



COME, FOLLOW ME

Hands-On
Learning

WEEKS 27-39

Old Testament

www.comefollowmekid.com

WEEK 27

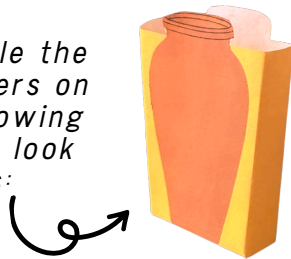
ACTING OUT THE STORY

Use the pieces on this page and the next to act out the story of the widow of Zarephath found in 1 Kings 17:1–16. Assemble the containers by folding along the edges and gluing the gray tabs inside the boxes. Place the food pieces inside the containers while discussing how little she had and how the widow feared that she and her son would starve to death after she cooked what was left.

While teaching the story, ask questions such as:

- Would you have been willing to give up the last food you had for someone else?
- Do you think it was hard for her to give up what she had?
- Why did she do it?
- How was she blessed for sacrificing what they had to the Lord's servant?
- Spend time helping them see that this wouldn't have been an easy decision to make.
- Emphasize that the blessings she received were far greater than the sacrifice that she made.

Assemble the containers on the following page to look like this:



Hello, I am...

**THE WIDOW
OF
ZAREPHATH**

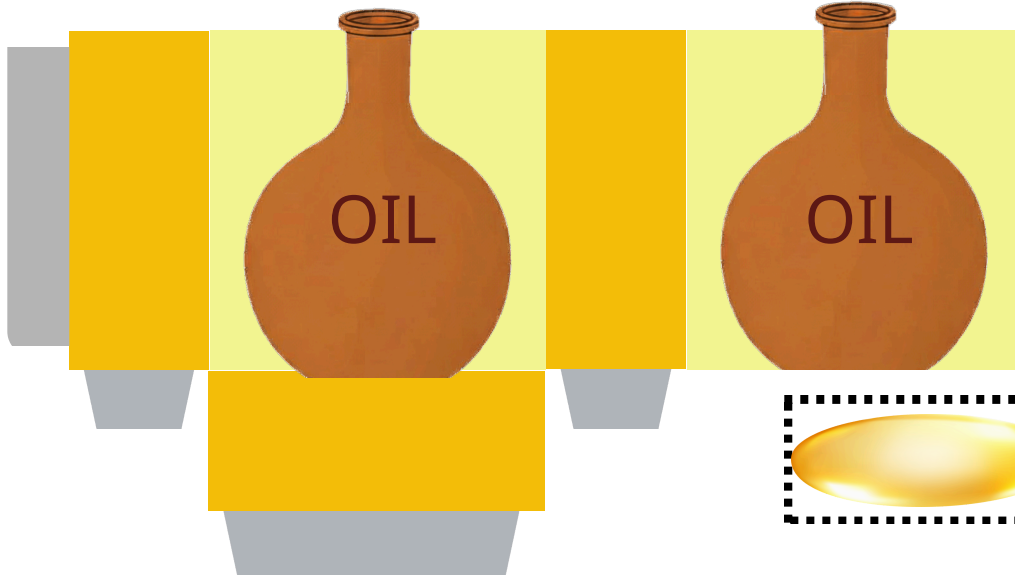
Hello, I am...

ELIJAH

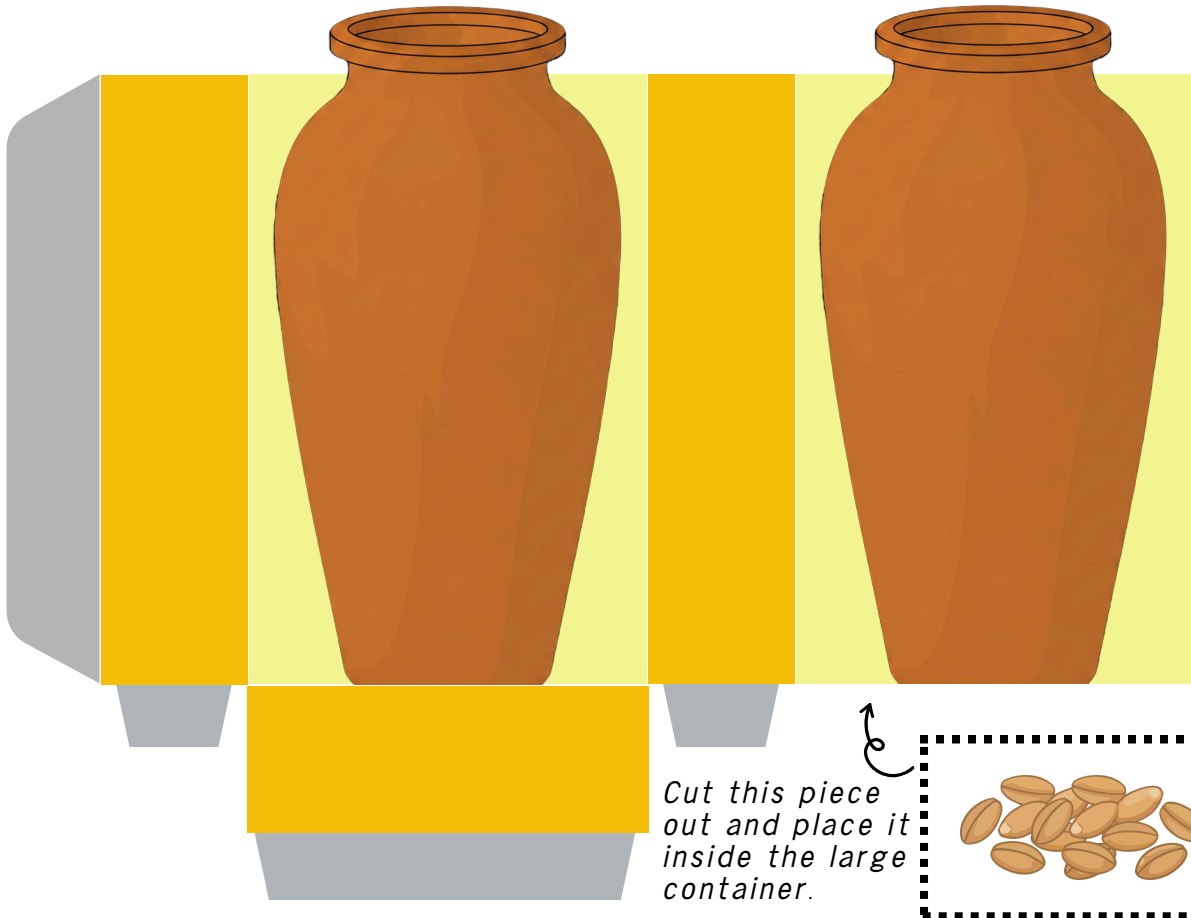
Hello, I am...

**THE SON OF
THE WIDOW**

WEEK 27



Cut the oil out and place it inside the oil container.



Cut this piece out and place it inside the large container.

1 Kings 12-13; 17-22

WEEK 27

WIDOW OF ZAREPHATH

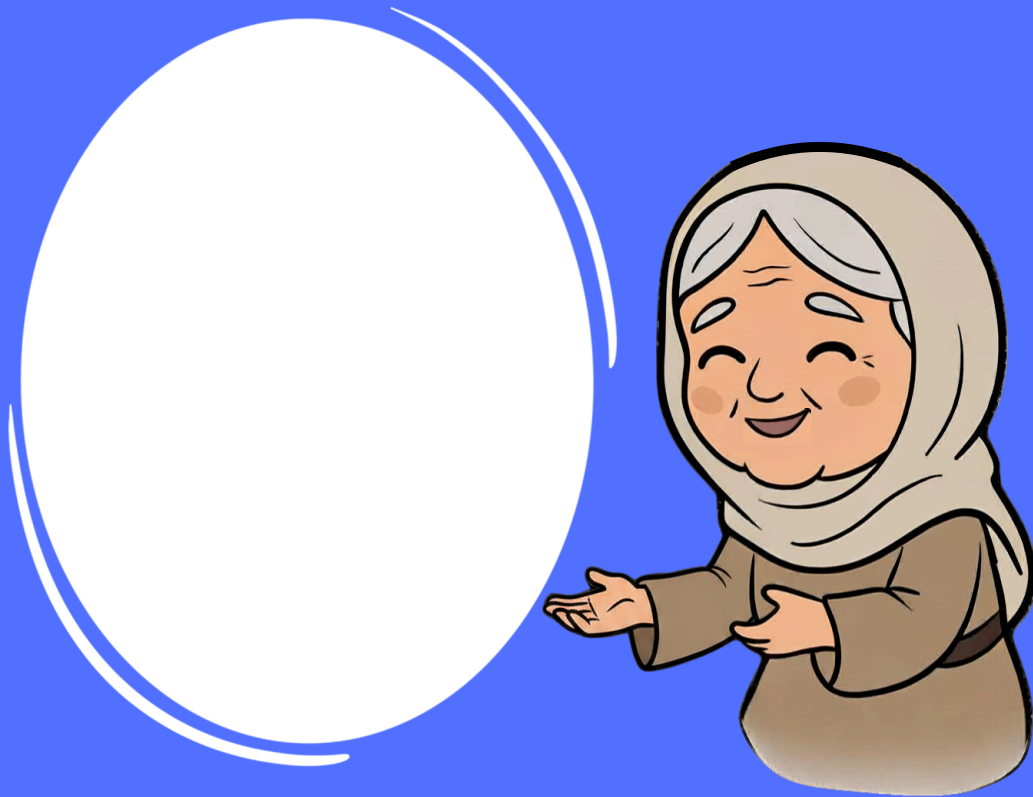
Inside the white oval, write or draw a picture of what the widow of Zarephath sacrificed. Then flip it to the back side and write or draw pictures of the blessings the Lord gave her for her sacrifice. Discuss specific sacrifices we might be asked to make for the Lord. Testify of the wonderful blessings the Lord might give us when we make those sacrifices.

What did the widow of Zarephath sacrifice?

1 Kings 17: 12-13



What blessings did the Lord
give her for her sacrifice?
1 Kings 17: 12-13



WEEK 27

STORY PICTURES

Cut out the pictures below that go along with the stories in 1 Kings 17. Use them in the way that you feel is best for the kids you teach. Some ideas include:

- Summarize the stories found in 1 Kings 17. Have them listen carefully and point to pictures of things you mention in each story as they hear them.

Based on idea from Come, Follow Me manual

- Let the kids retell the stories using the pictures.
- Give different pictures to each person. Challenge them to explain how Jesus was involved in that person's life or in that part of the story.
- Any other idea you have!

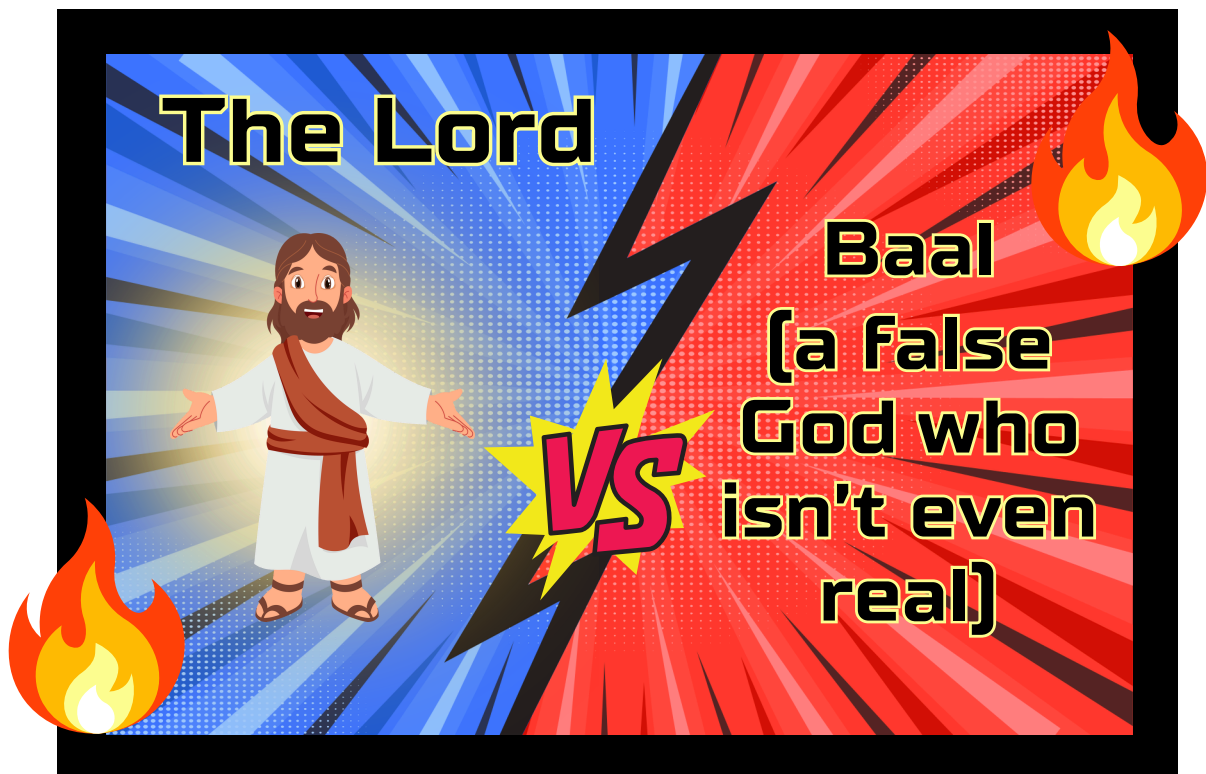


1 Kings 12-13; 17-22

WEEK 27

THE LORD VS. BAAL

Elijah was a righteous prophet who loved the Lord and really wanted people to know that the Lord is real. Another man named King Ahab told the people to follow a false god named Baal. Elijah met Ahab and invited lots of people to come watch a challenge on the top of a mountain. The challenge was to see who was real and had true powers: the Lord or Baal. For this challenge, Ahab's priests would ask Baal to light a fire on an altar. Then Elijah would pray and ask the Lord to start a fire on the altar. Show the picture below and have everyone raise their hands to show who they think would win this challenge out of the Lord and Baal.



Follow the directions on the next page to study the details of what happened in this challenge. Testify that the Lord is real. Discuss ways we can choose to follow Him in our lives and how He can help us when we do so.

1 Kings 12-13; 17-22

WEEK 27

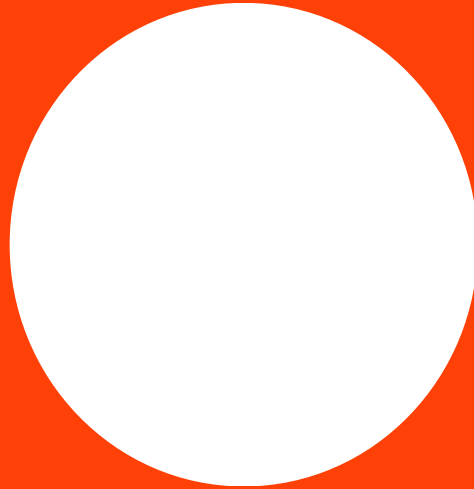
THE LORD VS. BAAL

Everyone will draw pictures on the cards to summarize those verses in the story of the fire challenge (the Lord vs. Baal).

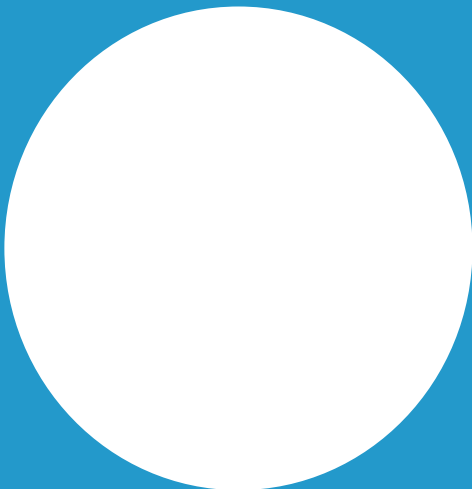
1 Kings 18:1-2: 17-18



1 Kings 18:19-25



1 Kings 18:26-27: 29



1 Kings 18:30-39



1 Kings 12-13; 17-22

WEEK 27

STILL SMALL VOICE

Hold up the fire, wind, and earthquake cards one at a time. The kids will make sounds and actions to represent each. When you hold up the still small voice card, tell them to sit down quietly. Hold the cards up randomly and see how fast they can get quiet when the still small voice card is displayed. Then read 1 Kings 19:9–12 out loud. Have them listen for the words that were on the cards and do the corresponding actions when they hear each. Share experiences of when you have felt quiet promptings from the Holy Ghost. Discuss things we can do in our lives to hear the Holy Ghost better and not be distracted from spiritual promptings. *Based on idea from Come, Follow Me manual.*



WEEK 28

MIRACLES

Cut out the stars below as well as the picture on the next page. Discuss what the word "miracle" means and review some miracles we've read about in the scriptures. Today we're going to learn about some more miracles that God performed through the prophet Elisha. Take turns choosing a scripture star. Read the verses listed on that star, discuss the miracle it describes, and tape it onto the corresponding picture star on the following page.

Testify of God's love for us and the power He has to perform miracles in our lives.



WEEK 28

MIRACLES



WEEK 28

STOMPING QUIZZES

Cut out the letters below. Set them up in different parts of the room. After studying the story of Naaman (2 Kings 5:1-3, 9-14) and the story of the chariots of fire (2 Kings 6:8-17), ask the story questions (found on the following page). For each question, have the kids walk to the letter that they think is the right answer and stomp on it. You could also tape the letters up in separate corners of the room and have them walk to the corner they think is correct if you're worried they'll get too crazy with the stomping.



WEEK 28

NAAMAN QUESTIONS:

What sickness did Naaman have?

- a. The flu
- b. Dizziness from playing on the merry-go-round
- c. A tummy ache from eating too much sugar
- d. Leprosy

What river did Elisha tell Naaman to wash in?

- a. The Nile
- b. The Jordan River
- c. The Amazon
- d. The Most Clean and Powerful River in the World

How many times did Elisha tell Naaman to wash in the Jordan River?

- a. 7
- b. 1
- c. 5
- d. 99

When Naaman followed the prophet, was he healed?

- a. No
- b. I don't know. I didn't listen to the story.
- c. Nobody knows
- d. Yes!

How did Naaman feel as soon as he heard what the prophet wanted him to do in order to be healed? (2 Kings 5:11)

- a. Wrath (Mad)
- b. Excited
- c. Happy
- d. Overjoyed

Naaman's servants helped him choose to obey the prophet. Is it important for me to also follow the prophet and encourage others to follow the prophet as well?

- a. Yes!
- b. Yes!
- c. Yes!
- d. Yes!

CHARIOT OF FIRE QUESTIONS:

What did Elisha tell his servant when his servant was afraid?

- a. Fear Not
- b. This is bad!
- c. Let's Run Away!
- d. Maybe we should go get some chicken nuggets to calm you down.

Who did Elisha have faith in and know could help them?

- a. His pet kitten
- b. Bigfoot
- c. Goliath
- d. The Lord

What did Elisha help his servant see on the mountains?

- a. Heavenly horses and chariots of fire sent to protect them
- b. Giant Hamburgers
- c. Purple Ostriches
- d. A Gumball Machine

Did the Lord help Elisha and his servant?

- a. No
- b. Nobody knows
- c. Probably not
- d. Yes!

Will the Lord help me as I try to live the gospel?

- a. Yes!
- b. Yes!
- c. Yes!
- d. Yes!

WEEK 28

PROPHET DUMPLINGS

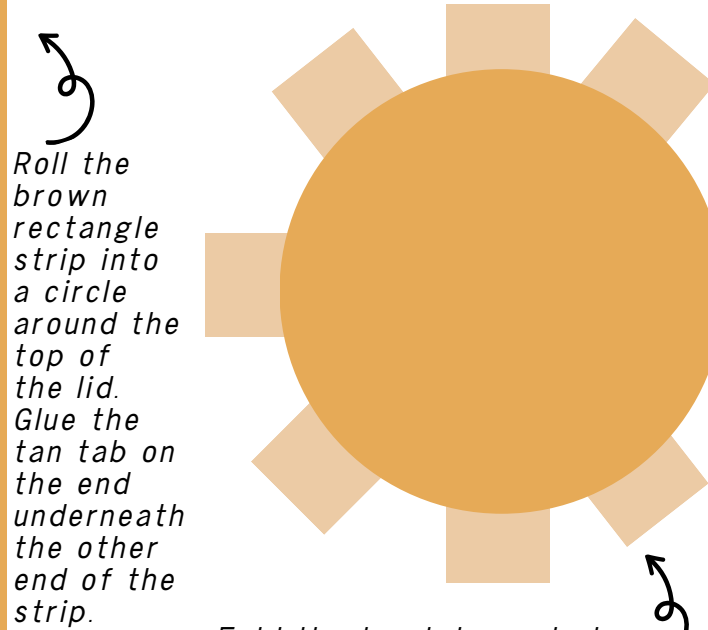
Cut out the dumplings. On the back of each dumpling, everyone will write or draw small things the prophets have taught us to do. Assemble the container on the following page and place the dumplings inside. Take turns pulling one dumpling out of the container, reading what is on the back of it, and sharing one blessing we might receive if we follow that teaching.



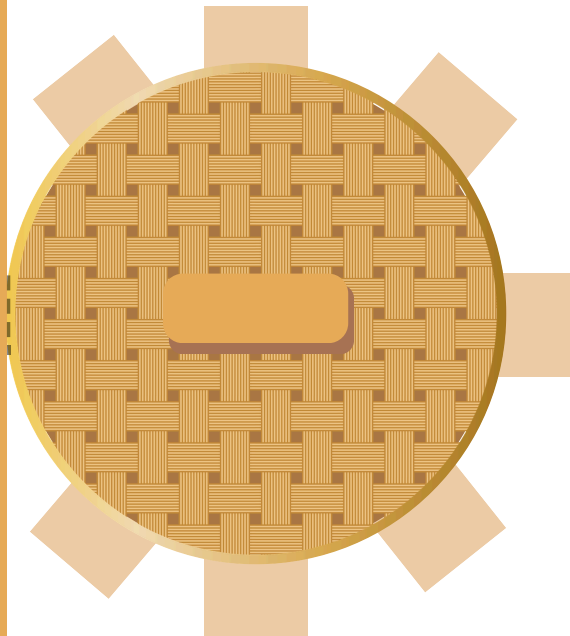
Dumplings go inside the container on the next page. To simplify, you can skip the container and just place the dumplings on a table.

WEEK 28

Lid: Place the assembled lid on top of the dumpling container.



Fold the tan tabs and glue them inside the container.



Glue this tab underneath the other end of the brown strip.

Small **DUMPLING** -sized
teachings from the prophets can
bring great blessings into our lives.



WEEK 28

HELPING OTHERS

Read 2 Kings 5:13. Discuss how Naaman's servants encouraged him to do what the prophet Elisha had asked him to do. On the chart below, list or draw ways we might similarly help others follow things the prophets teach us to do. List specific examples.

**I CAN HELP OTHERS
LISTEN TO AND
OBEY THE PROPHET**



WEEK 28

THEY THAT BE WITH US

Discuss what Elisha helped his servant see in 2 Kings 6:8-17. Remind them that the Lord and His heavenly angels are watching over all of us. Cut out the chart below and have everyone write their names in the middle of it. Play the music for "Dearest Children, God Is Near You" (Hymns, no. 96). While the music is playing, see how many small hearts they can draw on the chart to represent angels watching over us.

**You could tape this onto a larger piece of paper so there is room to draw more hearts around the names. Older kids could also try to draw chariots of fire.*

*...Fear not: for they that be WITH US are more than they that be with them.
2 Kings 6:16*

WEEK 29

HEZEKIAH

Was Hezekiah a righteous king or a wicked king? Cut out the yellow circles below. Take turns reading a circle and gluing it onto the Hezekiah chart. Discuss what made him righteous. Then read 2 Kings 19:14–19. What did he do that showed he trusted the Lord? What can we do to show the Lord that we trust Him?

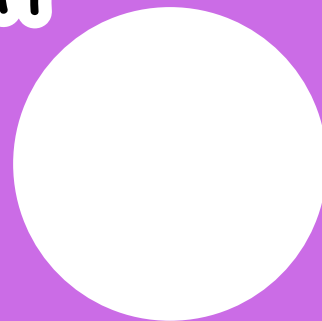
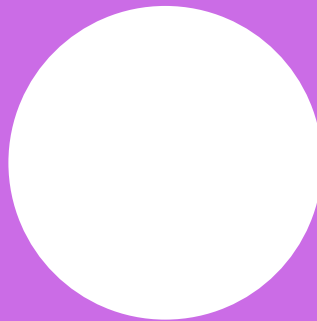
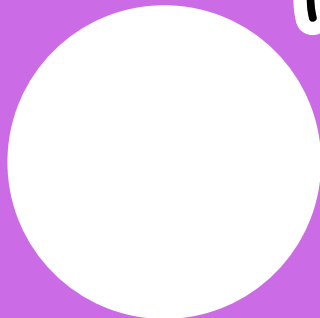
2 Kings 18:3
And he did that which was right in the sight of the Lord....

2 Kings 18:5
He trusted in the Lord God of Israel: so that after him was none like him among all the kings of Judah, nor any that were before him.

2 Kings 18:6
For he clave to the Lord, and departed not from following him, but kept his commandments, which the Lord commanded Moses.



HEZEKIAH



2 Kings 16-25

WEEK 29

HIDDEN SCRIPTURES

Cut out the blue scripture rectangle. Fold it to resemble a book of scriptures. Hide it somewhere in the room. When it is found, read and discuss the story on the inside describing Josiah's priest finding scriptures in the temple. Then give each child a rectangle from the following page. On the rectangle, each person will write or draw one way the scriptures can make their lives better. Take turns sharing what was written. Place the sheets inside the blue scripture book. *Based on idea from Come, Follow Me manual.*

**For younger kids, you could let them take turns finding the scriptures. Play the music for "Search, Ponder, and Pray" (Children's Songbook, 109) while they are searching. As each kid finds the scriptures, they could add a "The scriptures can make my life better because..." sheet.*

SCRIPTURES

2 Kings 22:8-11

8 And Hilikiah the high priest said unto Shaphan the scribe, I have found the book of the law in the house of the Lord.

And Hilikiah gave the book to Shaphan, and he read it.

9 And Shaphan the scribe came to the king, and brought the king word again, and said, Thy servants have gathered the money that was found in the house, and have delivered it into the hand of them that do the work, that have the oversight of the house of the Lord.

10 And Shaphan the scribe shewed the king, saying, Hilikiah the priest hath delivered me a book. And Shaphan read it before the king.

11 And it came to pass, when the king had heard the words of the book of the law, that he rent his clothes.

2 Kings 23:2-3

2 And the king went up into the house of the Lord, and all the men of Judah and all the inhabitants of Jerusalem with him, and the priests, and the prophets, and all the people, both small and great: and he read in their ears all the words of the book of the covenant which was found in the house of the Lord.

3 ¶ And the king stood by a pillar, and made a covenant before the Lord, to walk after the Lord, and to keep his commandments and his testimonies and his statutes with all their heart and all their soul, to perform the words of this covenant that were written in this book. And all the people stood to the covenant.





WEEK 29

The scriptures can make
my life better because...

The scriptures can make
my life better because...

The scriptures can make
my life better because...

The scriptures can make
my life better because...



WEEK 29

The scriptures can make
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WEEK 29

WALK AFTER THE LORD

Read and discuss the story below. 2 Kings 23:3 mentions that they covenanted to “walk after the Lord.” On the pink square on the backside of the story, everyone will write or draw ways they can “walk after the Lord” or share how doing so brings them safety and happiness.



CHOOSE JESUS CHRIST AS YOUR GUIDE

Elder Edward B. Rowe General Conference [Liahona, May 2026, 66]



This sacred Easter morning, I’d like to share an experience that helped me understand how much we need Jesus Christ to guide us in our lives. I pray that the Holy Ghost will bear witness to you of the resurrected Christ and that our desire to follow Him will grow.

Several years ago, as a young lawyer, I was involved in resolving a border dispute between countries that had been at war. The work required me to travel on foot through remote areas that were part of the recent war zone. Thousands of land mines had been laid during the war. Expert deminers were there, working to deactivate the mines; however, to my surprise, not all locations of the mines were known. Consequently, on occasion people would accidentally step on them and be injured or killed.

To help me complete my work, I’d been provided a special guide named Winta. Winta was well known in the area. He was from a border town that had been attacked. He escaped and then volunteered to stay in the region throughout the war to observe the activities of the opposing army. He knew the terrain and what occurred during the war.

Because it was possible that some places I would travel had undetected mines, I was given the following instructions: Carefully follow your guide. Winta knows this border area from personal experience. Walk in his footsteps a few paces behind him. Where he goes, you go. Where he steps, you step. I was literally to follow in Winta’s footsteps.

For several days I followed Winta through many areas in the border region. At first I felt uncertain and apprehensive, hiking at times in abandoned trenches, destroyed villages, and other areas where the armies had been. The more we walked together and I remained safe, the more my confidence grew. Thanks to Winta, I completed my work without harm and safely returned home. As I followed in his footsteps, walking with my guide, I developed great trust and gratitude for him.

**Extension idea for younger kids: Trace their footprints on separate pieces of blank paper. Each of them will write, "I will walk after the Lord" or draw a picture of themselves following the Lord. Line the footprints up in a path that leads to Jesus Christ and testify of blessings that come from following Him.*



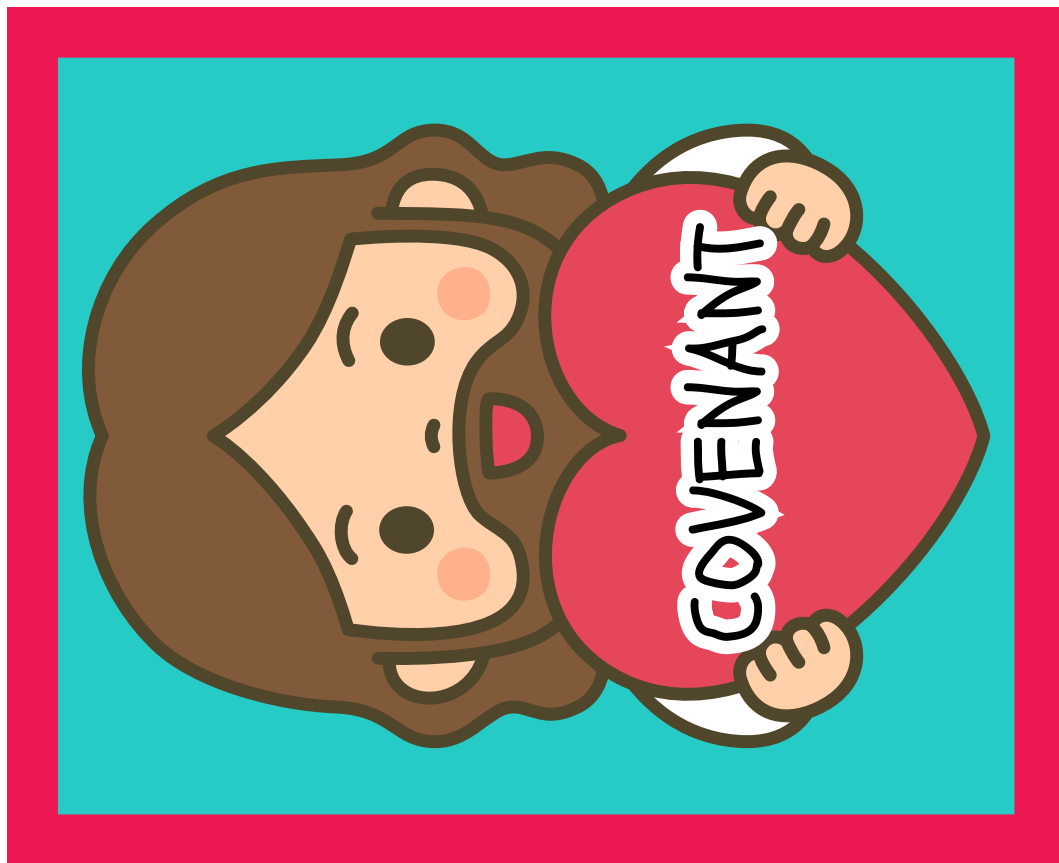
"WALK AFTER THE LORD"
2 Kings 23:3



WEEK 29

STAND TO THE COVENANT

2 Kings 23:3 teaches that “all the people stood to the covenant.” Review what covenants are and which covenants we have made or can make in the future. Cut out the covenant sign below and have one person hold it up high while reading 2 Kings 23:1–3 out loud. Everyone will stand and point to the covenant sign each time they hear the word “covenant” in the verses. Share how keeping our covenants helps our spirits rise to higher levels and remind them that our relationship with Jesus Christ is deepened as we do so. *Based on idea from Come, Follow me manual*



WEEK 30

TRUSTING JESUS

Display the picture and discuss how we can trust an umbrella to keep us dry on rainy days. Then ask how we can similarly trust Jesus to keep our spirits safe. Cut out the Jesus pictures on the following page. Let everyone tape them onto the umbrella picture (or onto a real umbrella if possible) while discussing ways He keeps our spirits safe and why we can trust Him. Read and discuss how King Asa and King Jehoshaphat showed trust in the Lord in 2 Chronicles 14:11; 20:3–5, 12. *Idea from Come, Follow Me manual*



2 Chronicles 14-20; 26; 30

WEEK 30

TRUSTING JESUS



2 Chronicles 14-20; 26; 30

WEEK 30

JEHOSHAPHAT'S PRAYER

Figure out which words go in the blanks from the verses below in 2 Chronicles 20. Discuss what Jehoshaphat prayed for and how his prayer was answered. Share testimonies of God hearing and answering our prayers. Remind them that He loves us and wants to help us!

2 Chronicles 20

3 And Jehoshaphat feared, and set himself to seek the _____, and proclaimed a _____ throughout all Judah.

12 O our God, wilt thou not judge them? for we have no might against this great company that cometh against us; neither know we what to do: but our eyes are upon _____.

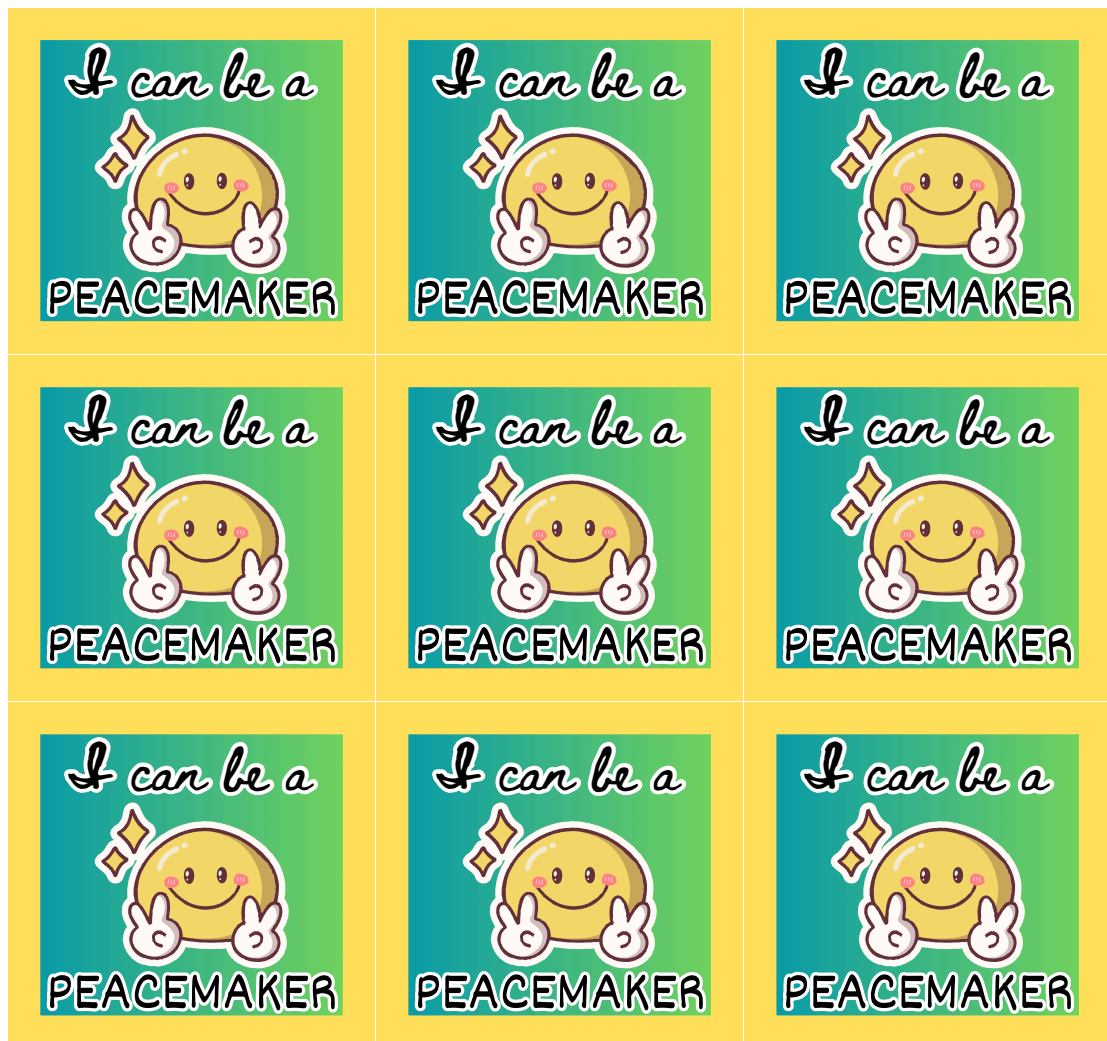
15 And he said, Hearken ye, all Judah, and ye inhabitants of Jerusalem, and thou king Jehoshaphat, Thus saith the Lord unto you, Be not _____ nor dismayed by reason of this great multitude; for the battle is not yours, but _____.

29 And the fear of God was on all the kingdoms of those countries, when they had heard that the _____ fought against the enemies of Israel.

WEEK 30

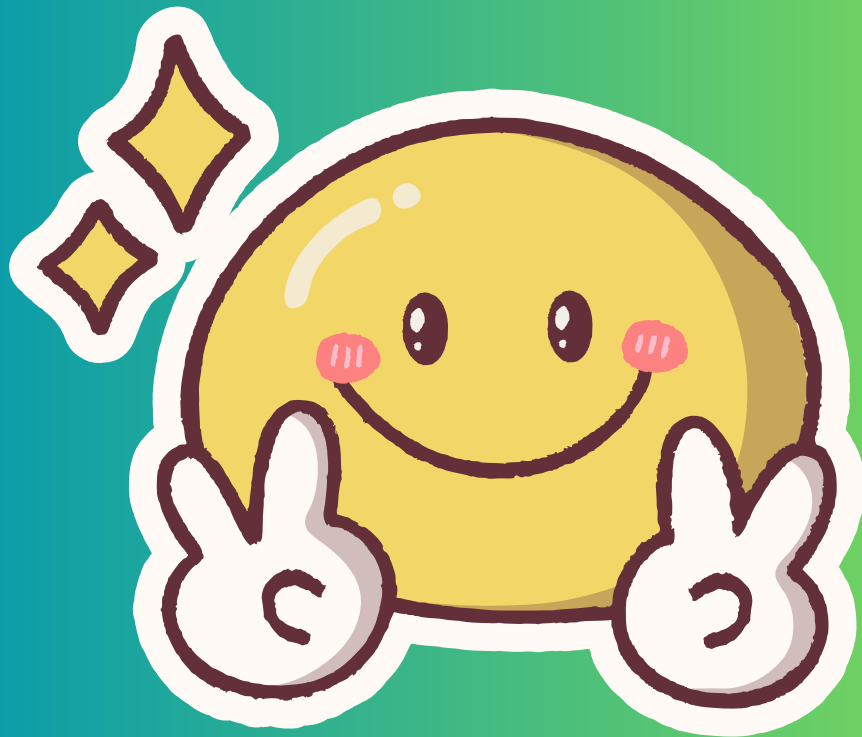
PEACEMAKER PUZZLE

Discuss how Hezekiah was a peacemaker in 2 Chronicles 30:18–19. Cut apart the puzzle on the following page. Place the puzzle pieces upside-down and take turns choosing one. As each is chosen, read the scenario on it and role-play how you could respond to that situation in a peace-making way. Then add that piece to the puzzle picture. Continue until the puzzle is complete. Give each person a peacemaker square from below and encourage them to find ways to be peacemakers throughout the week.



WEEK 30

I can be a



PEACEMAKER

You and your sibling both want to play with the same toy.

Students are making fun of another kid at school.

Someone took something that is yours.

Your parent asks for help doing a chore.

A sibling says something mean to you.

You accidentally stepped on someone's toes.

You're working on a group project at school. Your teammates disagree on how to do it.

Someone brags that they did better than you on an assignment.

Someone accuses you of something you didn't do.



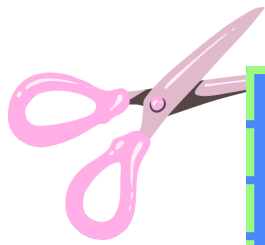
Activities for remaining weeks will be added as soon as they are available.



thank you

Thank you to Crystal from
theredcrystal.org for her help in
creating many of the illustrations
for these activities!

Thank you to Hannah and Lucy
for many great activity ideas!



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