



COME, FOLLOW ME

Hands-On  
Learning

WEEKS 14-26

Old Testament

[www.comefollowmekid.com](http://www.comefollowmekid.com)



# Printable **PAGES**

Feel free to print and use any or all of the following pages to aid in teaching children.

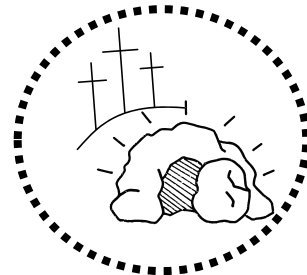
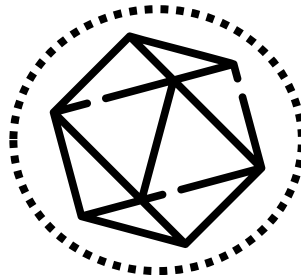
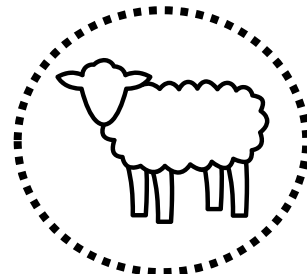
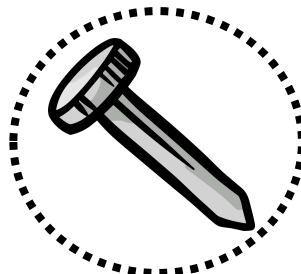
If you would like to save on ink and purchase a physical copy of a book containing all of these ready-to-use activities, please visit our website ([www.comefollowmekid.com](http://www.comefollowmekid.com)).

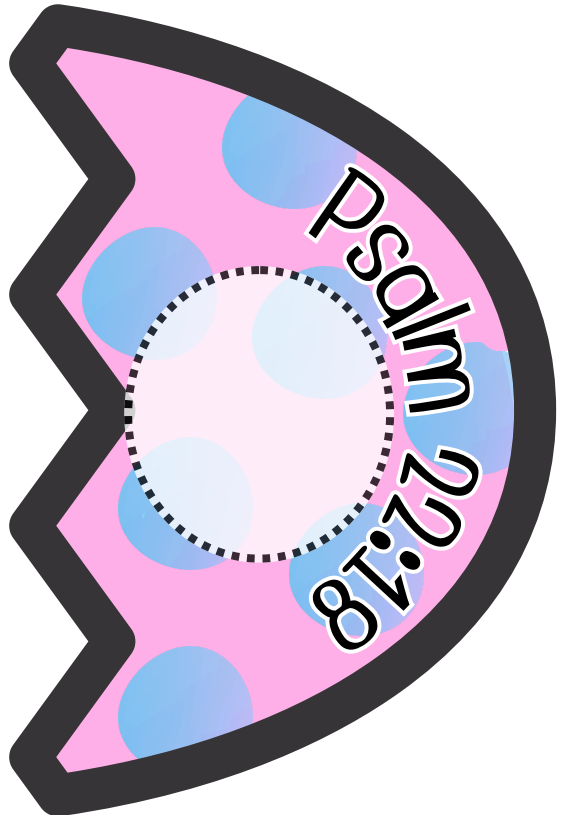
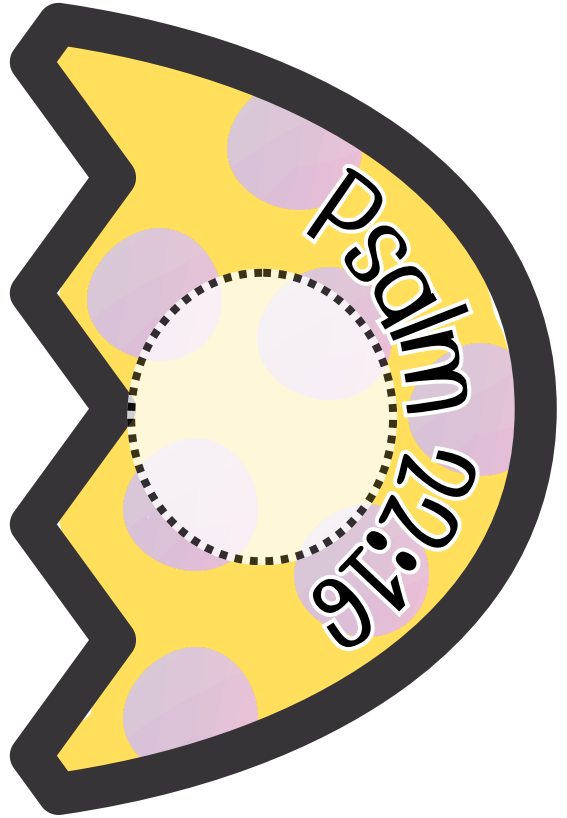
# WEEK 14

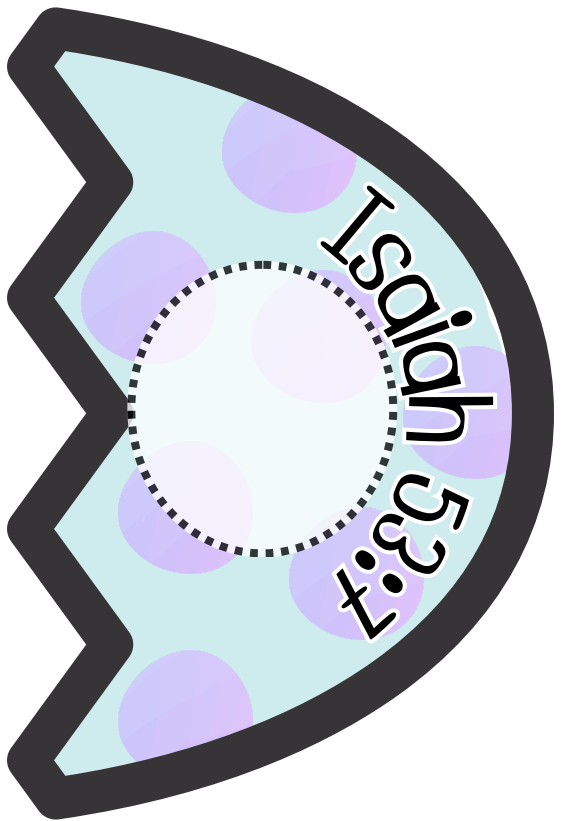
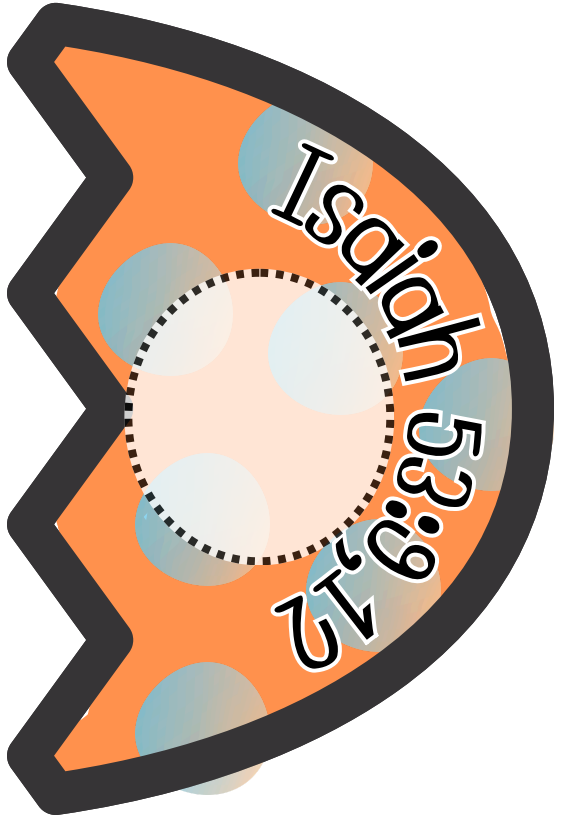
## EASTER SCRIPTURES

The Old Testament contains many prophecies regarding the Savior's Atonement. Cut apart the egg halves from the following pages and hide them around the room. Take turns finding egg halves with matching colors. As each match is found, read and discuss the Old Testament passages on the bottom of the egg and compare these to the New Testament verses on the top part of the egg. Discuss how both ancient prophets and modern prophets testify of Jesus Christ.

*After the egg matches have been found and the scripture verses on them have been read and discussed, figure out which picture matches what those verses teach. Glue the correct corresponding picture onto each egg.*





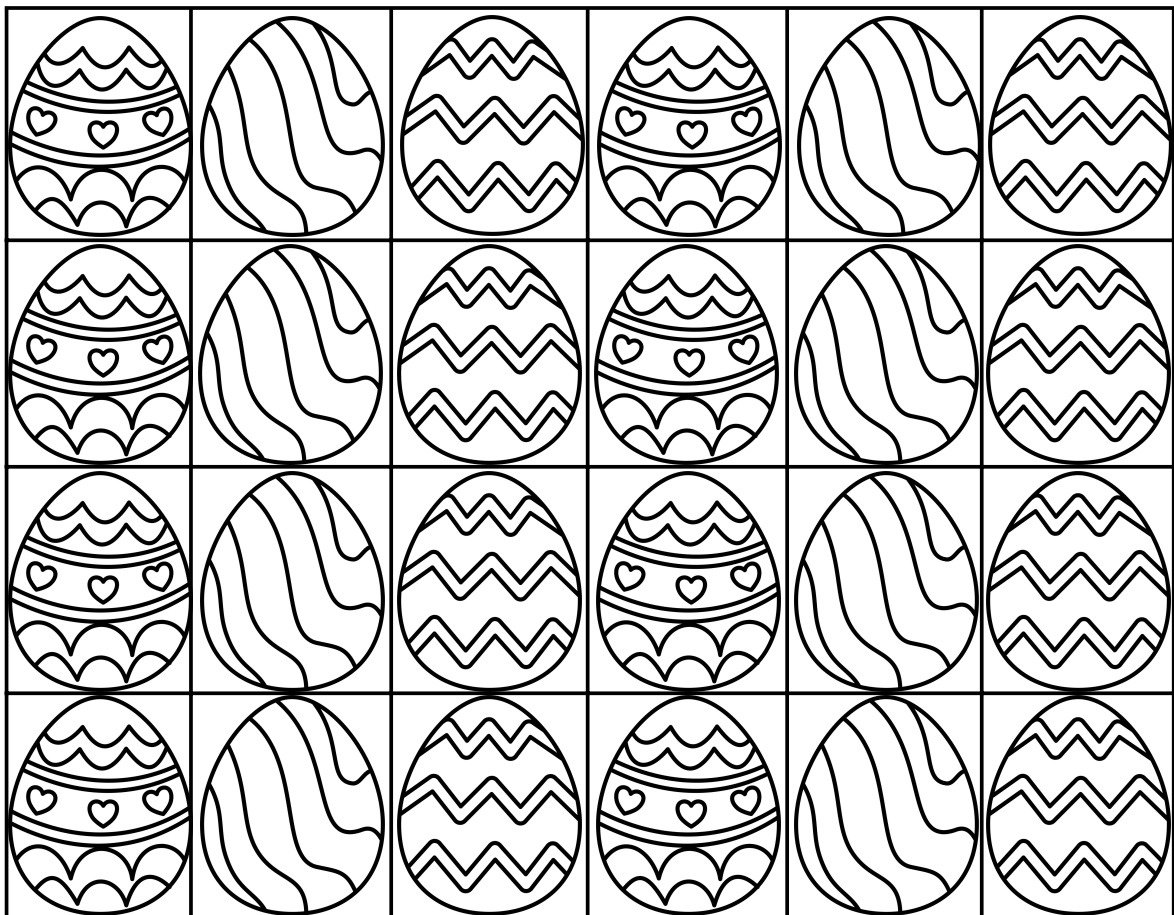


# WEEK 14

## CONFERENCE EASTER EGGS

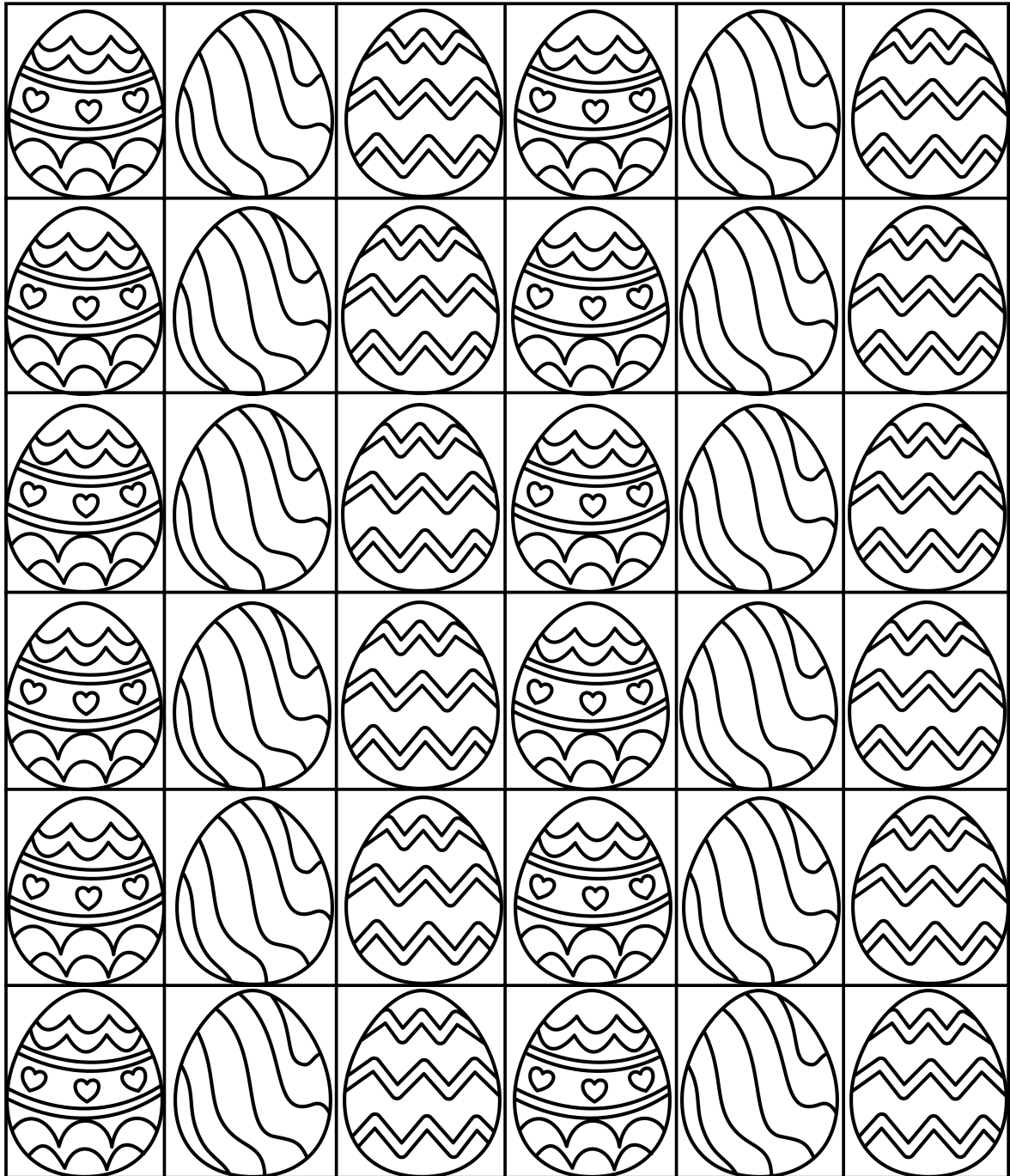
Assemble the Easter basket. Look at the pictures on the sides of the basket and discuss why we celebrate Easter. Cut apart the eggs on the following pages. During General Conference, color the eggs and listen carefully for times when speakers talk about Easter, Jesus Christ, His Atonement, or His Resurrection. Place a colored egg in the basket each time one of those is referenced.

*\*Older kids can write a word or short phrase on the back of each egg representing what the speaker said.*



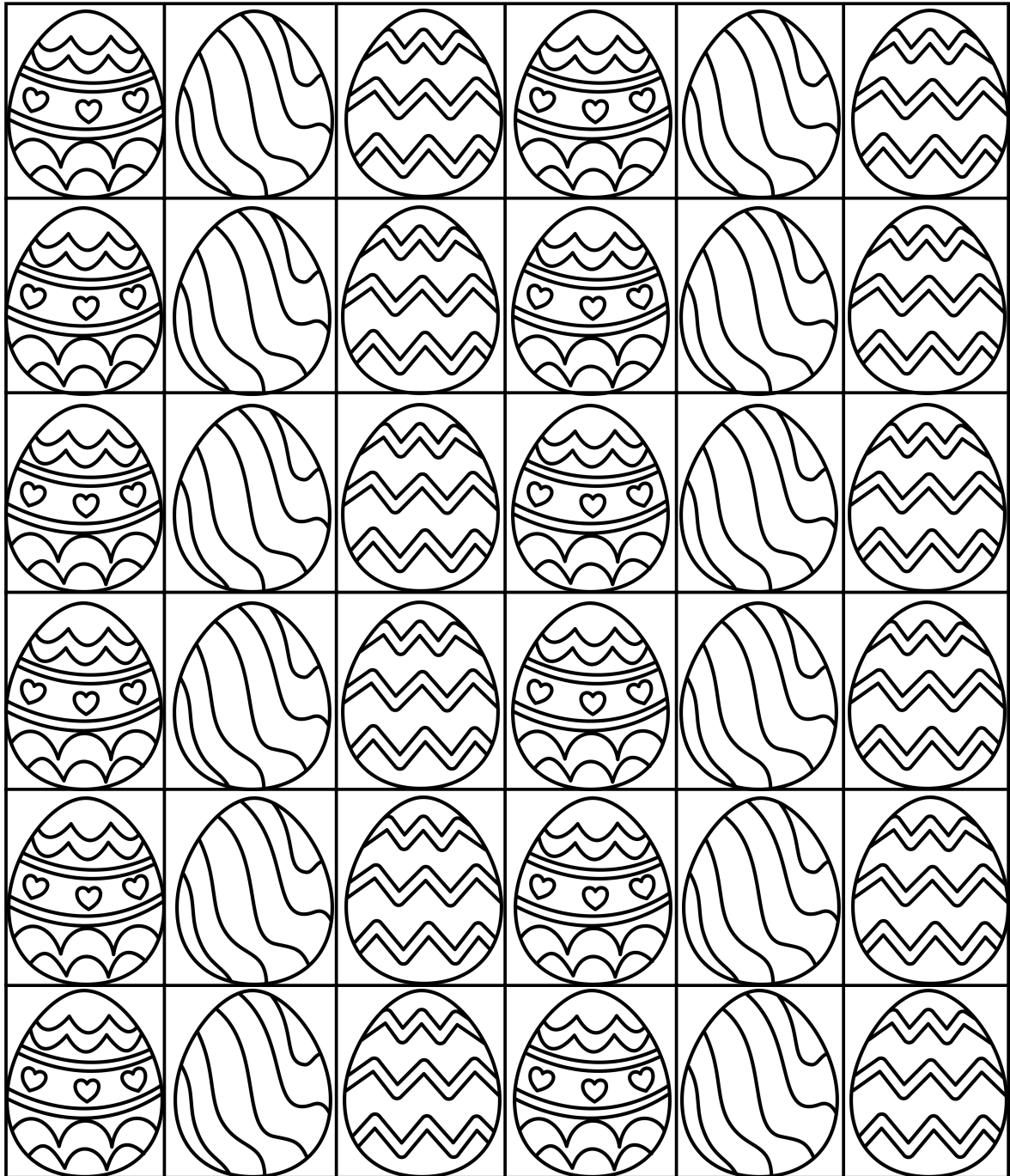
# WEEK 14

## CONFERENCE EASTER EGGS



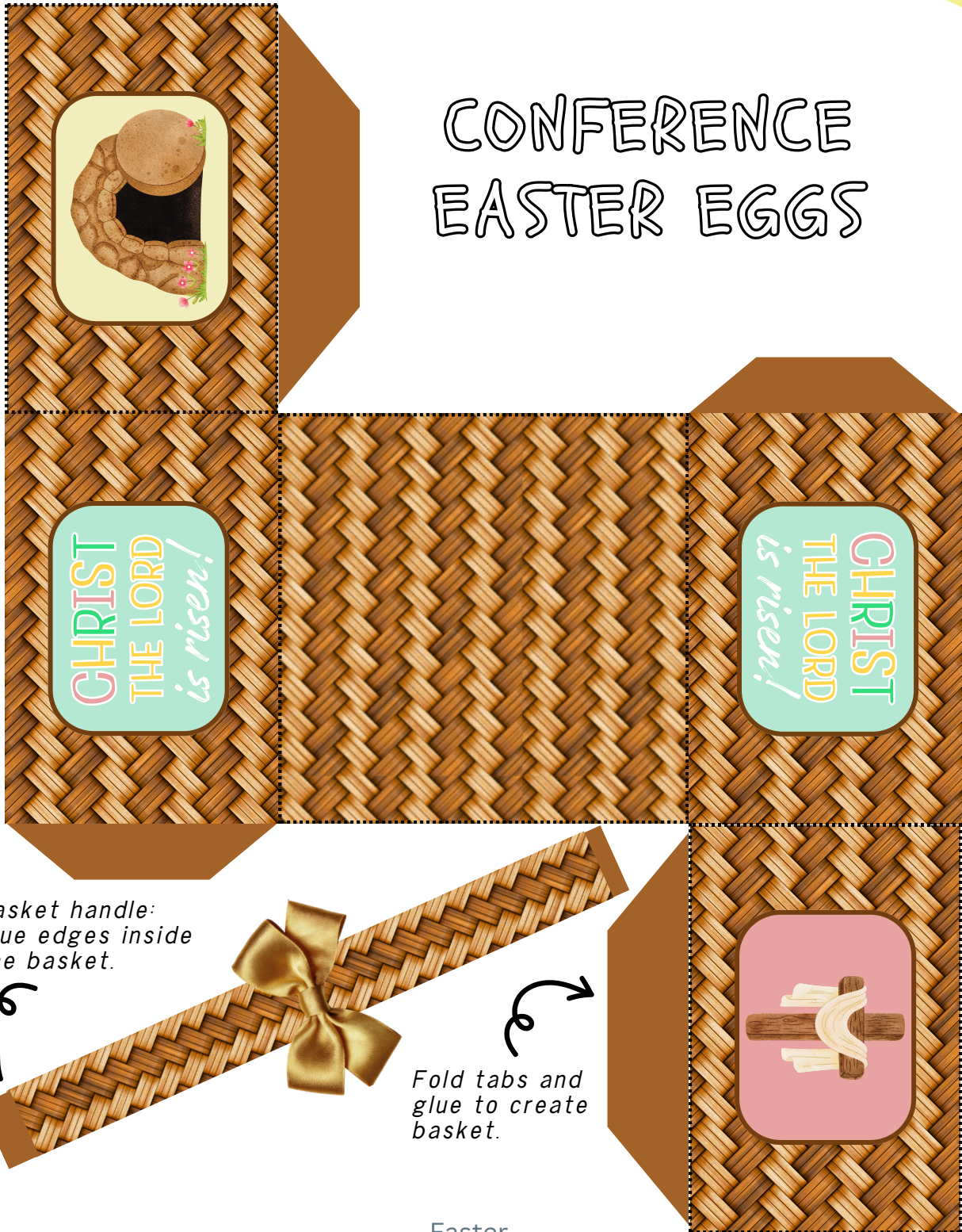
# WEEK 14

## CONFERENCE EASTER EGGS

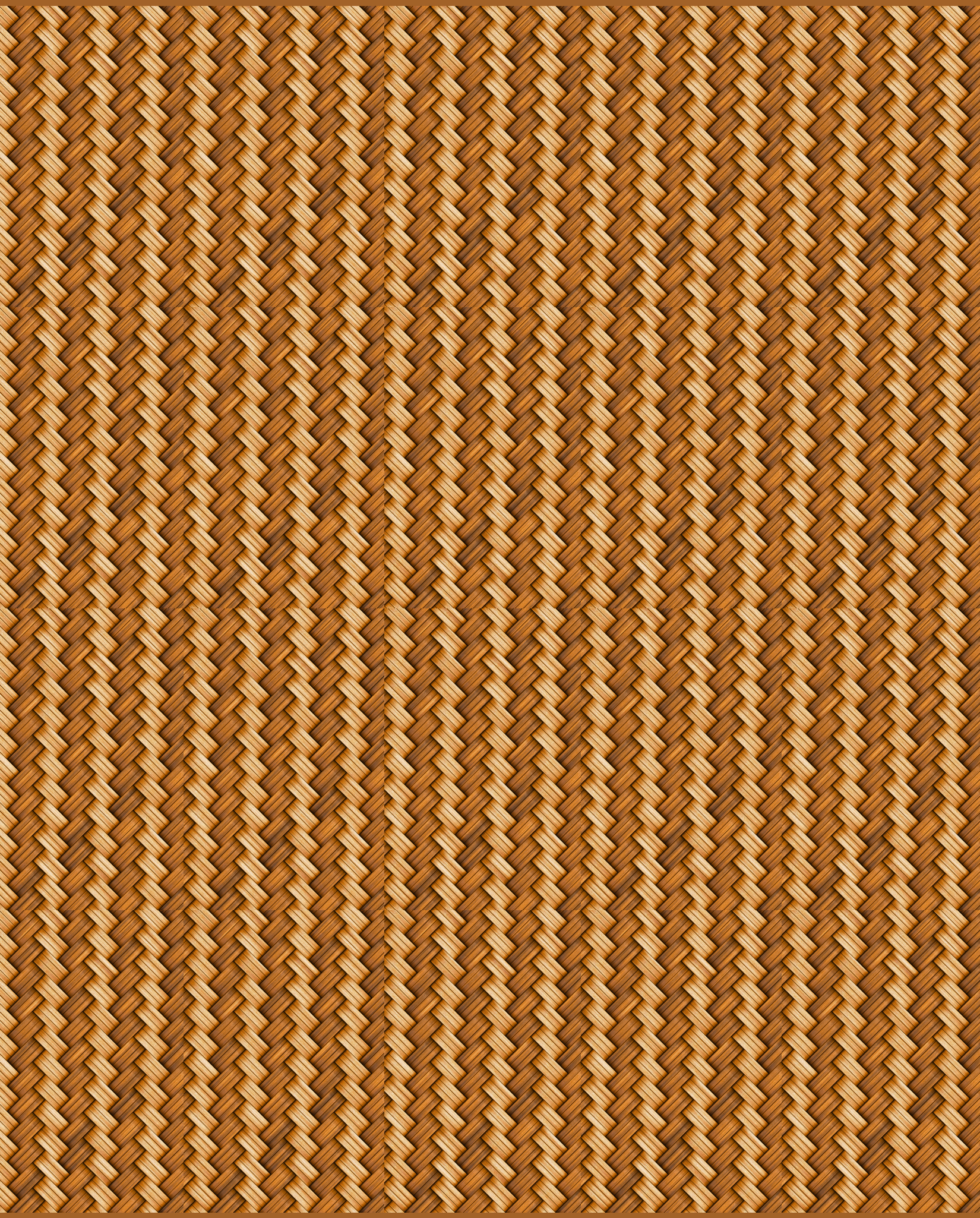


# WEEK 14

## CONFERENCE EASTER EGGS



Easter



# WEEK 14

## JESUS SCRIPTURES

Cut out the circles below. Take turns reading the scriptures on them. Once each has been read and discussed, glue it onto the chart on the following page. Remind them of how much Jesus and Heavenly Father love them and want to help each of them!

ISAIAH  
53:4-12

ALMA  
7:11-13

D&C  
19:16-19

Extension:

Give everyone one of these reminder cards. You can tape

it onto an Easter treat, encourage them to tape

it onto a mirror in their home,

glue it onto a blank piece of paper and let them draw a picture of themselves on that paper, etc.



JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

JESUS SUFFERED, DIED, AND WAS RESURRECTED FOR ME!

# WEEK 14

## JESUS SCRIPTURES

JESUS SUFFERED, DIED, AND  
WAS RESURRECTED FOR *ME!*



Easter

# WEEK 15

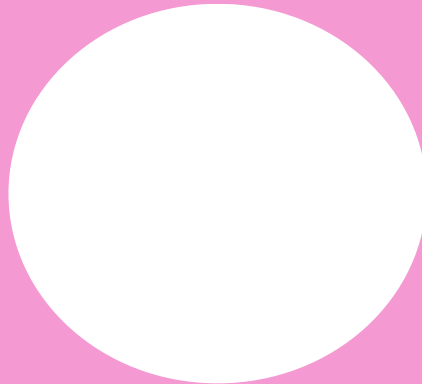
## PLAGUE DRAWINGS

Cut out the cards on this page and the next. Assign cards to everyone. Inside the white oval on their card, they will draw a picture representing the plague described in those verses. Take turns sharing what each person drew.

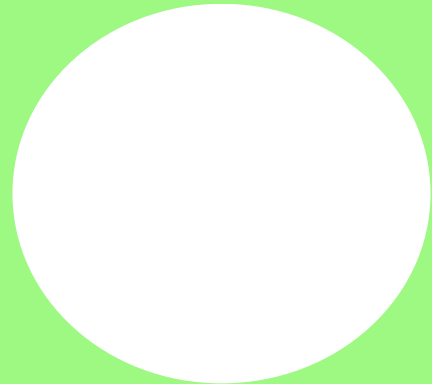
After all pictures and verses have been shared and discussed, line the 10 plagues up in order. Look at the words written on the back of the cards ("there is none like the Lord in all the earth"—Exodus 9:14). Testify of the Lord's power and remind them that He can help them in their lives when they have faith in Him.

*If doing this with younger kids, you can just read the verses together or give a summary of which plague each one represents. Take turns choosing a kid to draw a quick picture after discussing the verses for each.*

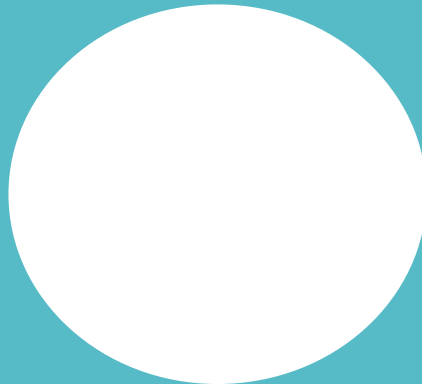
EXODUS 7:17-18



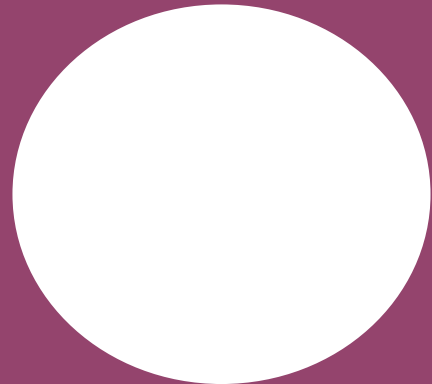
EXODUS 8:1-4



EXODUS 8:16-17



EXODUS 8:20-22

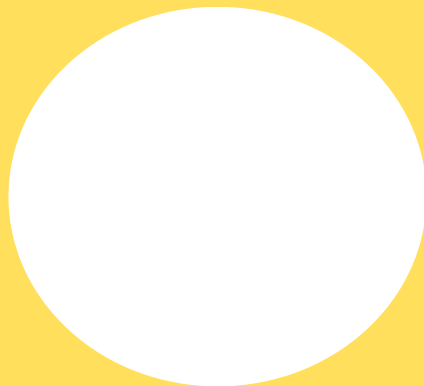


**IS        THERE**

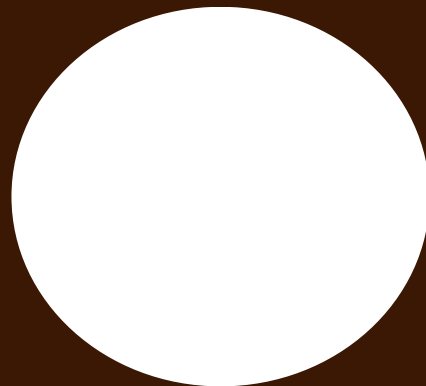
**LIKE      NONE**

# WEEK 15

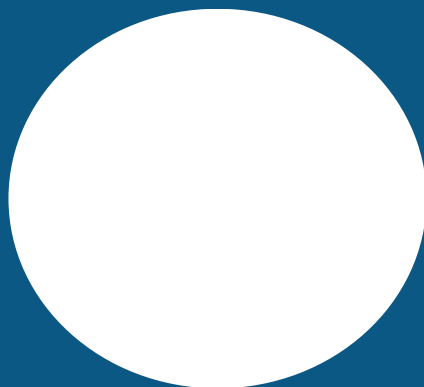
EXODUS 9:1-6



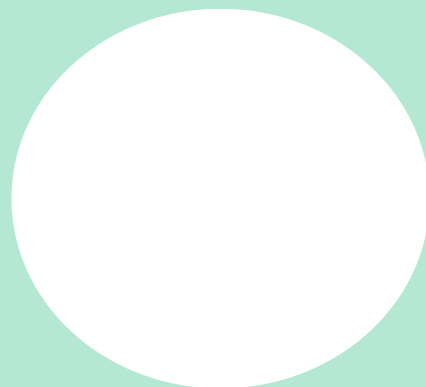
EXODUS 9:8-9



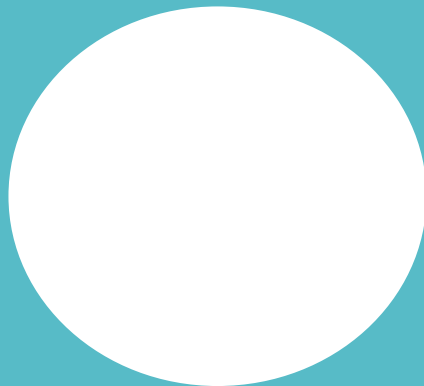
EXODUS 9:22-23



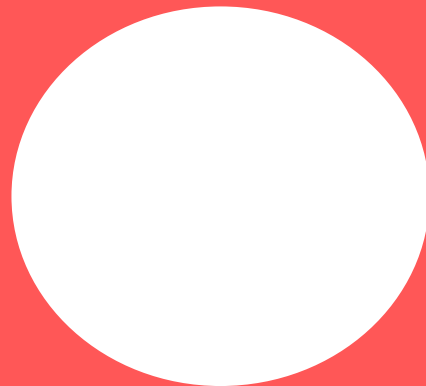
EXODUS 10:4-5



EXODUS 10:21-22



EXODUS 11:4-7



**LORD**

**THE**

**ALL**

**IN**

**EARTH**

**THE**

# WEEK 15

## REMEMBERING JESUS

On each square, write or draw one way you can remember Jesus Christ's Atonement or one thing you know about Jesus Christ and His Atonement. Place them around a doorway while talking about how the Israelites put lamb's blood on their doorposts to represent His sacrifice for us, and it kept them safe. How are we kept safe as we remember Christ's Atonement for us and apply the power from it in our lives? *\*Idea from Come, Follow Me manual*

The 2022 *Come, Follow Me Old Testament* manual suggests, "You could also eat some of the foods from the Passover, such as unleavened bread (crackers or tortillas) or bitter herbs (parsley or horseradish), and discuss how the Passover helps us remember how God delivered His people. For example, the unleavened bread reminded them that there was not time for their bread to rise before they fled from captivity. The bitter herbs reminded them of the bitterness of captivity."

After placing the pictures around the doorway, eat crackers/tortillas/bitter herbs while reading parts of Exodus 12. It could help add to the atmosphere if you turn the lights out and just use candlelight to read. Testify of Christ's importance to us and how He saves us from death and sin.

*I can remember*  
**JESUS CHRIST'S ATONEMENT**

*I can remember*  
**JESUS CHRIST'S ATONEMENT**



# WEEK 15

## REMEMBERING JESUS

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT



# WEEK 15

## REMEMBERING JESUS

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

*I can remember*  
JESUS CHRIST'S ATONEMENT

# WEEK 15

## SOFT HEART MATCHING GAME

Cut apart the hearts and place them face-down. Take turns choosing two cards. If no match is found on that turn, flip them upside-down again. If a soft heart or hard heart match is found, keep it and follow these instructions:



**Soft Heart Match:** Whoever found it will state one way they can show that they are trying to have a soft heart. They then get to hold the soft heart sign from the following page until the next person finds a match.

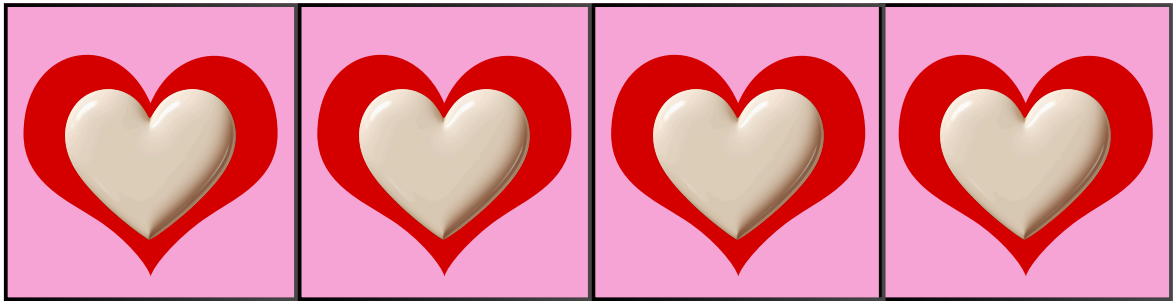


**Hard Heart Match:** When a hard heart match is found, read and discuss one of the hard heart quote cards.

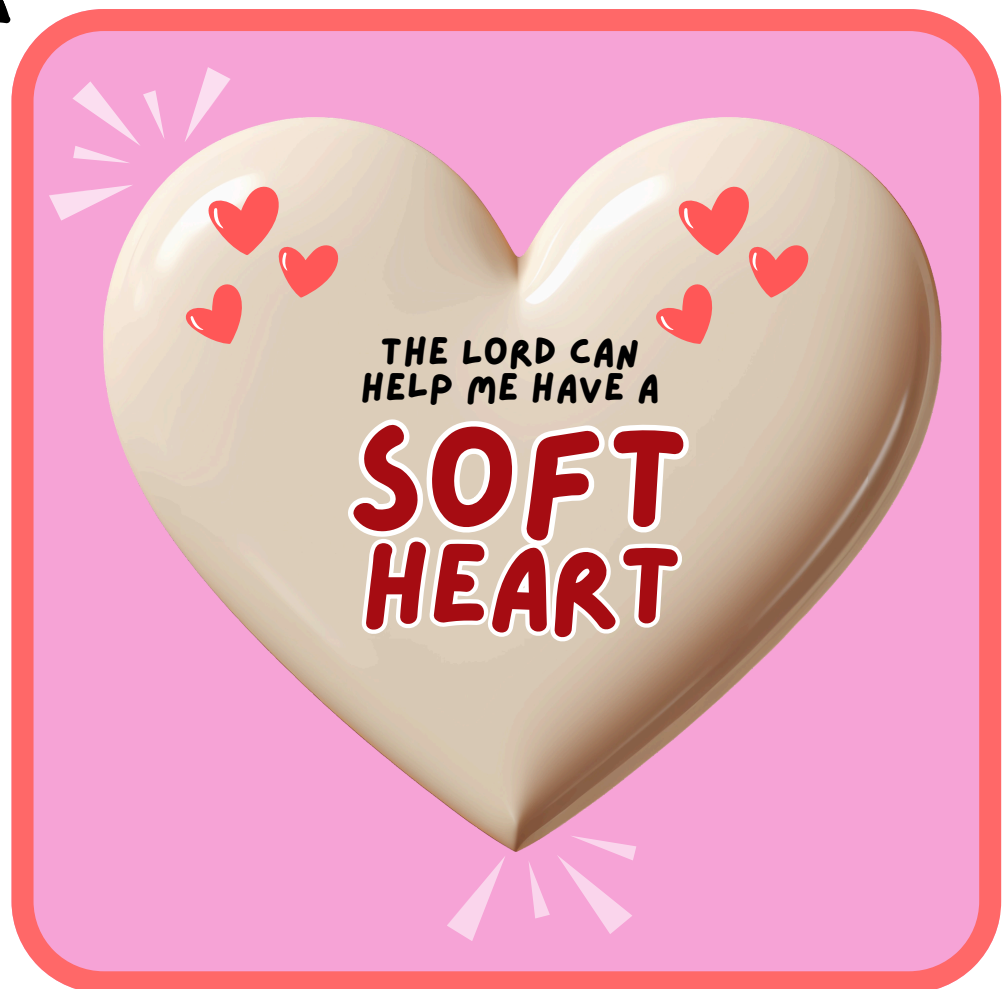


# WEEK 15

## SOFT HEART MATCHING GAME



Soft Heart Sign:  
When someone finds a soft heart match, they get to hold onto this sign. It could be fun to attach this onto a soft pillow or a bag of soft snacks, such as marshmallows, that people can enjoy when they get a match. If attaching a treat, it would be a good idea to let everyone share ways they can have soft hearts after the game is done so they each have a chance to earn a treat.



# WEEK 15

## SOFT HEART MATCHING GAME

*Hard Heart Quote Cards: Discuss one at a time as each hard heart match is found.*



**When we harden our hearts, we are blinded, and good things cannot come into our hearts or our minds. We become stubborn and begin to place more focus on worldly desires, closing our hearts to the things of God. We choose to focus solely on our own thoughts while not accepting the opinions and guidance of others. We choose to not open our hearts to the things of God but instead to the influence of the things of the world and the adversary.**



**When our hearts are hardened, we resist the influence of the Holy Ghost. We are “slow to remember the Lord,” and over time we become “past feeling” His words.**



**In what ways did Pharaoh respond with a hard heart to the plagues?**

**Exodus 8:28-32**

**28** And Pharaoh said, I will let you go, that ye may sacrifice to the Lord your God in the wilderness; only ye shall not go very far away: entreat for me.

**29** And Moses said, Behold, I go out from thee, and I will entreat the Lord that the swarms of *flies* may depart from Pharaoh, from his servants, and from his people, to morrow: but let not Pharaoh deal deceitfully any more in not letting the people go to sacrifice to the Lord.

**30** And Moses went out from Pharaoh, and entreated the Lord.

**31** And the Lord did according to the word of Moses; and he removed the swarms of *flies* from Pharaoh, from his servants, and from his people; there remained not one.

**32** And Pharaoh hardened his heart at this time also, neither would he let the people go.

**Exodus 9:7**

**7** And Pharaoh sent, and, behold, there was not one of the cattle of the Israelites dead. And the heart of Pharaoh was hardened, and he did not let the people go.

**Quotes on first two cards are from “Harden Not Your Heart” (Christopher H. Kim, Liahona, May 2025)**

Exodus 7-13

# WEEK 16

## BITTER MADE SWEET

Cut the strips apart and scramble them. Work together to put them in order (Exodus 15:22–25). Discuss how the Lord can change things in our lives which feel “bitter” to “sweet.”

### Extension:

Let everyone taste a drop of lemon juice. Discuss how sour it tastes and how, if you were really thirsty, you wouldn't want to drink a huge cup of this alone. Similarly, Moses and his people were really thirsty. The only water they found was bitter, so it wasn't good to drink. After discussing how the Lord made the waters of Marah sweet for them, make some lemonade:

- Mix one cup of sugar with one cup of lemon juice.
- Add five cups of water. Stir to dissolve the sugar.
- Add ice and enjoy!

**So Moses brought Israel from the Red sea,  
and they went out into the wilderness of Shur;**

**and they went three days in the wilderness,  
and found no water.**

**And when they came to Marah,  
they could not drink of the waters of Marah,**

**for they were bitter:**

**therefore the name of it was called Marah.**

**And the people murmured against Moses,  
saying, What shall we drink?**

**And he cried unto the Lord;**

**and the Lord shewed him a tree,**

**which when he had cast into the waters,**

**the waters were made sweet:**

**there he made for them a statute  
and an ordinance,**

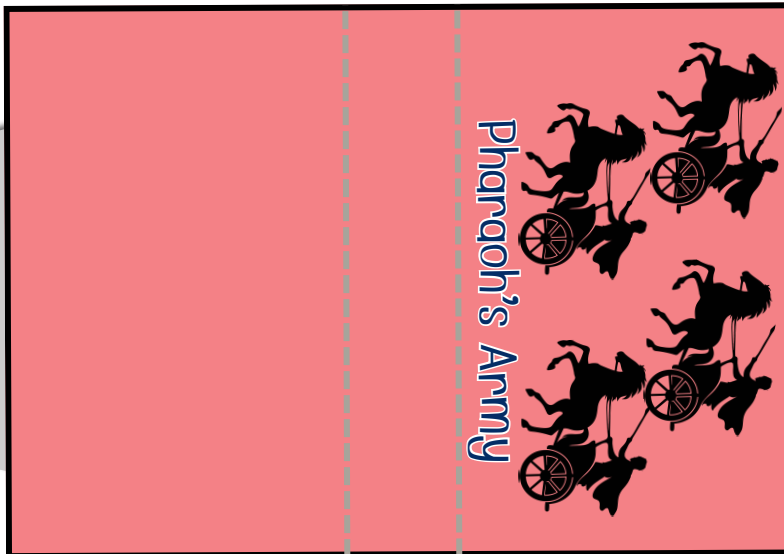
**and there he proved them,**

# WEEK 16

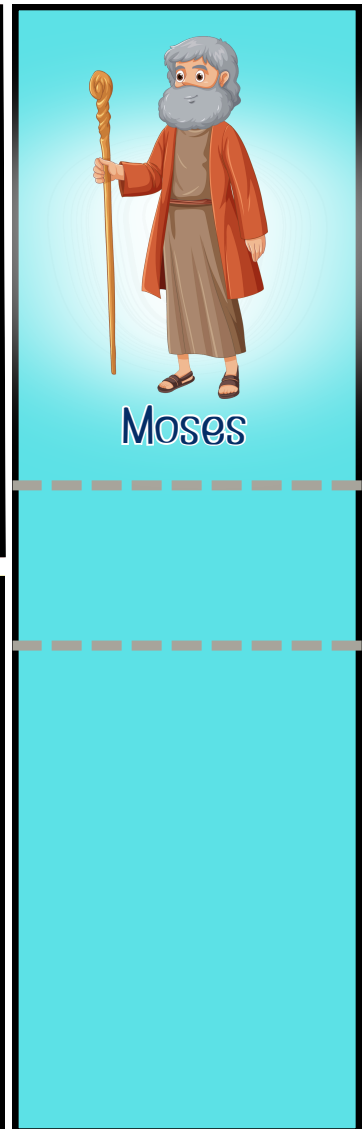
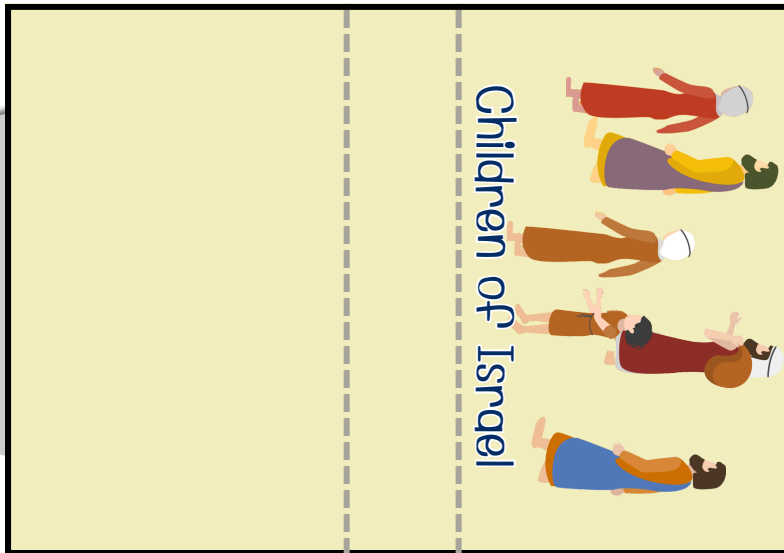
## MOSES AND THE RED SEA

Use the pieces on this page and the next to retell the story of the Lord showing His power when He parted the Red Sea to save the children of Israel (Exodus 14:5–22).

GLUE THIS TAB BEHIND THE TOP FLAP.



GLUE THIS TAB BEHIND THE TOP FLAP.



GLUE THIS TAB BEHIND THE TOP FLAP.

# WEEK 16



Glue this tab to the bottom flap to make the Red Sea stand up.

*Set these up next to each other to begin with. Pull them to opposite sides to represent the parting of the Red Sea.*



Glue this tab to the bottom flap to make the Red Sea stand up.

# WEEK 16

## ACTING OUT THE STORY

Everyone will choose a card and act out that part of the story of Moses and the parting of the Red Sea (Exodus 14:5–22). Add whatever props or costumes you have available to make it fun. The *Come, Follow Me* manual suggests setting up chairs or blankets for the Red Sea and moving them to represent the parting of the Red Sea. Show a picture of the Lord and remind them that His power was what made this miracle possible.



### Moses 14:13-14

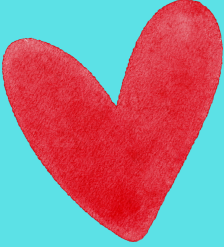
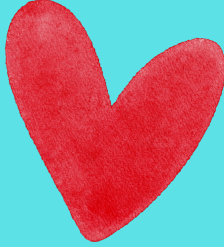
13 And Moses said unto the people, Fear ye not, stand still, and see the salvation of the Lord, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever.  
14 The Lord shall fight for you, and ye shall hold your peace.



# WEEK 16


## THE HOLY GHOST AND MOSES

What does the Holy Ghost have to do with the story of Moses? Read and discuss the scripture verses below. Share why the Holy Ghost is important. What kind of help can we receive from the Holy Ghost in our lives? Flip chart to the back side and write/draw ways the Holy Ghost might speak to us and help us.

 **DOCTRINE AND COVENANTS**   
**8:2-3**

Yea, behold, I will tell you in your mind and in your heart, by the Holy Ghost, which shall come upon you and which shall dwell in your heart.

Now, behold, this is the spirit of revelation; behold, this is the spirit by which **MOSES** brought the children of Israel through the Red Sea on dry ground.





THE HOLY  
GHOST CAN  
SPEAK TO ME  
AND HELP ME



# WEEK 16

## GOD TAKES CARE OF US

Display these pictures and explain that each represents one way the Lord took care of the Israelites. Cut apart the scripture cards on the following page and have them take turns choosing one to discuss. After reading the scripture verses for each and discussing, ask them to find the picture that represents this part of the story.

*If you want to add an edible twist to this, you can use treats/food to represent each of these things instead of the pictures. Some ideas of what you could use for each are:*

Rocks:

Pop Rocks  
Chocolate Rocks  
Rock Candy Suckers

Bread Called Manna:

Donut Holes  
Small Rolls  
Pieces of Bread

Water Made Sweet:

Sprite  
Kool-Aid  
Capri Suns  
Any Sweet Drink

Quails:  
Peeps Chick  
Marshmallows

SWEET DRINK



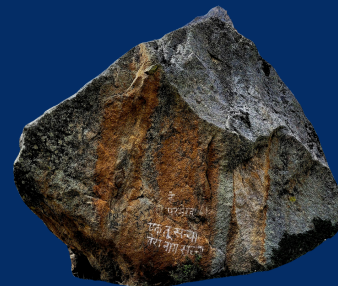
QUAILS



BREAD



ROCK



# WEEK 16

## GOD TAKES CARE OF US

### EXODUS 15:22-27

- After reading these verses, talk about the difference between bitter and sweet.
- How was the Lord able to turn bitter water into a SWEET DRINK?
- How can the Lord make bitter things in our life sweet? What are some ways we can “hearken to the voice of the Lord” like these verses talk about?

### EXODUS 16:13

- When the children of Israel complained about being hungry, the Lord sent them BIRDS called quails for meat.
- What are some things the Lord has given you in your life that you need?
- Sit in a circle and take turns listing things the Lord has given us. See how many times you can go around the circle without repeating what others have said.

### EXODUS 16:16-26

- The Lord gave the Israelites BREAD from heaven called manna. It tasted like honey. This showed them that they could trust Him.
- Just like they needed this bread each day, we need Christ in our lives each day to help our spirits stay strong.
- What are some things we can do to help us feel Christ’s power and love in our lives each day?

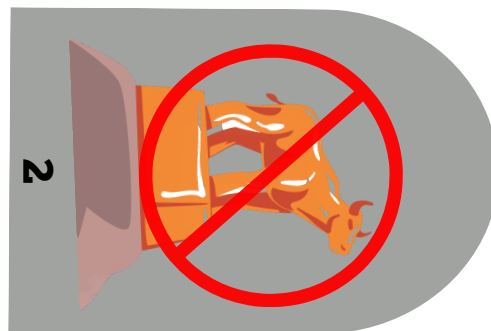
### EXODUS 17:1-7

- When the children of Israel were in the wilderness, they got very thirsty. Jehovah (Jesus Christ) told Moses to strike a ROCK. When he did, water gushed out of the rock for them to drink. This helped show the Israelites that the Lord was among them.
- Share ways we can recognize the Lord in our lives, even when we are going through hard things.

# WEEK 17

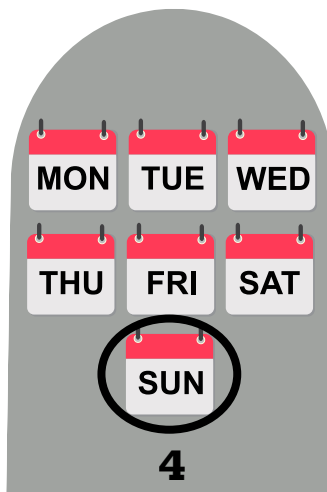
## KEEP THE COMMANDMENTS

Set out all of the tablets that have pictures on them. Ask if they can guess which commandment any of them represent. Play the music to "Keep the Commandments" (Children's Songbook, 146-47). For older kids, see if they can match all of the pictures to the written commandments before the song is done. Glue the pictures onto the back sides of the written commandments. Then spend time talking about each commandment one at a time. For younger kids, let each of them take turns choosing a picture and finding the matching number tablet. Then discuss each commandment in as much depth as needed for the kids you're teaching. Discuss how much more blessed we can be if we keep the commandments.



### Extension Idea:

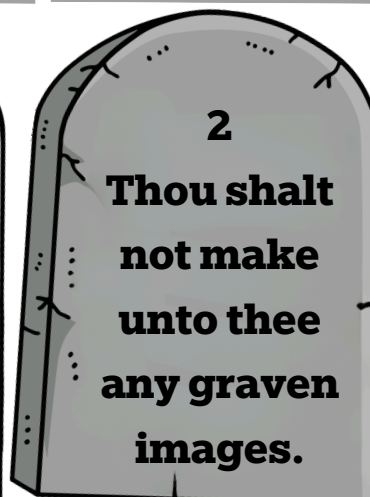
*Kids can use these pieces to act out going up on the mountain like Moses and receiving the commandments on stone tablets. Remind them that these came from the Lord because He loves us and knows that blessings can come to us as we follow the commandments.*



# WEEK 17

## KEEP THE COMMANDMENTS

*\*If doing this with your own family, you could also choose one or two commandments to focus on each day throughout the week. Have in-depth discussions about what they mean and how they apply to us.*



# WEEK 17

## KEEP THE COMMANDMENTS

3  
Thou shalt  
not take the  
name of the  
Lord thy  
God in vain.

10  
Thou shalt  
not covet.

7  
Thou shalt  
not commit  
adultery.

8  
Thou shalt  
not steal.

9  
Thou shalt  
not bear false  
witness  
against thy  
neighbor.

4  
Remember  
the Sabbath  
day to keep  
it holy.

5  
Honor thy  
father  
and thy  
mother.

6  
Thou shalt  
not kill.

# WEEK 17

## SIGNS TO THE LORD

Discuss signs we've seen on buildings. How do signs help us know what's inside of buildings? Give each person a paper sign cut out from this page. Read Exodus 31:13, 16-17 out loud. When they hear the word "sign," have them hold their sign up. How does the Lord show us He loves us? What are some ways we can show the Lord that we love Him? Each person will draw a picture on their sign of one action they will take on the Sabbath to show the Lord they love Him.

I CAN SHOW THE LORD I LOVE HIM	I CAN SHOW THE LORD I LOVE HIM
I CAN SHOW THE LORD I LOVE HIM	I CAN SHOW THE LORD I LOVE HIM

# WEEK 17

I CAN SHOW THE LORD I LOVE HIM

I CAN SHOW THE LORD I LOVE HIM

I CAN SHOW THE LORD I LOVE HIM

I CAN SHOW THE LORD I LOVE HIM

I CAN SHOW THE LORD I LOVE HIM

I CAN SHOW THE LORD I LOVE HIM

# WEEK 17

## PUTTING GOD FIRST DAILY

How can we show Heavenly Father and Jesus that we put them first in our lives? The Israelites “turned aside quickly out of the way [the Lord] commanded” (Exodus 32:8) and began to worship a golden statue. We might not be tempted to worship statues, but what might tempt us to turn away from the Lord in our daily lives? How can we turn toward Him each day, even throughout the regular things we do?

### Daily Path Instructions:

- Tape the large picture of Jesus onto a wall.
- Cut out the daily rectangles and use them to make a path that leads to the Jesus picture.
- Let the kids draw/write things they plan on doing Monday. What things will they do Monday to show they put the Lord first? Glue a small Jesus picture onto the Monday section for each of these things (reading scriptures, praying, etc.).
- To help them see that we can put God first, even when we're doing other things, like going to school or things like birthday parties, discuss specific things they might do at these other times that show they're putting God first (looking for kids at school who need friends, being polite at a birthday party, being honest, etc.). Put additional small Jesus pictures on the sections as each of these are discussed.
- Continue doing this for the other days of the week. Help them think of specific ways they can put the Lord first in all situations and glue as many small Jesus pictures onto the path as possible while discussing.
- Straying: To talk about how we can return to the path when we've strayed, discuss specific mistakes we might make (being rude to a family member, etc.). Have them step off of the path while reminding them that we all make mistakes. Show one of the small Jesus pictures and ask how we can turn to the Lord again after making these mistakes. Glue additional pictures onto the path as these are discussed.
- Remind them of the importance of intentionally making effort each day to turn to Christ and follow Him.

Exodus 19-20; 24; 31-34

# WEEK 17

## PUTTING GOD FIRST DAILY



MONDAY



Exodus 19-20; 24; 31-34



# WEEK 17

PUTTING GOD FIRST DAILY

TUESDAY



WEDNESDAY



Exodus 19-20; 24; 31-34



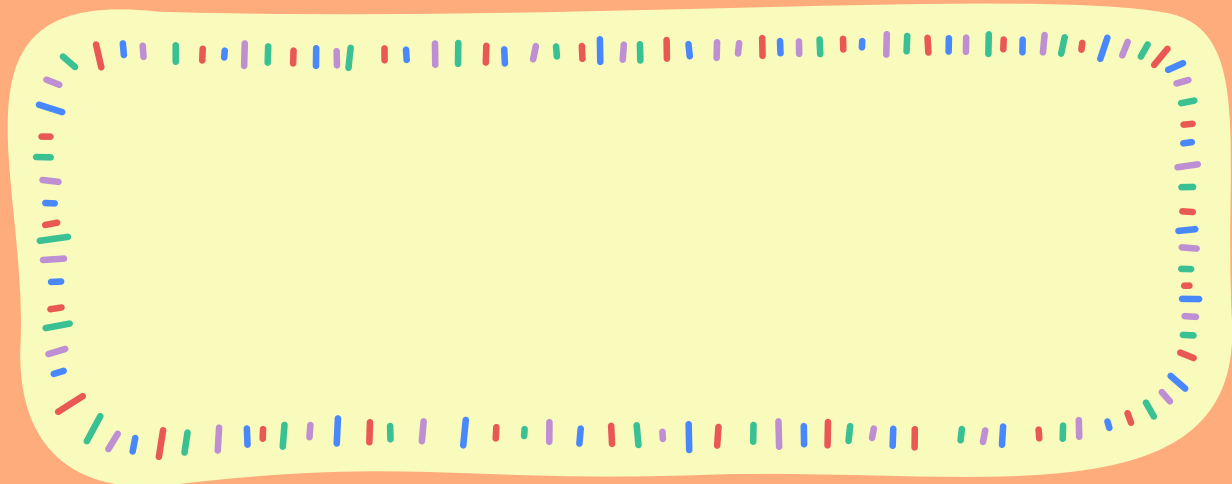
# WEEK 17

PUTTING GOD FIRST DAILY

THURSDAY



FRIDAY



Exodus 19-20; 24; 31-34



# WEEK 17

PUTTING GOD FIRST DAILY

SATURDAY



SUNDAY



Exodus 19-20; 24; 31-34

# WEEK 17

## PUTTING GOD FIRST DAILY



Exodus 19-20; 24; 31-34

# WEEK 18

## TABERNACLE ITEMS

The Israelites' tabernacle had many things in it that were designed to point people to Heavenly Father and Jesus Christ. Exodus 40:17–34 lists many of these things.

Cut out the pictures below and display the chart on the following page. For older kids, read Exodus 40:17–34 out loud. As they hear each item mentioned, they can pick it up and place it onto the correct part of the chart, read the corresponding description, and discuss how it points us to Heavenly Father and Jesus. If doing this with younger kids, let them take turns choosing a picture of an item in the tabernacle. Find the matching outline color on the chart and read and discuss what it says.

After discussing each of the tabernacle items, flip the chart to the back side. Write or draw ways that modern-day temples can help us feel closer to Heavenly Father and Jesus.



Exodus 35-40; Leviticus 1; 4; 16; 19

# WEEK 18

## TABERNACLE ITEMS

The altar of sacrifice reminds us of our Savior's sacrifice for us.

**ITEMS IN THE  
TABERNACLE  
TEACH US ABOUT  
HEAVENLY FATHER  
& JESUS** ♥♥♥

12 loaves of unleavened bread were kept on the table of shewbread. Bread reminds us that Jesus can nourish our spirits.

The ark of testimony reminds us that God's commandments are important. Being obedient to them helps us prepare to live in the Lord's presence.



The candlestick was constantly burning and giving light. This represents the light we are in constant need of from the Holy Ghost in our lives.

Priests washed in the laver before entering the tent of the tabernacle. This represents how Jesus can wash and cleanse us from our sins.

Prayer prepares us to enter the Lord's presence. Just like smoke from incense rose each morning and evening, our prayers should rise to the Lord regularly.



*The TEMPLE*  
**HELPS ME FEEL  
CLOSER TO  
HEAVENLY FATHER  
& JESUS**



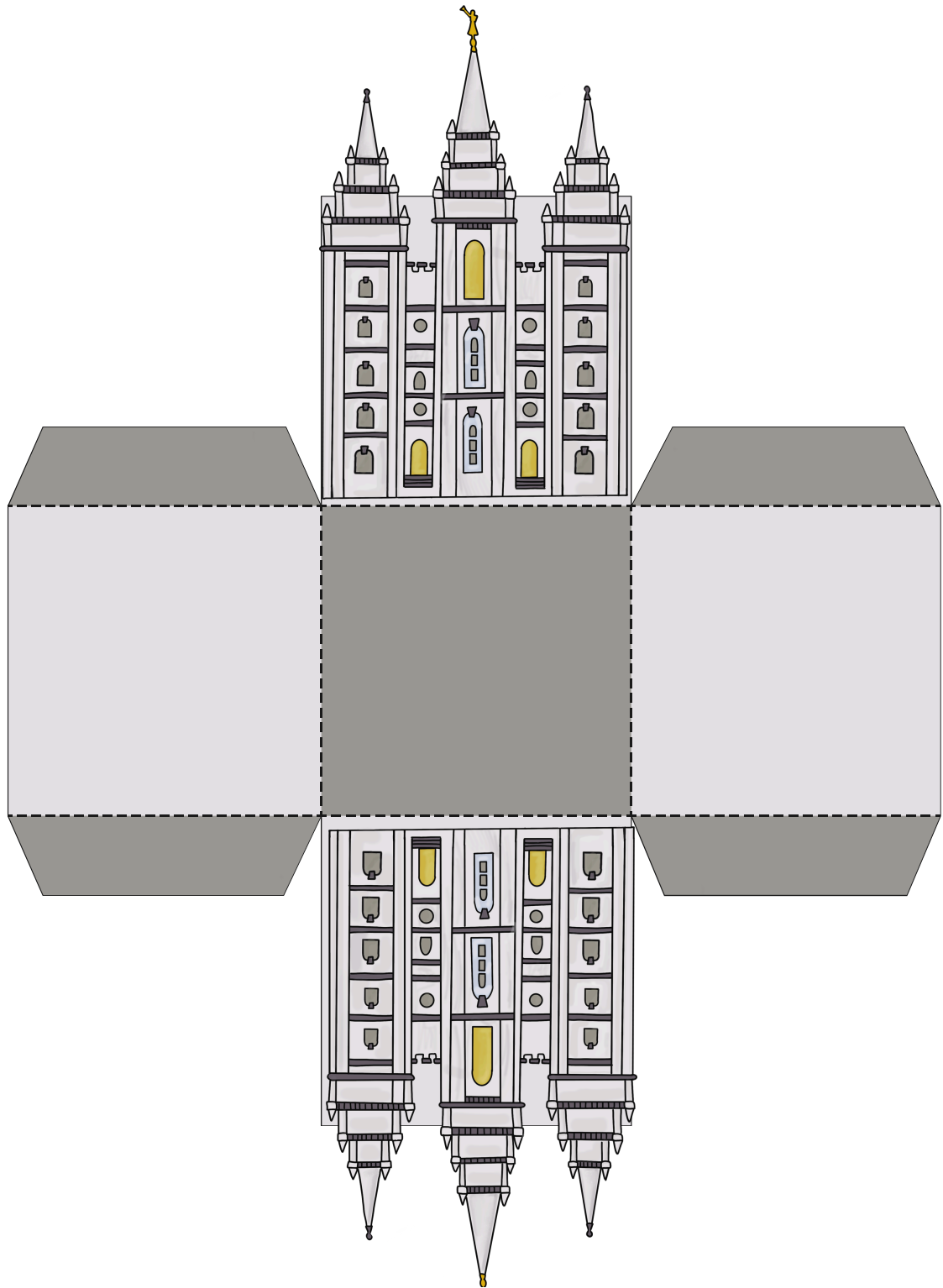
# WEEK 18

## THE TEMPLE IS...

Cut and assemble the temple on the following page. After discussing and studying temples in the depth that is needed for the kids you are teaching, give each person a gray "The Temple Is..." card. Help them think of as many responses as possible to finish the sentence (the house of God, a place where families can be sealed, a place where we can receive instruction from God, a place where I can feel close to the Lord, etc.). Let them take turns writing/drawing responses on the cards and placing them inside the temple.

The Temple Is...	The Temple Is...	The Temple Is...	The Temple Is...
The Temple Is...	The Temple Is...	The Temple Is...	The Temple Is...
The Temple Is...	The Temple Is...	The Temple Is...	The Temple Is...
The Temple Is...	The Temple Is...	The Temple Is...	The Temple Is...

# WEEK 18



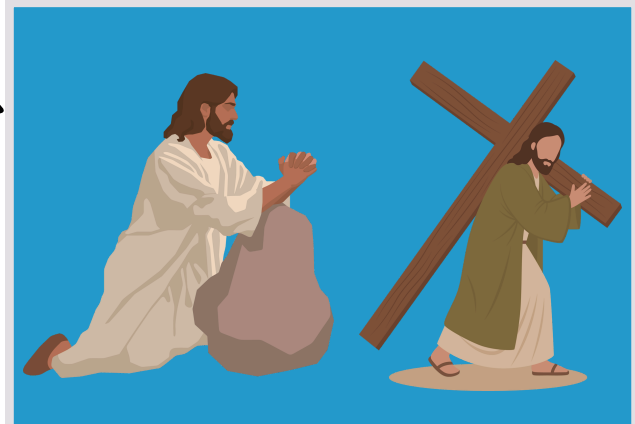
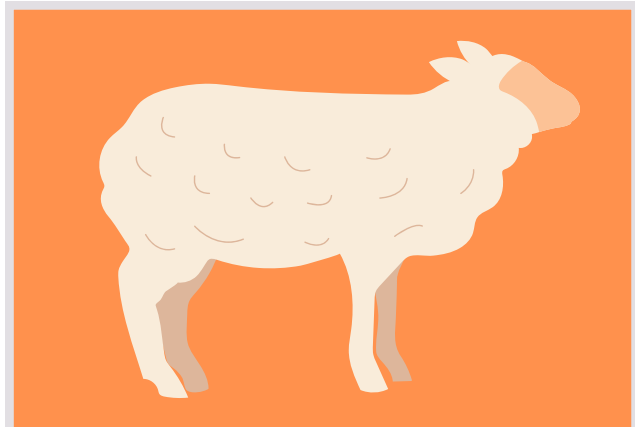
Exodus 35-40; Leviticus 1; 4; 16; 19

# WEEK 18

## SACRIFICES

Display the picture on the following page. Explain that this represents the altar of sacrifice that the Israelites used for animal sacrifices. Cut out the cards on this page.

1. Place the animal card in the white space on top of the altar. Read Leviticus 1:1-4. While reading, ask them to listen carefully for words or phrases that represent Jesus Christ and the sacrifice He made for us.
2. Replace the animal card with the blue Jesus card. Animal sacrifices were meant to teach about the sacrifice Jesus made for us. Discuss how His sacrifice makes it possible for us to be forgiven of our sins. Remind them that He willingly died for us because He loves us.
3. What are we commanded to sacrifice instead of animals? Replace the Jesus card with the broken heart card. Read 3 Nephi 9:19-20 and discuss ways we can offer a broken heart and a contrite spirit to the Lord.



# WEEK 18

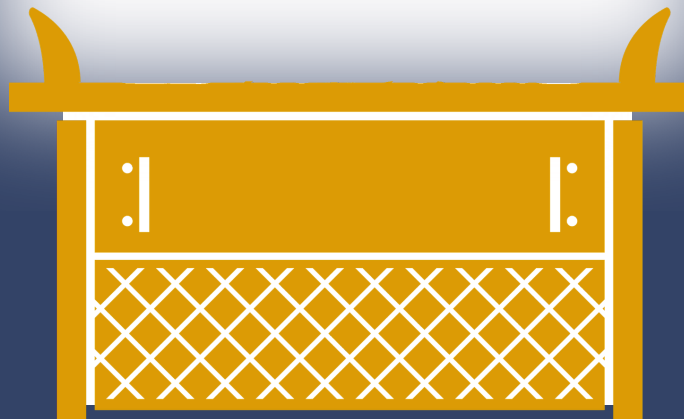
## SACRIFICES

Extension:

Give everyone a small blank piece of paper. Each person will write or draw a personal sacrifice they are willing to make to show the Lord they have a broken heart and a contrite spirit. Glue these all onto the white space on top of the altar of sacrifice. Remind them of the blessings we get when we follow Jesus Christ.

Leviticus 16:30

“On that day shall the priest make an atonement for you, to cleanse you, that ye may be clean from all your sins before the Lord.”



Exodus 35-40; Leviticus 1; 4; 16; 19

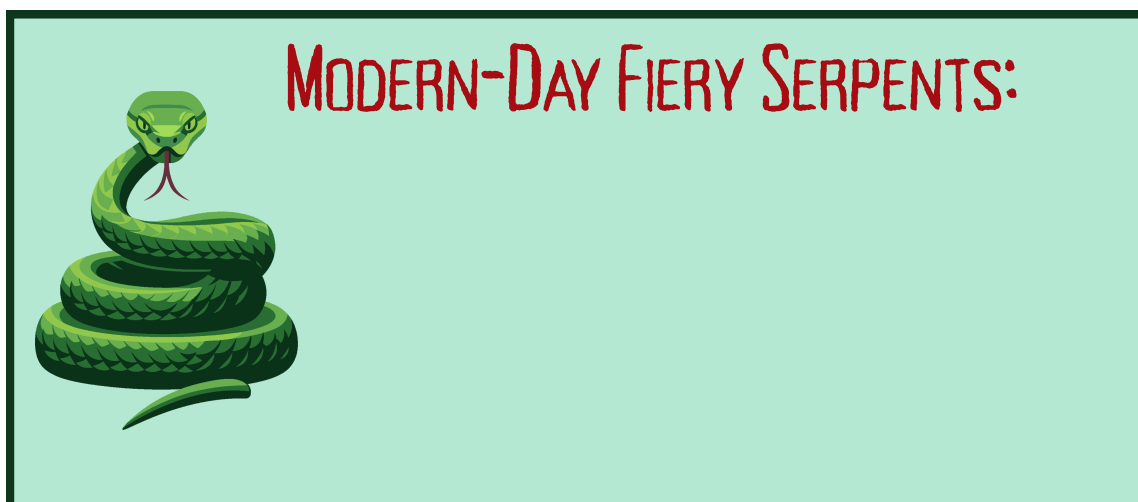
# WEEK 19

## FIERY SERPENT GAME

Summarize the story found in Numbers 21:6–9. People were dying from fiery serpents that bit them. Moses made a brass serpent and put it on a pole. If anyone was bitten, what did they have to do to be saved? (Look at the brass serpent on the pole). Read John 3:14–15 and talk about how Jesus Christ is like the brass serpent. Show the picture on the following page to help them visualize how this brass serpent was similar to Jesus on the cross. When our spirits get hurt by Satan, how can the Savior heal us?

Brainstorm things that might exist in our lives that could be like “fiery serpents.” What are some things that could hurt our spirits? List these on the “Modern-Day Fiery Serpents” chart below. Talk about how Christ can heal us and help us with these things.

Game: Cut apart the game piece cards and place them in an upside-down pile. Take turns choosing a card from the pile and answering the question on it. If someone gets a “SNAKE BITE!” card, they will be out of the game unless they state something they can do to look to the Savior in their lives. Tape the brass serpent picture from the following page onto the wall. Have each person write down ways they’ll look to the Savior on the picture.



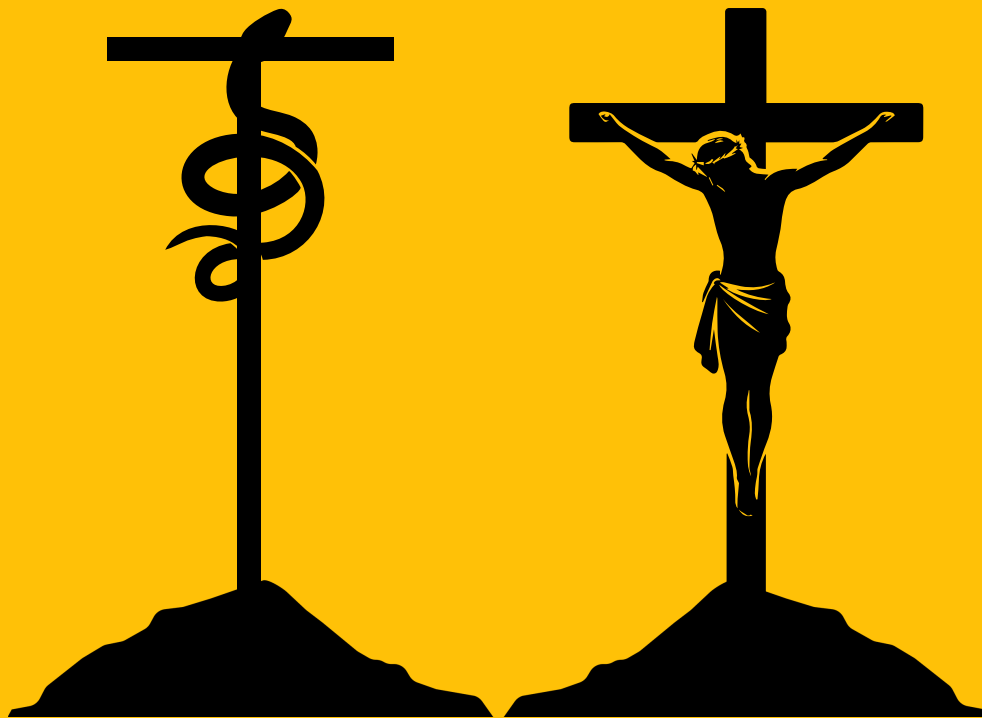
# WEEK 19

## FIERY SERPENT GAME

*John 3:14-15*









14 And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up:

15 That whosoever believeth in him should not perish, but have eternal life.



# WEEK 19

## FIERY SERPENT GAME

<p><b>Snake Bite!</b></p> 	<p>How is Satan like a fiery serpent? In what ways might he try to harm our spirits?</p>	<p>Read Alma 33:18-20. Did everyone look at the brass serpent? What happened to those who chose not to look?</p>	<p><b>Snake Bite!</b></p> 
<p><b>Snake Bite!</b></p> 	<p>True or False: Christ can heal us when Satan hurts us.</p>	<p>True or False: Looking to Christ in our lives helps us be happy.</p>	<p><b>Snake Bite!</b></p> 
<p><b>Snake Bite!</b></p> 	<p>Read and summarize Helaman 8:14-15.</p>	<p>Why did some of the Israelites choose not to look at the brass serpent and be healed? (1 Nephi 17:41)</p>	<p><b>Snake Bite!</b></p> 
<p><b>Snake Bite!</b></p> 	<p>Summarize the story of the brass serpent in your own words.</p>	<p>Read Doctrine and Covenants 6:36. What does this verse mean to you?</p>	<p><b>Snake Bite!</b></p> 

# WEEK 19

## COUNT YOUR BLESSINGS

The Israelites had been given many miracles and blessings from the Lord. However, they started to forget about the blessings they had been given and began to complain (Numbers 11:4–10). What blessings has the Lord given us in our lives?

Play the music to “Count Your Blessings” (Hymns, no. 241). While the music is playing, everyone will write or color pictures of blessings they are thankful for on the small star cards and place them in the paper bag. Challenge them to complete as many cards as possible during the song!

Discuss ways we can remember to be thankful for all of the good things the Lord has given us!





















*Glue or tape onto a paper bag.*

*\*To simplify, just place the sign on the table and have everyone place their papers around the sign instead of putting them in a bag.*



# WEEK 19





















## COUNT YOUR BLESSINGS

Numbers 11-14; 20-24; 27

# WEEK 19

## COUNT YOUR BLESSINGS

Numbers 11-14; 20-24; 27

# WEEK 19

## BALAAAM AND BALAK

Use the nametags below to act out the story of Balaam choosing to follow God rather than receiving earthly honors and riches from Balak (Numbers 22:1–18). Use the scripture cards below to help discuss Balaam's commitment to following the Lord. Role-play ways we can follow God's ways when others try to persuade us to choose lesser ways.

### *Numbers 22:18*

And Balaam answered and said unto the servants of Balak, If Balak would give me his house full of silver and gold, I cannot go beyond the word of the Lord my God, to do less or more.

### *Numbers 23:26*

But Balaam answered and said unto Balak, Told not I thee, saying, All that the Lord speaketh, that I must do?

### *Numbers 24:13*

If Balak would give me his house full of silver and gold, I cannot go beyond the commandment of the Lord, to do either good or bad of mine own mind; but what the Lord saith, that will I speak?

*Hello, I am...*

**BALAAAM**

*Hello, I am...*

**BALAK**

# WEEK 20

## MESSAGES FROM GOD

Cut apart the message cards on this page. Assemble the envelope on the following page and place the messages inside of it. Show the envelope and point out where it says, "Messages from God." How does God send messages to His people? Explain that one way God talks to us is through His prophets. Moses was a prophet, and we have modern-day prophets. Pull the messages out one at a time. Discuss each and point out that our prophet was the person who said these things, but they are messages God wants us to hear. Testify of the blessings we receive when we listen to and follow our prophet.

"One of the many reasons you will need the constant influence of the Holy Ghost is that you live in a season where the adversary has become so effective at disguising truth that if you don't have the Holy Ghost, you will be deceived."

-President Dallin H. Oaks

"We need one another's prayers."

-President Dallin H. Oaks

"I want to help all our members overcome present or future doubts. Whatever those doubts, the way to overcome them is to get closer to our Savior, Jesus Christ."

-President Dallin H. Oaks

Blank card you can write  
your own prophet quote on

# WEEK 20

## MESSAGES FROM GOD

*Fold into an envelope shape. Glue dark pink tabs on the inside and leave the top flap unglued so you can take message cards out of the envelope one at a time.*



Deuteronomy 6-8; 15; 18; 29-30; 34

# WEEK 20

## SPIRITUAL HEART CHECKUP

Tell them they are going to pretend to be doctors! Today they are going to examine a heart and make sure that it is spiritually healthy. Cut out the heart and the pink circles. Place the pink circles on top of the heart with the words facing down so only the blank side shows. Take turns choosing one circle off of the heart, reading it, and deciding if that is something you would want in a spiritually healthy heart. If it is something the Lord would want us to have in our heart, keep it on the heart. If it is not something that is spiritually healthy for our heart, pretend to surgically remove it and throw it away.

*\*Based on idea from  
Come, Follow Me manual*

TURNING YOUR  
HEART AWAY FROM  
THE LORD  
(DEUTERONOMY  
29:18)

LOVING THE LORD  
WITH ALL OF YOUR  
HEART AND SOUL  
(DEUTERONOMY  
30:6)

HAVING THE  
WORD OF GOD IN  
YOUR HEART  
(DEUTERONOMY  
6:6-9)

REMEMBERING  
THE GOOD THINGS  
THE LORD HAS  
DONE FOR YOU  
(DEUTERONOMY  
8:2-5)

BEING HUMBLE  
(DEUTERONOMY  
8:2-5)

FORGETTING THE  
LORD AND HIS  
COMMANDMENTS  
(DEUTERONOMY  
8:11-17)

BELIEVING YOUR  
BLESSINGS CAME  
FROM YOUR OWN  
POWER RATHER THAN  
FROM THE LORD  
(DEUTERONOMY  
8:11-17)

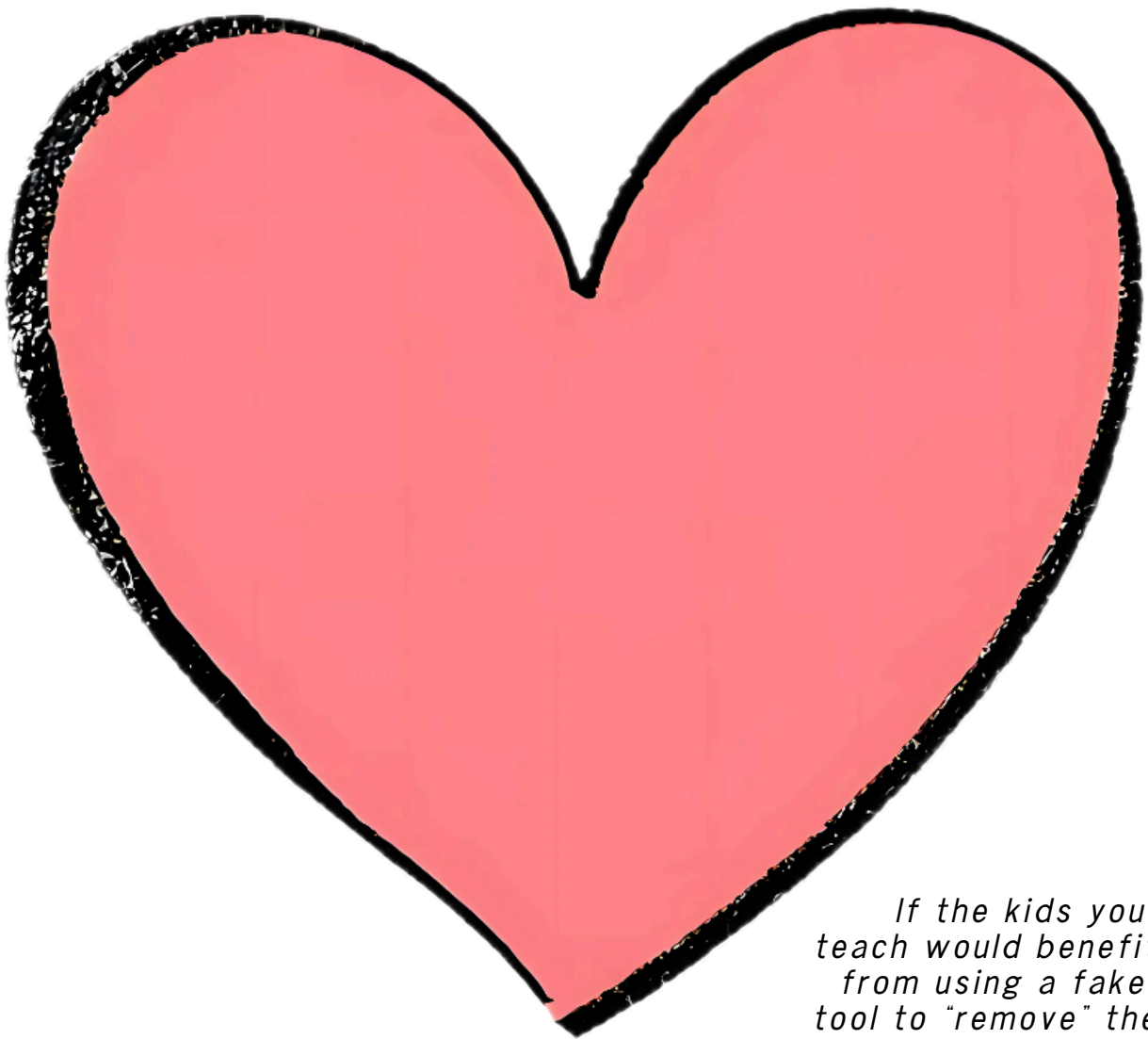
FOLLOWING OTHER  
PEOPLE OR THINGS  
INSTEAD OF GOD  
(DEUTERONOMY  
30:17)

Deuteronomy 6-8; 15; 18; 29-30; 34

# WEEK 20

## SPIRITUAL HEART CHECKUP

*If doing this with younger kids, it could be fun to have them wear medical masks, plastic gloves, a toy stethoscope, or any other doctor dress-ups you have while performing the "heart surgery."*



*If the kids you teach would benefit from using a fake tool to "remove" the unhealthy parts of the heart, cut this out and let them use it.*

Deuteronomy 6-8; 15; 18; 29-30; 34

# WEEK 20

## SCRIPTURES HELP US

How can the scriptures help us? Take turns holding the "The Scriptures Can Help Me" strip while sharing scripture verses or stories that are meaningful to us. Then show the Deuteronomy verses below and explain that these helped a very important person with something in their life. Give them a chance to guess who was helped by these verses. Explain that these verses helped Jesus! Read and discuss Matthew 4:1–10 using the chart on the following page. Circle phrases that show up in both the words of Jesus in Matthew 4 as well as in the Deuteronomy verses.



### THE SCRIPTURES CAN HELP ME!



### Deuteronomy 6:13, 16

13 Thou shalt fear the Lord thy God, and serve him,  
and shalt swear by his name.



16 Ye shall not tempt the Lord your God,  
as ye tempted him in Massah.

### Deuteronomy 8:3

3 And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every *word* that proceedeth out of the mouth of the Lord doth man live.

# WEEK 20

## SCRIPTURES HELP US



### Matthew 4:1-10

- 1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.**
- 2 And when he had fasted forty days and forty nights, he was afterward an hungred.**
- 3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.**
- 4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.**
- 5 Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple,**
- 6 And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.**
- 7 Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.**
- 8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;**
- 9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.**
- 10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.**



# WEEK 20

## COVENANTS

Fill in the charts with details from the corresponding scripture verses. Discuss what covenants are and why they are important.

Deuteronomy 30:8-10

Promises God and the Israelites made with each other:

Doctrine and Covenants 20:37, 77

Promises we make with God:

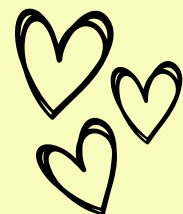


# WEEK 20

## COVENANTS

Read Deuteronomy 29:12–13 and discuss how our promises, or covenants, make us God's people. They connect us to Him. Let each person write their name or draw a picture of themselves on this chart. Testify of how much God loves us all and wants to bless us even more through having a covenantal relationship with us.

I AM PART OF GOD'S PEOPLE



# WEEK 21

## COURAGE NECKLACE

### Gold Necklace Piece:

After sharing stories of how Joshua and Rahab were “strong and of a good courage” (Joshua 1:6), discuss ways we can also “be strong and of a good courage.” Have each person string a gold “I Can Be Strong and of Good Courage” necklace piece onto yarn or ribbon to make a necklace. Punch holes in the top corners to string the yarn through.



### “Cleave to the Lord” Pieces:

Explain how Joshua told his people to “cleave to the Lord” (Joshua 23:8) and explained that the Lord will fight for them when they follow His teachings (Joshua 23). Let them add “Cleave to the Lord” pieces onto their necklaces while discussing ways we can cleave to the Lord (reading scriptures, praying, going to church, listening to prophets, etc.). You can either let them each choose one colored Jesus piece to glue onto the gold paper on their necklaces or let them add one piece for each thing they state they can do to cleave to the Lord. Remind them that when we cleave to the Lord (when we stick to Him and keep Him close to our minds and hearts), He can give us strength to do more than we could on our own.



### Role-Play:

Once the necklaces are complete, have them act out ways they could be strong and show courage in different situations.

Role-play responses to different scenarios, such as:

- Friends trying to get you to do something you know you shouldn't do.
- Being brave enough to help someone in need, even though you're shy or might not think you can help them.
- Standing up for something you know is true, even when others are denying it or making fun of it.

# WEEK 21

## COURAGE NECKLACE

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

“Cleave to the  
Lord” Pieces



Joshua 1-8; 23-24

# WEEK 21

## COURAGE NECKLACE

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

“Cleave to the  
Lord” Pieces



Joshua 1-8; 23-24

# WEEK 21

## COURAGE NECKLACE

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

I CAN BE  
STRONG AND OF  
GOOD COURAGE

Joshua 1:6

“Cleave to the  
Lord” Pieces



Joshua 1-8; 23-24

# WEEK 21

## SCRIPTURE VOCABULARY

Joshua 1:8 has some great phrases that can give us tips for how to make our scripture study effective. It also explains blessings we receive from doing so. Use the vocabulary cards below in the way you feel would best benefit the kids you teach. You could read the purple scripture card, have them figure out which phrase goes in each blank, take turns holding one vocabulary word while making up an action that could represent that word, draw pictures that could represent each word, or any other creative idea you have!

*Joshua 1:8*

THIS BOOK OF THE LAW  
SHALL NOT DEPART OUT  
OF THY MOUTH; BUT  
THOU SHALT

\_\_\_\_\_

THEREIN DAY AND NIGHT,  
THAT THOU MAYEST

\_\_\_\_\_

ACCORDING TO ALL THAT  
IS WRITTEN THEREIN:  
FOR THEN THOU SHALT  
MAKE THY WAY

\_\_\_\_\_

AND THEN THOU  
SHALT HAVE

\_\_\_\_\_

MEDITATE

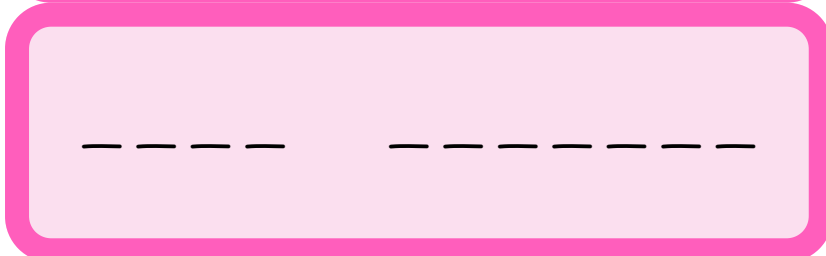
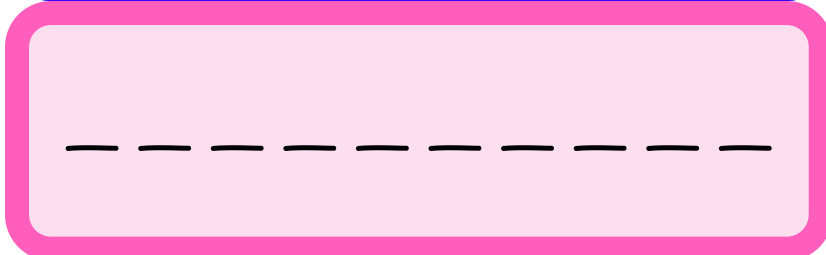
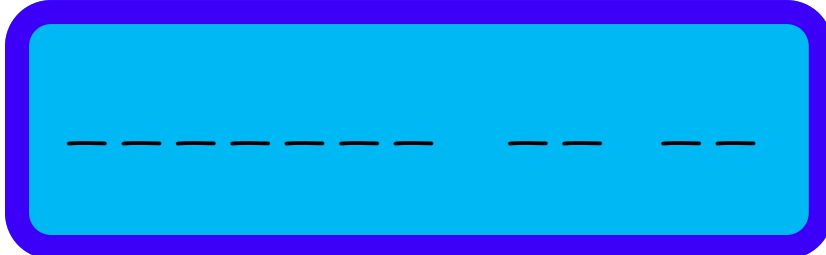
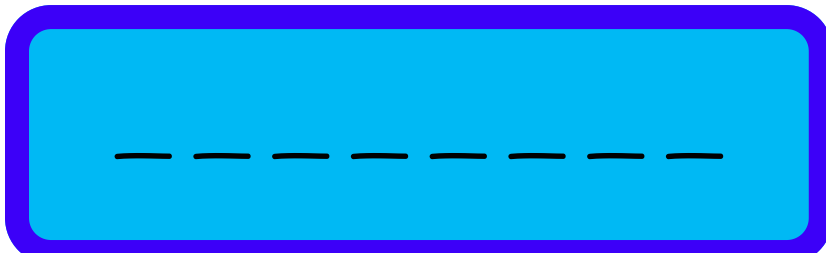
OBSERVE TO DO

PROSPEROUS

GOOD SUCCESS

*If doing this with older kids, the back side can be used to help them guess the word before you show it to them. Let them take turns guessing a letter that might be in each word. If that letter is in the word, you will write it in the correct space. Let them continue guessing letters until they've figured out the word. Once the blanks are filled in, discuss what that word means in as much depth as needed.*

*Explain that the blue cards are words that describe ways we can effectively study our scriptures, and the pink cards have words that describe the blessings we receive from studying and applying the scriptures in our lives.*





# WEEK 21

## SCRIPTURE STUDY PLAN

Read Joshua 1:8 and discuss blessings we receive from studying the scriptures. Write or draw plans for specific things we can do to make our scripture study more meaningful. If doing this with your own family, you can have each person sign their name on the bottom blue section to show their willingness to do these things.



### SCRIPTURE STUDY PLAN





# WEEK 21

## JOSHUA 24:15 SCRIPTURE HOP

Cut apart the scripture strips on the following page and spread them out far enough in a room so that the kids will need to hop from one strip to another. Make sure to keep them in the correct order.

Have them stand by the first one and help them say the top line out loud. Explain what it means. Then have them jump to the next one and do the same thing until they've jumped on each of them, said them out loud, and discussed them one at a time.

Then have them start back at the beginning and practice saying the phrases from the verse in order, while hopping from strip to strip again. Try going a little faster each time. Repeat as many times as wanted.

These can also be used as flash cards for memorizing the verse or taped onto the wall to practice throughout the week.

Note: The full verse is longer than what is included in the scripture hop. If you have older kids who want to memorize more than the lines included in the scripture hop, the full verse is:

*And if it seem evil unto you to serve the Lord, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: but as for me and my house, we will serve the Lord.*

*Joshua 24:15*

Joshua 1-8; 23-24

# WEEK 21

JOSHUA 24:15



CHOOSE YOU THIS DAY



WHOM YE WILL SERVE;



BUT AS FOR ME



AND MY HOUSE;



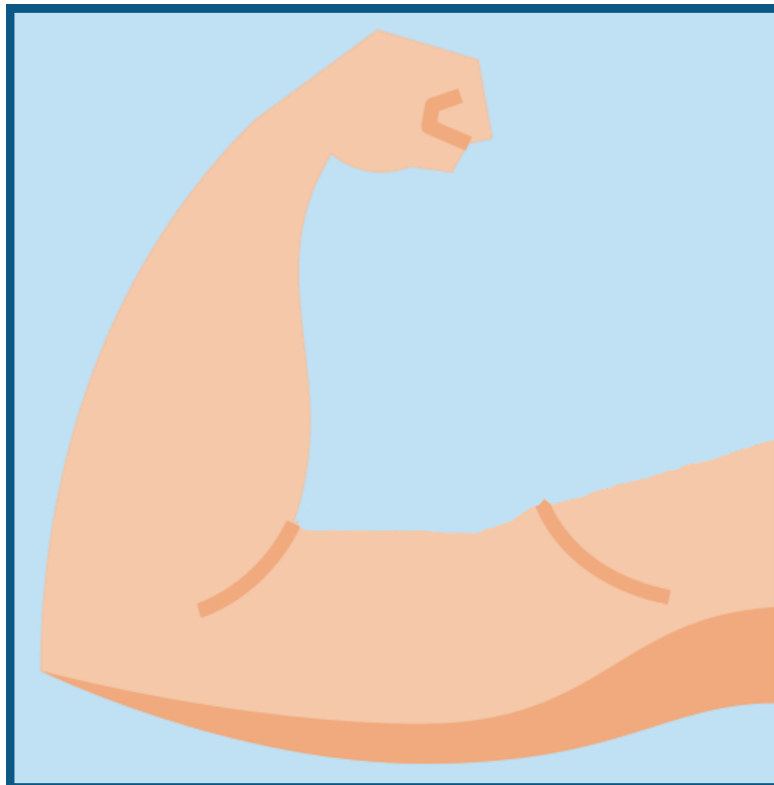
WE WILL SERVE THE LORD.

# WEEK 22

## STRONG SPIRITS

Keeping our covenants helps make our spirits strong, just like Samson's covenants made him physically strong. To do this activity, you can have balloons ready to tape onto people's arms to represent muscles, place the balloon "muscles" inside of the sleeves of a loose shirt, or cut out the arm below and let people draw additional "muscle bumps" onto it.

Cut out the cards on the following page and place them in a bowl. Take turns pulling one out of the bowl. As each is answered in a way that shows you are keeping your covenants, you can add an extra balloon muscle or muscle bump to the picture to represent the extra strength the Lord gives us for making good choices. • Remind them that the strength the Lord gives us for keeping our covenants is to be used in defeating Satan.



Judges 2-4; 6-8; 13-16

# WEEK 22

## STRONG SPIRITS

Name three things you're willing to do this week that will help you remember the Lord.

Share a story of a time when you helped someone who was sad or hurt.

Share a favorite story about Jesus. How does learning about Him help our spirits be stronger?

Share your testimony of Jesus. How do we strengthen ourselves and others when we talk about Him?

You earned \$5 from doing chores. Will you choose to pay tithing on that money?

How can you help make family scripture study a good experience?

In what ways can being honest help make our spirits stronger?

You made a mistake and feel bad about it. How can repentance help make your spirit stronger?

How can your spirit grow stronger from visiting a lonely neighbor?

How can your spirit grow stronger from following the Word of Wisdom?

What are some things the prophet has asked us to do that will help our spirits be strong?

How can the Lord help our spirits grow strong when we're at church?

# WEEK 22

## SAMSON, DEBORAH, GIDEON

Assemble these figures and use them to retell the stories of Samson, Deborah the Prophetess, and Gideon. Save these figures for the activity on the next page as well.

*To help keep interest, you could place all three assembled figures in a bag. Tell them we're going to learn about three different people. Let kids take turns choosing one out of the bag without looking. As each is picked, summarize the verses about that person and discuss in as much depth as needed.*



Judges  
13-16

Judges 4

Judges  
7:1-21

GLUE THIS TAB BEHIND THE TOP FLAP.

GLUE THIS TAB BEHIND THE TOP FLAP.

GLUE THIS TAB BEHIND THE TOP FLAP.

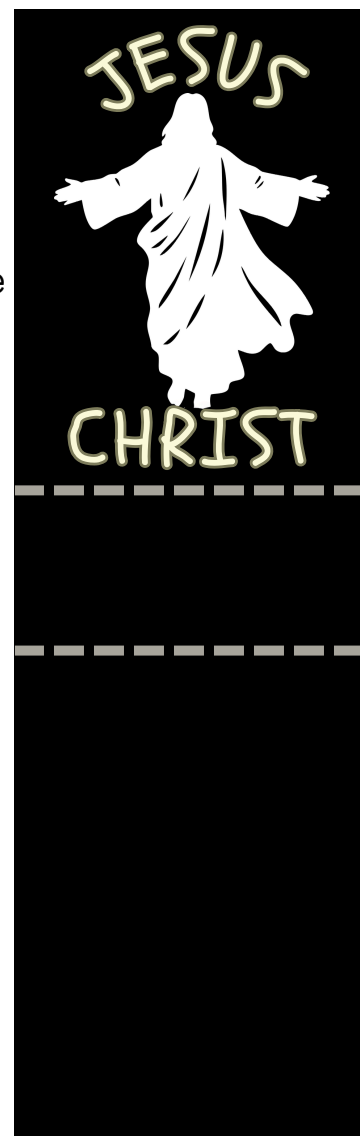
Judges 2-4; 6-8; 13-16

# WEEK 22

## JESUS IS OUR DELIVERER

Part 1: Set up the Samson, Deborah, and Gideon pictures from the previous page. Where did they get their strength from? Jesus! Set the Jesus Christ figure close to the first three figures. Place blank arrows from the following page by each of the figures. Turn them so they are pointing to Jesus Christ. Remind them of the importance of looking toward Jesus Christ and having faith in Him. Review and summarize specific ways each of these people were blessed when they looked to Him and followed Him. You could also flip the arrows around so they are pointing from Jesus to the figures and remind them that Jesus was also watching over them and wanted to help and bless them, just like He watches over us and wants to help and bless us. Remind them that when we keep our covenants, that connection is strengthened. Samson's power was weakened when he chose to focus more on the world than on his covenants.

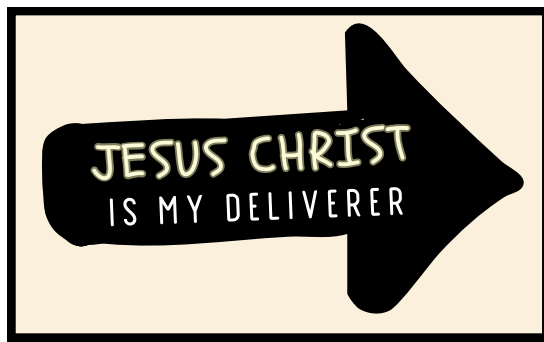
Part 2: Have everyone stand by a wall. Explain that their goal is to be freed, or "delivered," from that area. Who is our Deliverer? Jesus! Play music for "Redeemer of Israel" (*Hymns*, 6). While the music is playing, each person will take a turn throwing the "Jesus Christ is My Deliverer" arrow toward the three people figures and the Jesus figure. If they can get the arrow to land pointing to Jesus, they are freed from the wall! Once everyone is free, testify of ways Jesus Christ delivers us.



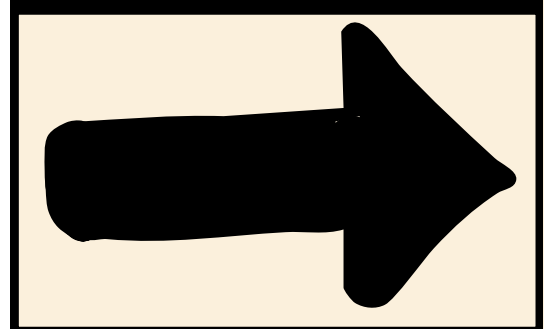
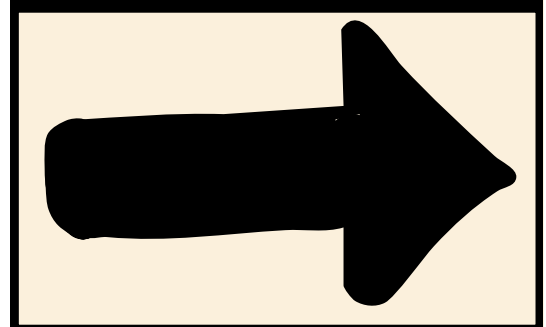
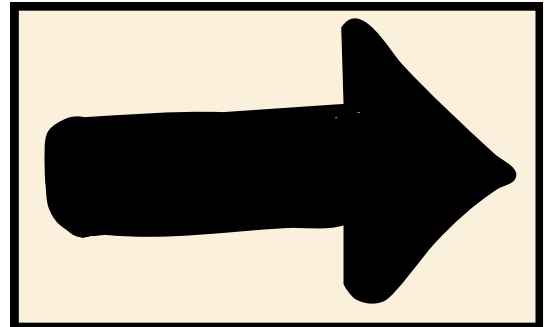
GLUE THIS TAB BEHIND  
THE TOP FLAP.

# WEEK 22

## JESUS IS OUR DELIVERER



*Accordion-fold the strip so that the arrows show on the top and bottom and the blank sides are on the inside. If you'd like to give it extra weight to make it easier to throw, tape coins on the inside part. Then wrap extra tape around the outside to keep it closed.*



Judges 2-4; 6-8; 13-16

# WEEK 22

## DEBORAH QUESTIONS

Work together to write answers to the questions on the picture while learning about Deborah. Questions were taken from the *Come, Follow Me* manual. For younger kids, just show the picture on the back while discussing the questions.



How did Deborah's faith in the Lord bless the people around her?

What can we do to help others have more faith in Jesus Christ?

# Deborah

What do you admire about Deborah?

Judges 2-4; 6-8; 13-16




*Deborah*

# WEEK 23

## PAPER BAG QUESTIONS

Glue the pictures of Hannah and Ruth/Naomi onto paper bags. Place the question strips inside of the bags. Put the Hannah questions inside of the Hannah bag and the Naomi/Ruth questions inside of the Naomi/Ruth paper bag. Watch the videos linked in the *Come, Follow Me* manual about whichever person you are learning about first. Spend as much time as needed discussing and summarizing the story. Then take turns pulling question strips out of the paper bag for that person. Repeat for the second person. *Artwork created by Crystal Wallace.*

Glue this picture onto the outside of a paper bag. 

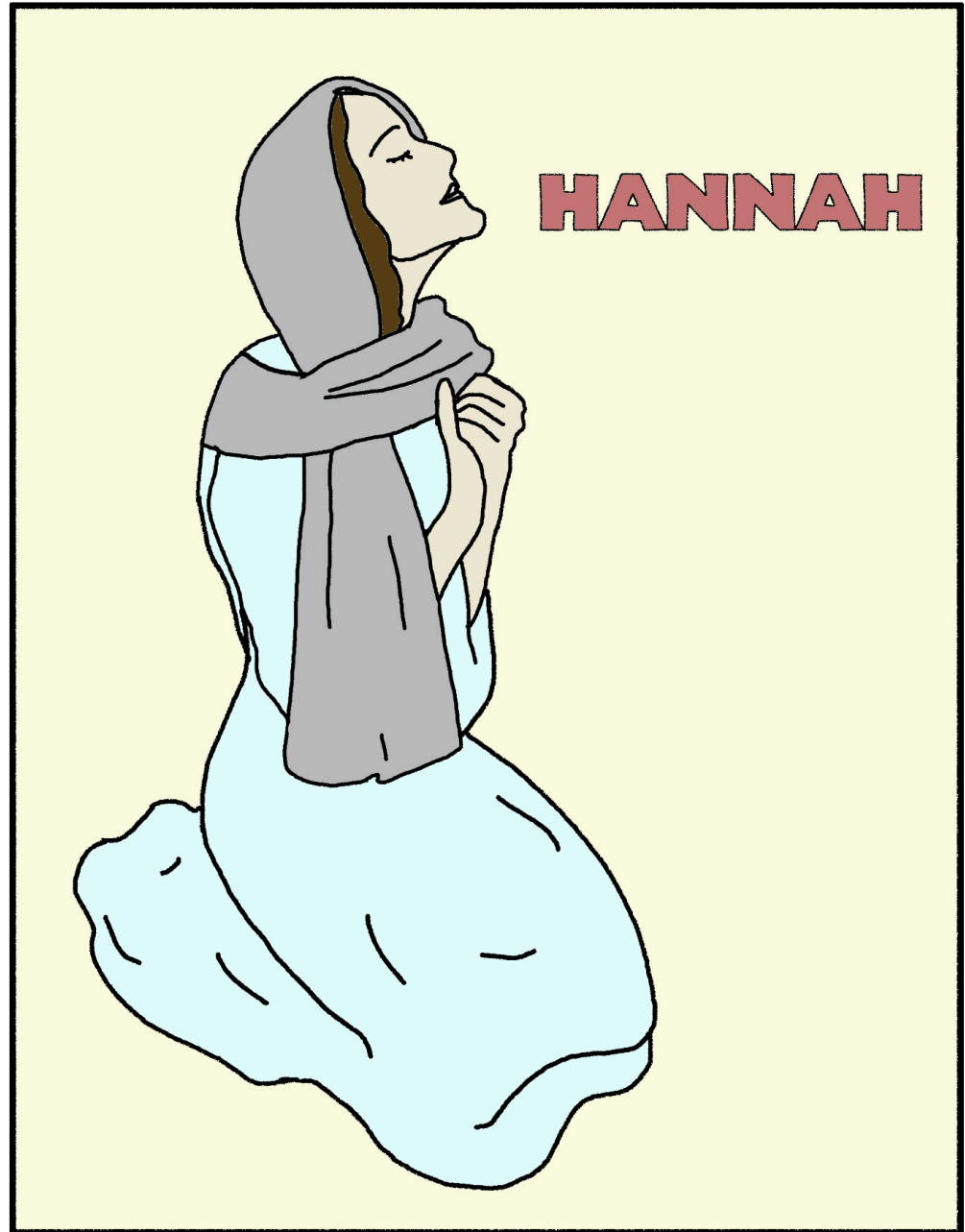


Ruth; 1 Samuel 1-7

# WEEK 23

## PAPER BAG QUESTIONS

Glue this picture onto the outside of a paper bag. ↻



Ruth; 1 Samuel 1-7

# WEEK 23

## PAPER BAG QUESTIONS

Read 1 Samuel 1:10. Why was Hannah sad? What did she do when she was sad? How can prayer help us when we are sad?

What are some things that would be good to talk about when you pray? Everyone take turns listing one thing you could say in your prayers. See how many rounds you can go without repeating something someone else said.



Sing "A Child's Prayer."  
Discuss how we can feel Heavenly Father's presence when we pray.

Read Hannah's words of praise in 1 Samuel 2:1-10. How did she feel when the Lord answered her prayers and blessed her with a child? Listen to the music for "There is Sunshine in My Soul Today" (*Hymns*, 227). While listening, draw a picture of a sun on a blank piece of paper. Inside the sun, draw pictures of things the Lord has given you that help you feel happy! See how many you can draw before the song is done. Remember to give thanks for these things when you pray!



Hannah Questions:  
Place these questions inside the Hannah paper bag.

# WEEK 23

## PAPER BAG QUESTIONS

*Ruth/Naomi Questions:  
Place these questions inside the Ruth and Naomi paper bag.*

Name a time someone did something kind for you.  
How did it make you feel?

Name a time you did something kind for someone else.  
How did it make you feel?



Sing "Kindness Begins With Me."  
Choose one kind thing you will do for a family member or friend this week.

Everyone take turns listing one thing you could say or do to show others you are a good friend to them. See how many rounds you can go without repeating what someone else said.

What kind things has the Savior done for us?

Share what you remember about the stories of Ruth and Naomi.

# WEEK 23

## ELI AND SAMUEL

Cut out the nametags. Tape them onto two different kids. Let them pretend to be Eli and Samuel and act out what each did as you read 1 Samuel 3:1–10 out loud (idea from the *Come, Follow Me* manual). Summarize the story and discuss how it can apply to us. On the blue chart, let everyone write or draw ways the Lord speaks to us in our lives.

*Hello, I am...*

**ELI**

*Hello, I am...*

**SAMUEL**

**HOW DOES THE LORD SPEAK TO ME?**

# WEEK 24

## I WANT JESUS AS KING

1 Samuel 8 tells the story of when the Israelites wanted to be ruled by a king. Samuel warned them of the dangers of this. We should desire Jesus to be our king, not others on Earth. Give each person a "voting ballot" from the following page. Let each person write or draw one reason they would want Jesus to be their King. Give them a chance to explain their answers while pretending to place their papers into the "ballot box" below.

*To make the ballot box interactive, you can cut out the black slot on the top. Kids can slip their papers through this slot as they pretend to vote. You could also glue the box picture onto a paper bag or small shoebox.*



1 Samuel 8-10; 13; 15-16

# WEEK 24

## I WANT JESUS AS KING

*Kids can place these "voting ballots" into the box from the previous page while pretending to vote for Jesus.*

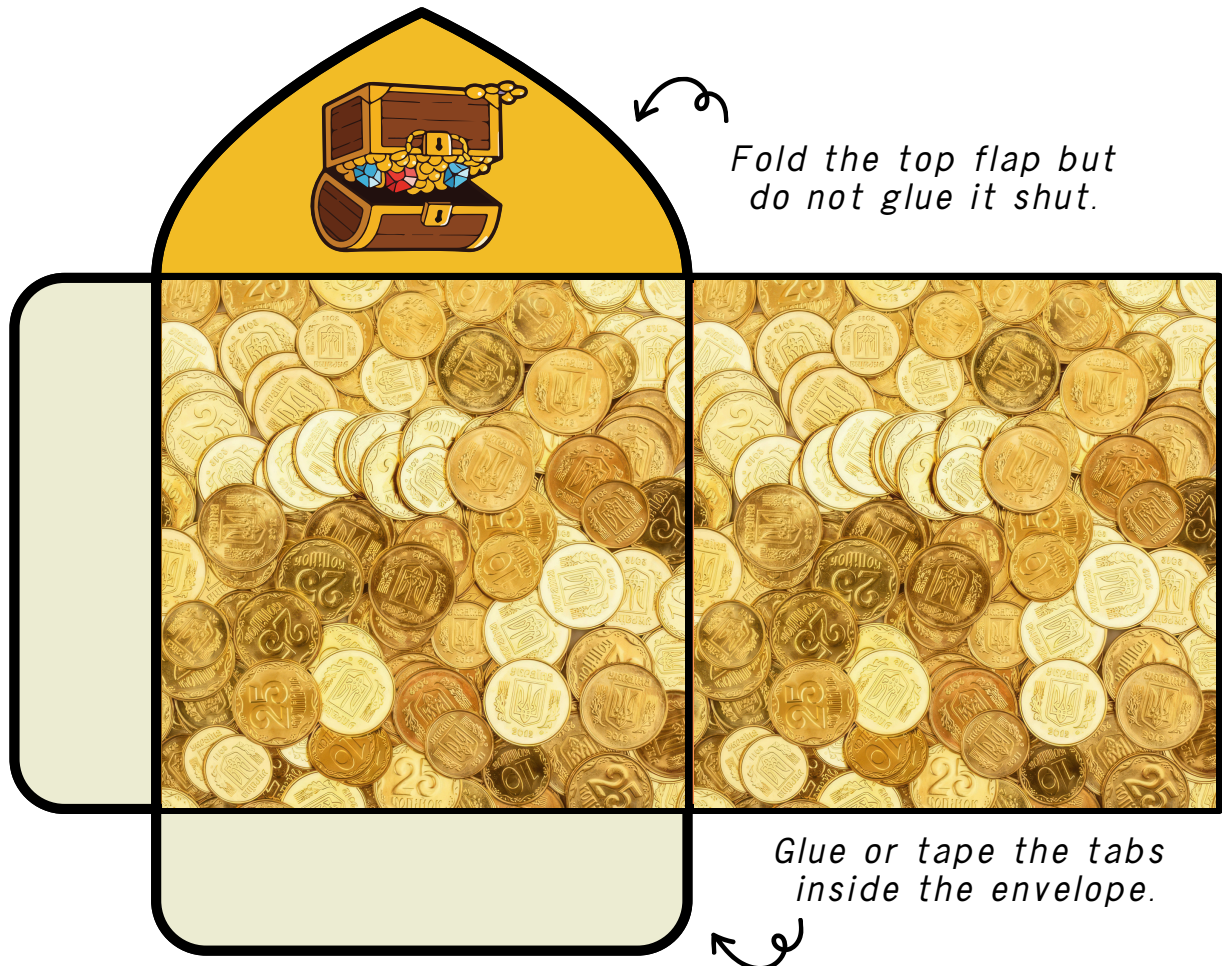


<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 
<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 
<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 	<p><input checked="" type="checkbox"/> I want Jesus to be my King because...</p> 

# WEEK 24

## OUTWARD APPEARANCES

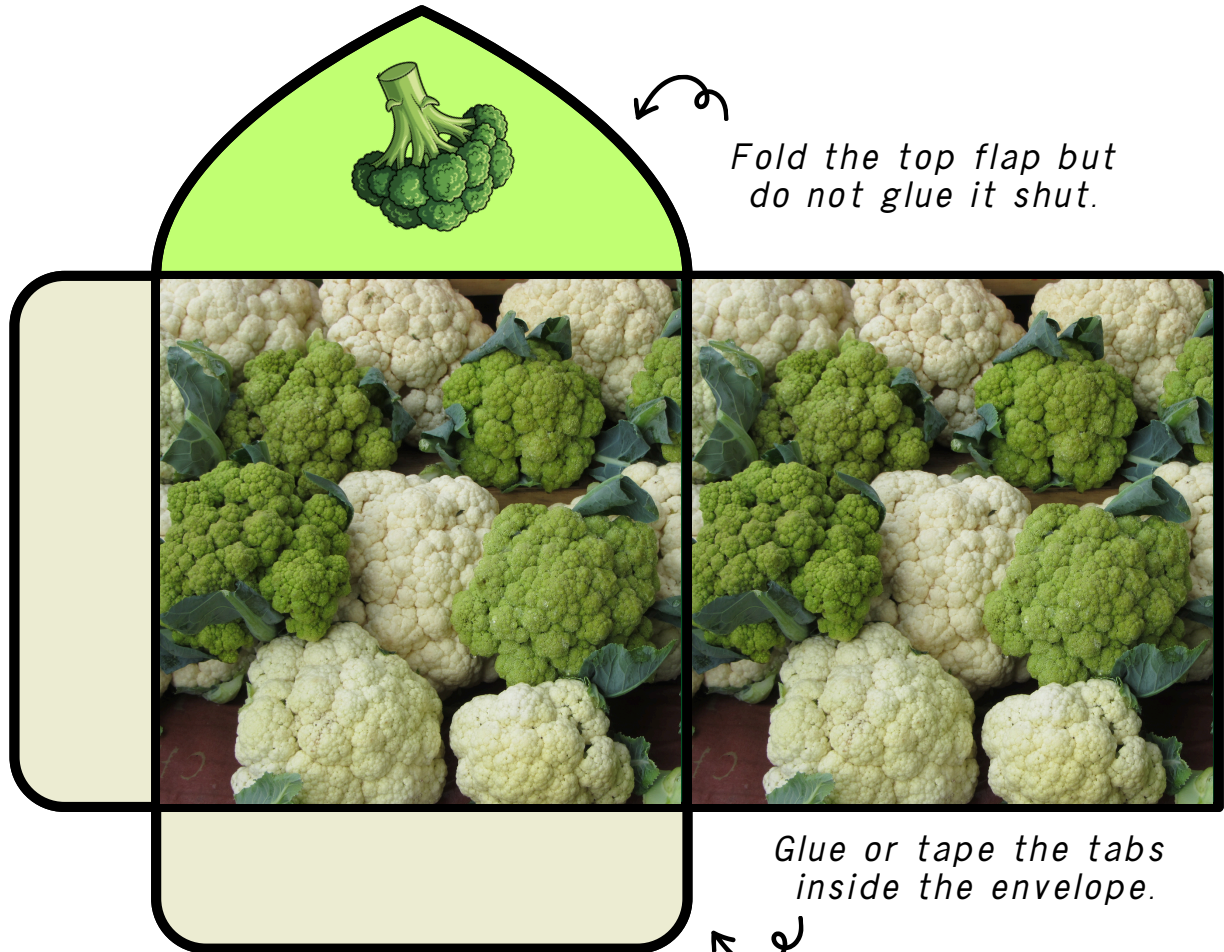
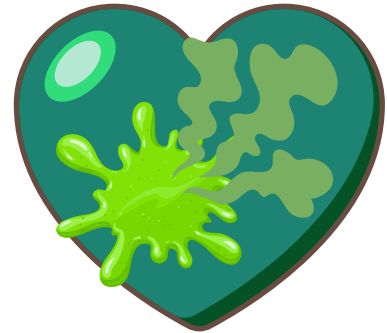
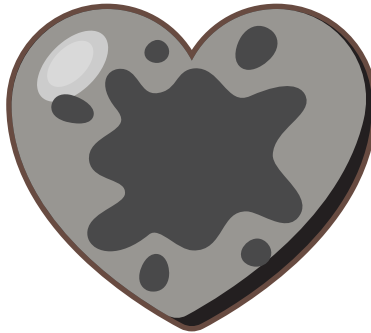
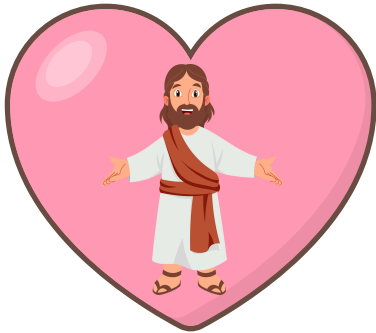
Cut out the three hearts on the following page and assemble the three envelopes. Have one person leave the room while you randomly put each of the hearts into separate envelopes. When the person comes back in, give them one chance to guess which envelope has the Jesus heart in it. Repeat with each person, and make sure the Jesus heart is in a different envelope each time. Read 1 Samuel 16:7. Discuss what it means for the Lord to look at our hearts rather than our outward appearance. Remind them that we should not judge others based on what they look like either.



1 Samuel 8-10; 13; 15-16

# WEEK 24

## OUTWARD APPEARANCES



*Fold the top flap but  
do not glue it shut.*

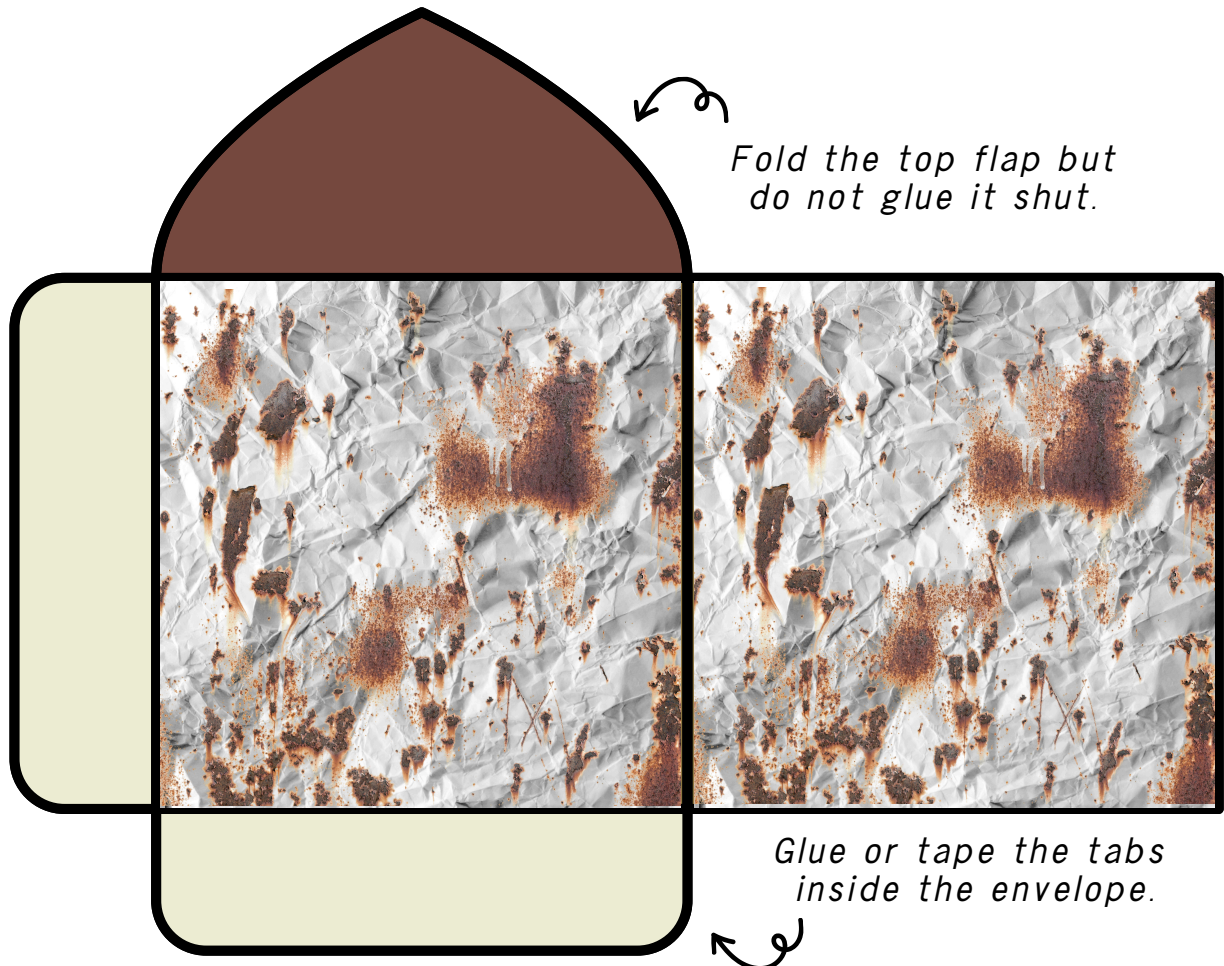
*Glue or tape the tabs  
inside the envelope.*

# WEEK 24

## OUTWARD APPEARANCES

*1 Samuel 16:7*

BUT THE LORD SAID UNTO SAMUEL, LOOK NOT ON HIS COUNTENANCE, OR ON THE HEIGHT OF HIS STATURE; BECAUSE I HAVE REFUSED HIM: FOR THE LORD SEETH NOT AS MAN SEETH; FOR MAN LOOKETH ON THE OUTWARD APPEARANCE, BUT THE LORD LOOKETH ON THE HEART.



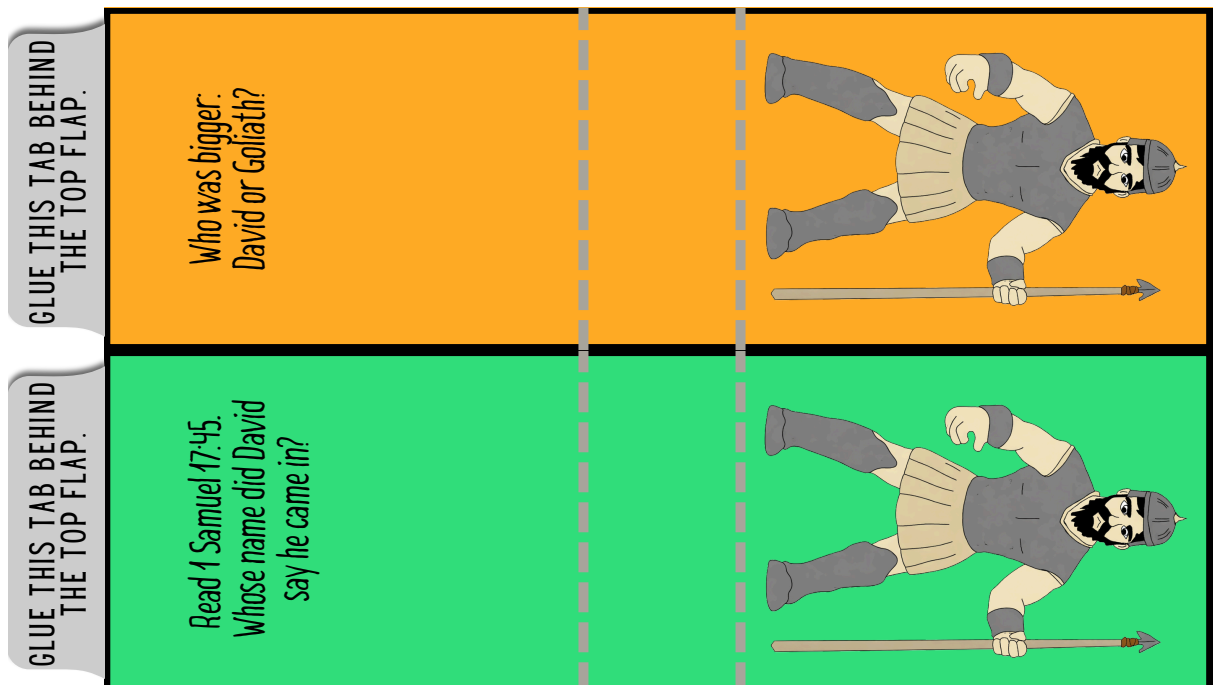
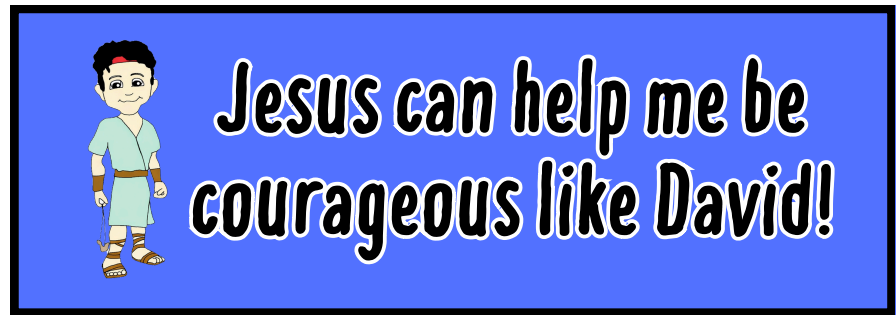
1 Samuel 8-10; 13; 15-16

# WEEK 25

## GOLIATH GAME

Fold and assemble the Goliath pieces on the following pages so they are standing up. Place them in any arrangement you want. Take turns trying to knock them over by using a mini marshmallow or pom-pom to represent the stone. If someone knocks one of the Goliaths over, they will answer the question on the back of him. Art by Crystal Wallace from [theredcrystal.org](http://theredcrystal.org)

Punch holes in the top corners and put on yarn or string to create a necklace. Kids can take turns wearing it while throwing "stones" at Goliath.



# WEEK 25

## GOLIATH GAME

GLUE THIS TAB BEHIND  
THE TOP FLAP.

Who had more  
armor and weapons:  
David or Goliath?  
Check by reading  
1 Samuel 17:47 and  
1 Samuel 17:38-40, 45-47.

GLUE THIS TAB BEHIND  
THE TOP FLAP.

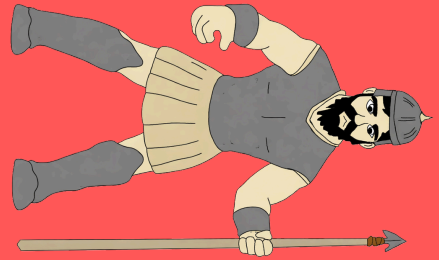
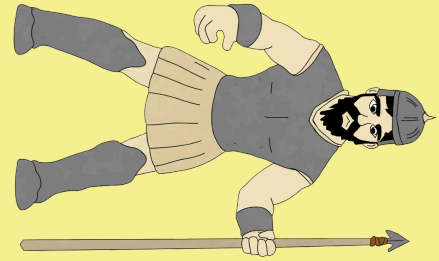
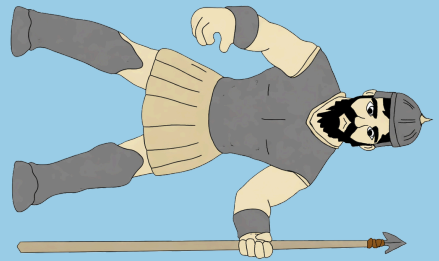
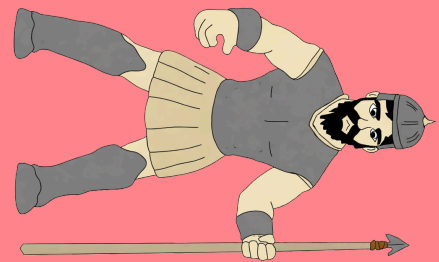
1 Samuel 17:47 teaches,  
“The Lord saveth not  
with sword and spear.”  
What are some ways  
that the Lord saves us?

GLUE THIS TAB BEHIND  
THE TOP FLAP.

True or False:  
The Lord can help me  
with my challenges.

GLUE THIS TAB BEHIND  
THE TOP FLAP.

Who is more powerful:  
God or Satan?

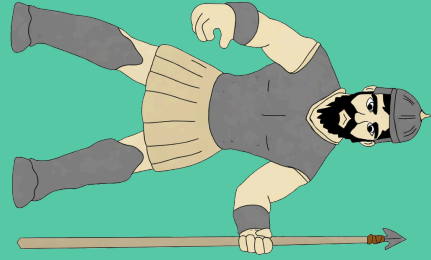


# WEEK 25

## GOLIATH GAME

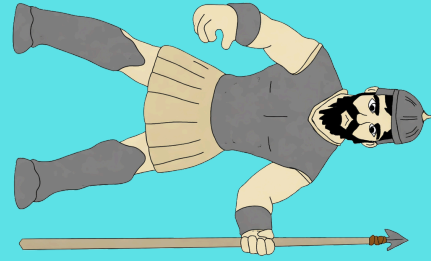
GLUE THIS TAB BEHIND  
THE TOP FLAP.

Name one thing you will  
do this week to show  
that you have  
faith in God.



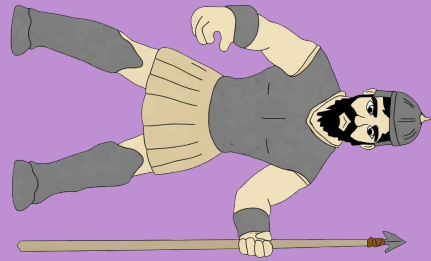
GLUE THIS TAB BEHIND  
THE TOP FLAP.

What are some ways you  
can show that you rely  
on God for strength?



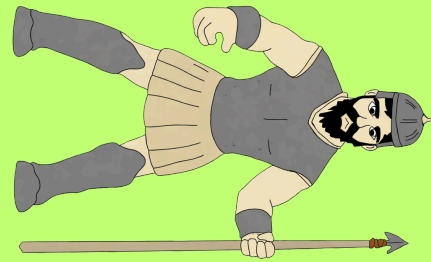
GLUE THIS TAB BEHIND  
THE TOP FLAP.

Tell the story of David and  
Goliath in your own words.



GLUE THIS TAB BEHIND  
THE TOP FLAP.

Name one lesson you  
learn from the story of  
David and Goliath.



# WEEK 25

## WINNING SPIRITUAL BATTLES

In her talk, “Faithful to the End” (*Liahona*, May 2024, 59–61), Sister Andrea M. Spannaus compared our spiritual battles to the story of David and Goliath. She explained that just like David’s five stones he took to battle with him helped him defeat Goliath, we also have things that will help us bring down the Goliaths in our lives and win our spiritual battle against Satan. These things are written on the stones on the following page. Use them in the way that you feel will best help the kids you teach.

### Ideas:

- Draw a big Goliath picture on butcher paper. Around the picture of Goliath, let everyone write or draw ways Satan tries to destroy us. Take turns throwing a stone at Goliath after explaining how the thing written on that stone could help us win our spiritual battles. Taping the stones onto small bean bags could make it easier to throw them.
- Tape each paper stone onto a real stone. Hide them around the room. Take turns finding a stone. As each is found, discuss what it means and how it could give us spiritual power.
- For older kids, assign each kid different stones. Have them summarize what the thing on their stone means and how it can help us defeat Satan. You could print up those sections of Sister Spannaus’s talk to help them study what it means.
- Any other creative idea you have!



**BY [CHRIST’S] HAND, YOU  
WILL BE ABLE TO BRING  
DOWN EVERY GOLIATH THAT  
APPEARS IN YOUR LIFE.**

(Andrea M. Spannaus, “Faithful to the End,” *Liahona*, May 2024, 59–61)

# WEEK 25

## WINNING SPIRITUAL BATTLES

**MY FAITH IN  
OUR SAVIOR,  
JESUS CHRIST**

**MY LOVE  
FOR GOD**

**THE  
KNOWLEDGE  
OF MY TRUE  
IDENTITY**

**MY DAILY  
REPENTANCE**

**MY ACCESS TO  
GOD'S POWER**

**MY  
TESTIMONY**



*↻ Bonus Rock*

# WEEK 25

## PASS THE SCEPTER

Decorate a stick with lace, ribbon, sequins, or whatever materials you have available. Attach the paper scepter pieces onto the top and bottom of the stick. Explain that David became the king of Israel, but he recognized that he needed help from the Lord and often asked Him for guidance.

Who is our Eternal King? Read Luke 1:32-33 and Revelation 19:16. Explain that Jesus Christ was a descendant of David and is our Eternal King. What makes Him someone we should honor more than worldly kings?

Have everyone sit in a circle while playing music about Jesus, such as "Rejoice, the Lord is King!" Pass the scepter around and stop the music at random times. Whoever is holding the scepter when the music stops will share one way they will show Jesus that they honor Him as their Eternal King.

Testify that Jesus Christ is a righteous King who has done many things to show us how much He loves us, including giving up His life for us.



Attach  
to a  
stick.



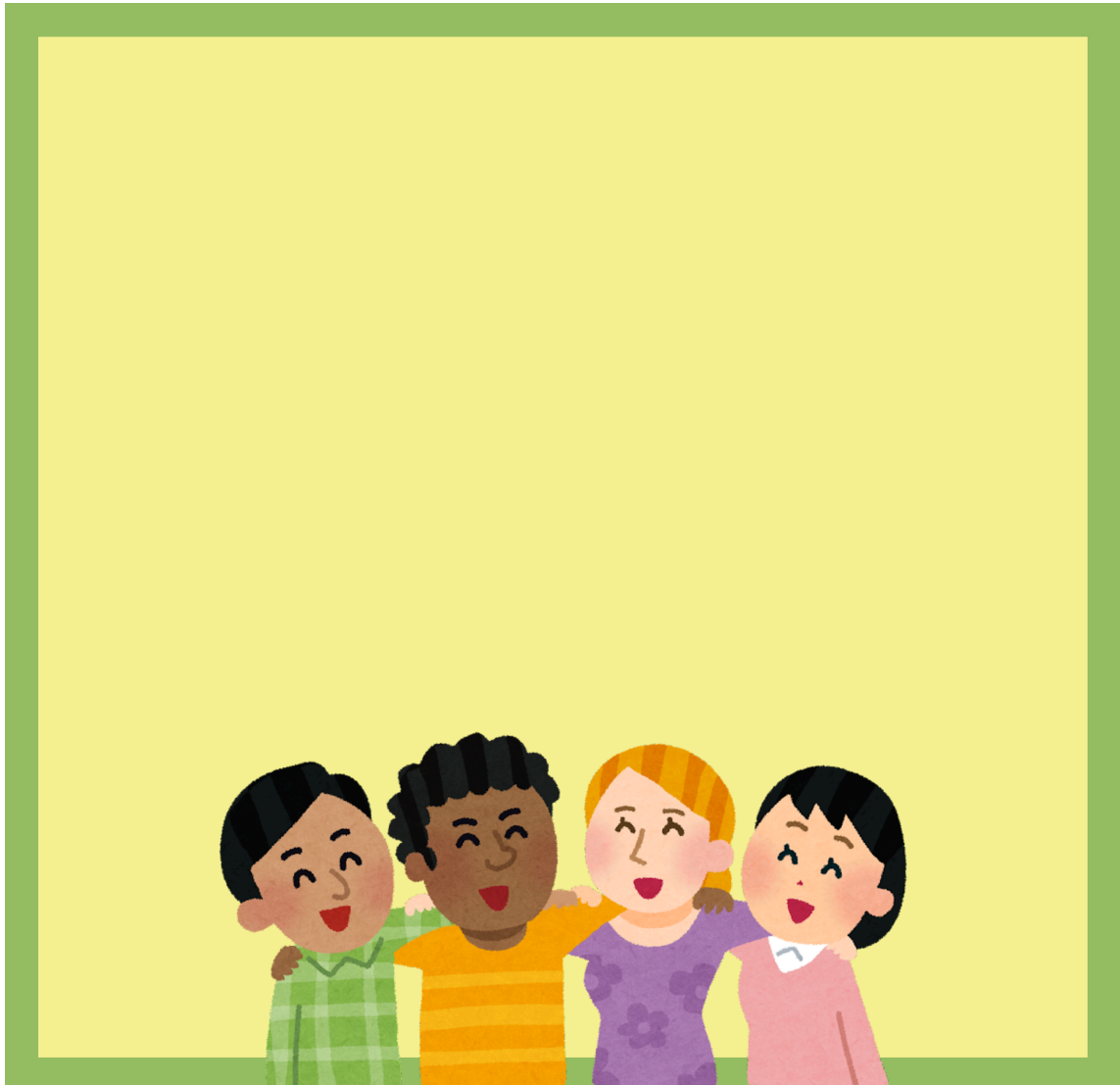
Art by Crystal Wallace from [theredcrystal.org](http://theredcrystal.org)

1 Samuel 17-18; 24-26; 2 Samuel 5-7

# WEEK 25

## GOOD FRIENDS

Jonathan and David showed kindness toward each other (1 Samuel 18:1–4). Why is it important to have good friends? In what ways can we be good friends to others? On the chart below, work together to write down qualities we look for in friends and ways we will try to be better friends to others.



1 Samuel 17-18; 24-26; 2 Samuel 5-7

# WEEK 26

## DISCERNING GOOD AND BAD

1 Kings 3:9 mentions the idea of discerning between good and bad. Give each person a double-sided smile/frown sign. Name things we might participate in and have them hold their sign on the appropriate side to show you if that is something good or bad. Explain that the Spirit gives us these feelings to help us know what is good or not, and it's important to listen to those feelings, especially as we get older and come into even more complicated situations that might be confusing to figure out.

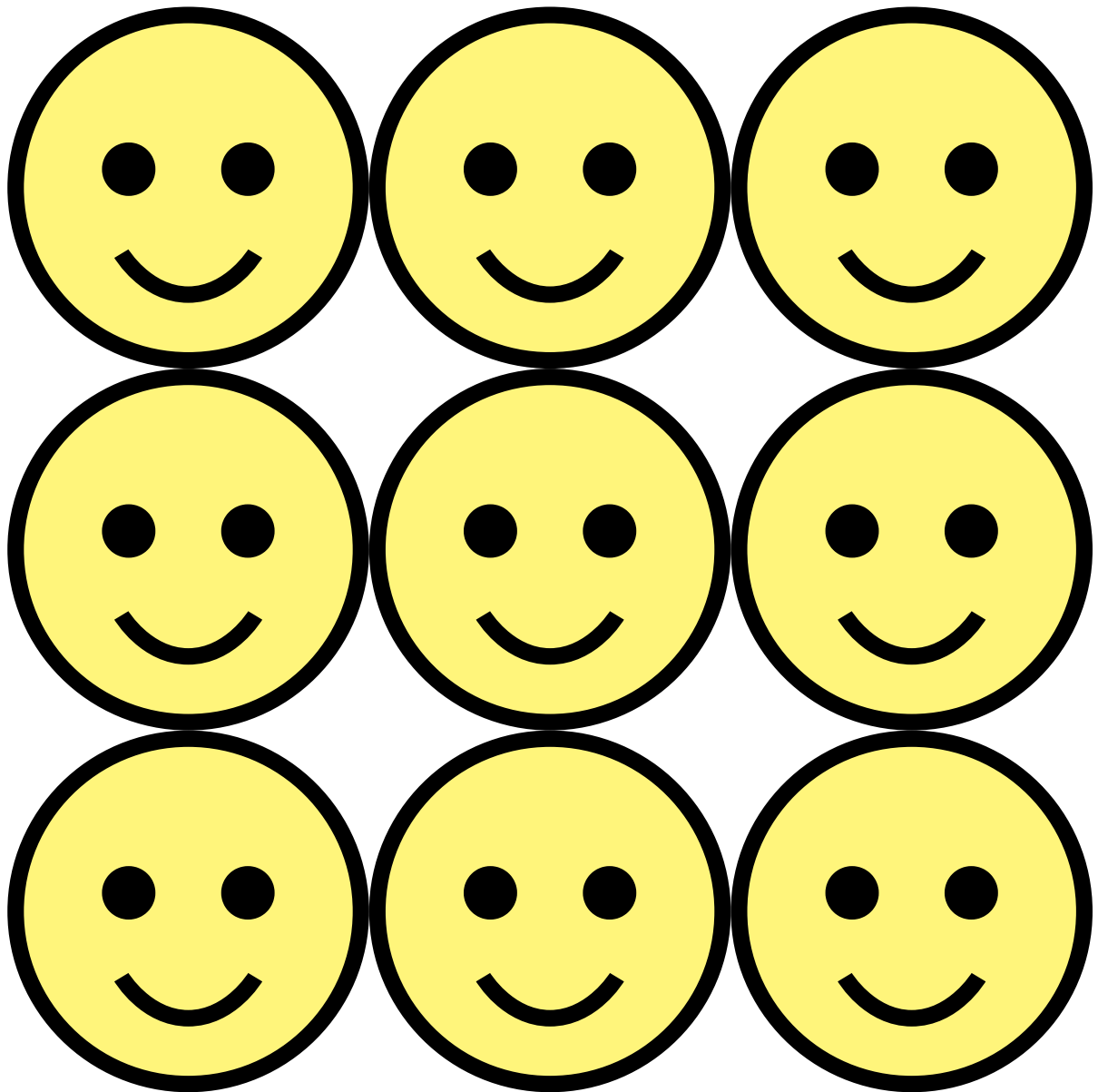
### Possible Things to Discern:

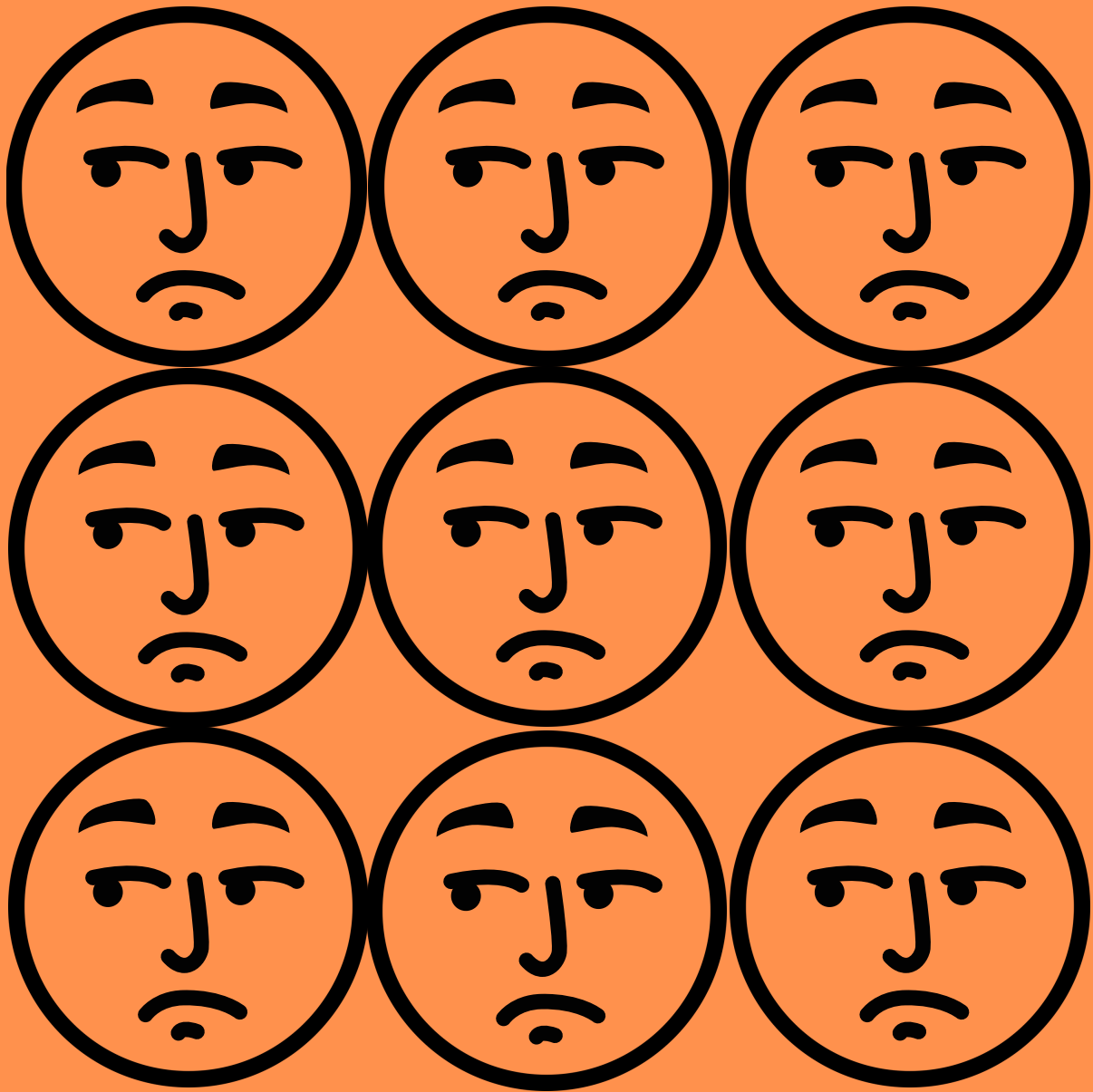
- Going to the temple/Preparing to go to the temple
- Reading the scriptures
- Being reverent in church
- Looking at inappropriate pictures or videos
- Telling a trusted adult if you have seen something inappropriate
- Saying meaningful prayers
- Disobeying safety rules your parents have set
- Being disruptive during family scripture study
- Listening reverently during family scripture study
- Loving others
- Helping others
- Taking something from somebody else
- Telling a lie
- Telling the truth
- Sharing with somebody else
- Making fun of somebody else
- Saying kind things to somebody else
- Learning about Heavenly Father and Jesus

Extension: Hold up the frowning side of the face. In as much depth as is appropriate for the kids you are teaching, summarize mistakes David made as explained in 2 Samuel 11. For each mistake he made, name an opposite good choice he could have made. Flip the face over to the smiling side while sharing good choices he could have made.

# WEEK 26

## DISCERNING GOOD AND BAD







# WEEK 26

## BOARD GAME

Cut out the squares below to use as game pieces. Each person will take turns rolling a die and moving that number of spaces on the game board (on the following page). Depending on the color they land on, they will answer the corresponding question from the chart below. Keep taking turns until everyone reaches the Jesus picture at the end.

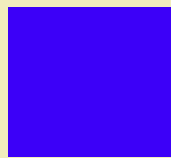
*\*If you are doing this with a younger primary class or don't feel prompted to discuss pornography with this game board, there is an alternate question option on the back side of the chart.*



	<b>Name one thing you will do to stay close to Jesus Christ this week.</b>
	<b>Role-play or explain a plan you can have for what to do when you come across pornography.</b>
	<b>Say the phrase, "Jesus loves me!"</b>



**Name one thing you will do to stay close to Jesus Christ this week.**



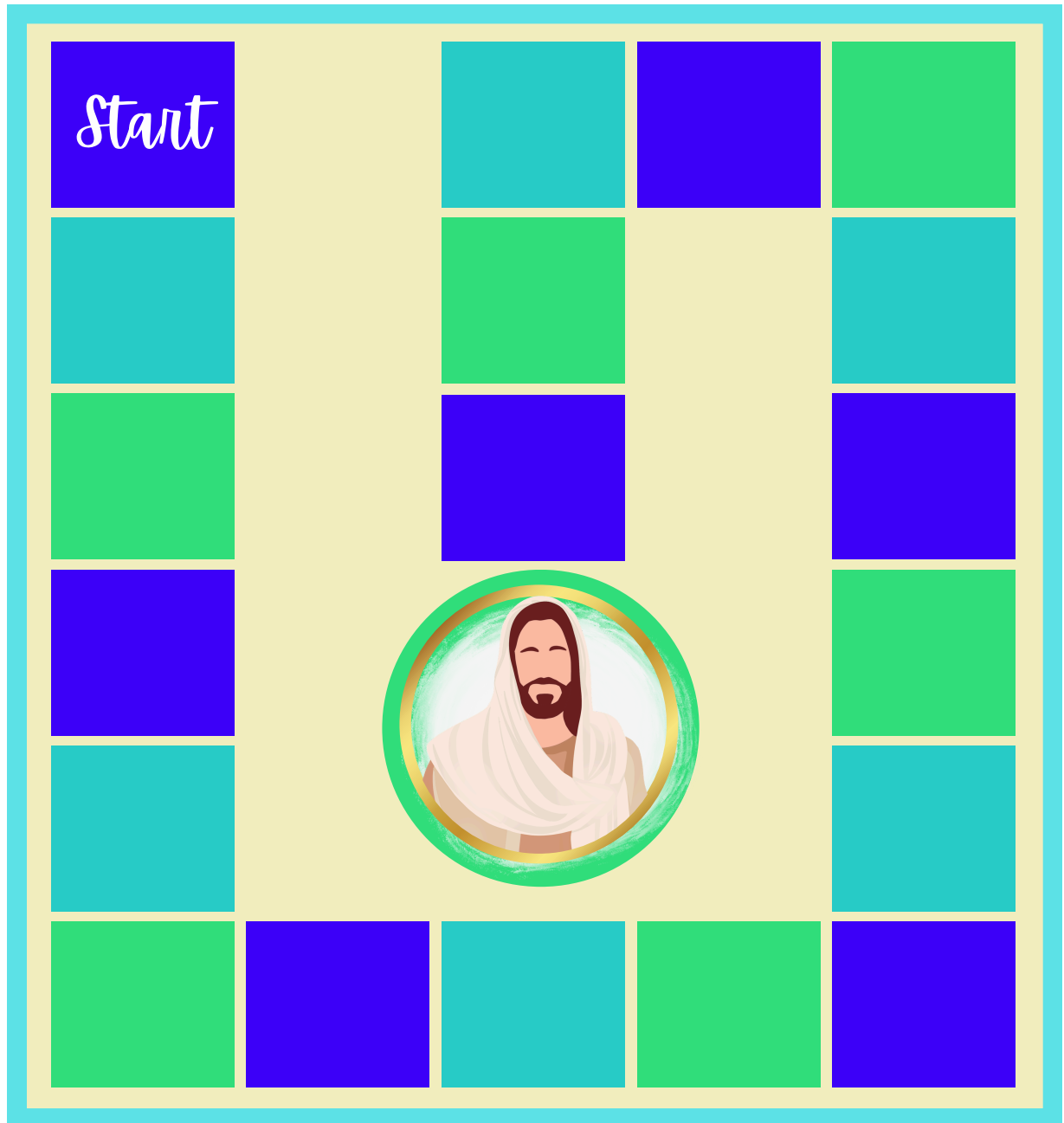
**Role-play or explain something you can do when you are tempted to make a wrong choice.**



**Say the phrase, "Jesus loves me!"**

# WEEK 26

## BOARD GAME



2 Samuel 11-12; 1 Kings 3; 6-9; 11

# WEEK 26

## TEMPLE COVENANTS

Read and discuss 1 Kings 6:11–13 and 1 Kings 8:57–58. Discuss how making and honoring covenants in the temple helps make it possible for the Lord to be with us.

Use the temple picture on the following page in the way you feel best meets the needs of the kids you teach. You could:

- Discuss covenants that are made in temples (suggested in *Come, Follow Me* manual). These are written on the back of the temple picture. Wording is taken from *General Handbook, 27.2, Gospel Library*.
- Take a step toward the temple for each example they can give for a way they can “walk in all [the Lord’s] ways” (1 Kings 8:58). *Idea suggested in Come, Follow Me manual*
- Let everyone take turns holding the temple picture while sharing something they’ve learned about the temple or how they feel when they look at temples.
- Cut out the picture of Jesus and the rectangles below. Let each person write their name on a rectangle. Place the names and Jesus picture on the temple. Discuss how the Lord can be with us when we go to the temple and make and keep covenants.



# WEEK 26

## TEMPLE COVENANTS



2 Samuel 11-12; 1 Kings 3; 6-9; 11

Live the law of obedience and strive to keep Heavenly Father's commandments.

Obey the law of sacrifice, which means sacrificing to support the Lord's work and repenting with a broken heart and contrite spirit.

Obey the law of the gospel of Jesus Christ, which means:

- Exercising faith in Jesus Christ.
- Repenting daily.
- Making covenants with God by receiving the ordinances of salvation and exaltation.
- Enduring to the end by keeping covenants.
- Striving to live the two great commandments. These are to "love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind" and to "love thy neighbor as thyself" (Matthew 22:37, 39).

Keep the law of chastity, which means having sexual relations only within a legal marriage between a man and a woman, which is according to God's law.

Keep the law of consecration, which means that members dedicate their time, talents, and everything with which the Lord has blessed them to building up Jesus Christ's Church on the earth.

thank you

Thank you to Crystal from  
theredcrystal.org for her help in  
creating many of the illustrations  
for these activities!

Thank you to Hannah and Lucy  
for many great activity ideas!



COME, FOLLOW ME

Hands-On  
Learning

[www.comefollowmekid.com](http://www.comefollowmekid.com)