away from God.
- <u>"Who's on the Lord's Side" Song</u> Moses asked the Israelites, "Who's on the Lord's side?" (Exodus 32:26). Sing
 <u>"Who's on the Lord's Side?</u>" and discuss what it means to be on the Lord's side.

3. Butcher Daily Paper Path -

- The manual suggests: "To help your family discuss how the Israelites turned away from God, consider creating a path on the floor (or find one near your home). While walking on the path, family members could talk about temptations we face to turn aside "out of the way which [the Lord] commanded." How can we remain on the path? If we have strayed, how can we return to it? How does the Savior help us?"
- We're going to adjust this idea just a little to talk about how we can turn toward God each day, even throughout the regular things we do.
- Roll out some butcher paper to make a path. Divide it into seven sections to represent each day of the week. It should look kind of like a sidewalk with seven different sections. If you don't have butcher paper, you could just set out seven different pieces of paper to make your path.
- Cut out the Heavenly Father and Jesus pictures from page 4 below (image from the church website).
- Write "Monday" on the first section of the butcher paper. Draw/write things we plan on doing Monday. What things will we do Monday that show we put the Lord first? Glue one of the Heavenly Father/Jesus pictures down on the Monday section for each of these things (reading scriptures, praying, etc.).
- To help them see that we can put God first, even when we're doing other things, like going to school or things like birthday parties, discuss specific things we might do at these other times that show we're putting God first (looking for kids at school who need friends, being polite at a birthday party, being honest, etc.). Put additional Heavenly Father/Jesus pictures on the sections as each of these are discussed.
- Continue doing this for the other days of the week. Help them think of specific ways they can put the Lord first in all situations and glue as many Heavenly Father/Jesus pictures on the path as possible.
- <u>Straying</u>: To talk about how we can return to the path when we've strayed, we also plan on discussing specific mistakes we might make (being rude to a sibling, not honoring parents, etc.). Have them step off of the path while reminding them that we all make mistakes. Show one of the Heavenly Father/Jesus pictures and ask how we can turn to them again after these mistakes. Glue additional pictures onto the path as these are discussed.

- 4. <u>The Sabbath Day</u> Point out how on the Sabbath, we do lots of things that help point us to Heavenly Father and Jesus. Watch "<u>The Sabbath Is For You</u>" and discuss ways we can make our Sabbath Days more meaningful.
 - <u>This link</u> from the church has additional videos about the Sabbath Day.
 - The manual also suggests, "Exodus 31:12–13, 16–17 After reading these verses, perhaps your family could discuss President Russell M. Nelson's question about our behavior on the Sabbath: "What sign will you give to the Lord to show your love for Him?" ("The Sabbath Is a Delight," Ensign or Liahona, May 2015, 130). Your family could make some signs to place around your home to remind you how you will show love for the Lord on the Sabbath."
- 5. <u>Golden Calf</u> Is it always easy to put Heavenly Father and Jesus first in our lives? Talk about times when this might be difficult. Read, discuss, and summarize Exodus 32:1-5; 21-24. The manual suggests, "Share what they think Aaron should have done when the Israelites asked him to make a golden calf. How might Aaron have helped the people? Help the children think of situations they might face when other people ask them to do something they know is wrong. Ask the children to share ideas with each other about what to do in those situations."
 - <u>Role-Play</u>: Take turns giving other people situations they could face when others ask them to do something they know is wrong. Let them take turns role-playing how they could respond to that situation.
- 6. <u>Scripture Draw</u> Testify of the blessings we receive from putting God first in our lives. Do the scripture draw on page 3 below.
- 7. <u>Treat</u> Talk about how it feels when we get a cool drink or slushie on a hot day. How is it "refreshing?" Exodus 31:17 says, "on the seventh day he rested, and was refreshed." Make and drink slushies while talking about ways we can focus on the Lord on the Sabbath day to help "refresh" our souls. Click on the picture below for a link to an easy slushie recipe. If you want to simplify, you could also drink lemonade, have popsicles, or something else like that.



Additional Ideas.

More Great Free Ideas at <u>www.theredcrystal.org</u> Old Testament Cartoon Videos from the Church Website



